

References

- Armstrong, K., Chapin, E., Chastain, A., Person, J., VanRheen, S., & White, S. (2009). Foodability: Visioning for healthful food access in Portland. *Community Food Concepts*. Portland State University Master of Urban and Regional Planning Program. Retrieved from https://www.pdx.edu/sites/www.pdx.edu.usp/files/Foodability_Final_PDF.pdf
- Beck, M.E. (2007). Dinner preparation in the modern United States. *British Food Journal*, 109(7), 531–547. doi:10.1108/00070700710761527
- Chen, Y., & Gazmararian A. (2013). Impact of personal preference and motivation on fruit and vegetable consumption of WIC-participating mothers and children in Atlanta, GA. *Journal of Nutrition Education & Behavior*, 46(1), 62-67. doi:10.1016/j.jneb.2013.03.001
- Cooking class brings community together to share tips, laughter. (2015). *Multnomah County*. Retrieved from <https://multco.us/global/news/cooking-class-brings-community-together-share-tips-laughter>
- Eyles, H. C., & Mhurchu, C. N. (2009). Does tailoring make a difference? A systematic review of the long-term effectiveness of tailored nutrition education for adults. *Nutrition reviews*, 67(8), 464-480.
- Lawlis, T., Islam, W., & Upton, P. (2018). Achieving the four dimensions of food security for resettled refugees in Australia: A systematic review. *Nutrition & Dietetics*, 75(2), 182-192.

Nekitsing, C., Hetherington, M. M., & Blundell-Birtill, P. (2018). Developing healthy food preferences in preschool children through taste exposure, sensory learning, and nutrition education. *Current obesity reports*, 7(1), 60-67.

Patel, S. (2014). Storing yearly little dues of wheat, and wine and oil: Learning refugee diets to improve patient understanding of nutrition. Retrieved from https://med.virginia.edu/family-medicine/wp-content/uploads/sites/285/2017/01/Shetal-Patel-Diet-and-Nutrition_Web.pdf

[Photograph of array of vegetables on wood table]. (2019, May 27). Retrieved from <https://www.canva.com>

Pounds, B. A. (2018). Photograph of Chef Raquel Rivera-Pablo giving cooking demonstration. [Photograph]. Retrieved from <https://www.ctpost.com/local/article/St-Vincent-s-to-host-cooking-demo-13216326.php>

Tiedje, K., Weiland, M. L., Meiers, S. J., Mohamed, A. A., Formea, C. M., Ridgeway, J. L. ... Sia, I. G. (2014). A focus group study of healthy eating knowledge, practices, and barriers among adult and adolescent immigrants and refugees in the United States. *International Journal of Behavioral Nutrition and Physical Activity*, 11(63). doi:10.1186/1479-5868-11-63

Trinidad, A. O., Camden, H. & Coleman, A. (2015). Improving access to food systems among communities of color: A food justice issue. Report to the Oregon Food Bank. Retrieved from https://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi?referer=https://www.google.com/&httpsredir=1&article=1013&context=care_pubs

2018 Food & Health Survey. (2018). *International Food Information Council Foundation*.

Retrieved from <https://foodinsight.org/2018-food-and-health-survey/>

[Vector art of globe with fork and food]. (2019, May 27). Retrieved from

<https://www.canva.com>

Wang, Y., Min, J., Harris, K., Khuri, J., & Anderson, L. M. (2016). A systematic examination of food intake adaptation to the food environment by refugees settled in the United States.

Advances in Nutrition, 7(6). 1066-1079. doi:10.3945/an.115.011452

Wieland, M. L., Weis, J. A., Palmer, T., Goodson, M., Loth, S., Omer, F., ... Sia, I. G. (2011).

Physical activity and nutrition among immigrant and refugee women: A community-based participatory research approach. *Women's Health Issues*, 22(2). e225-e232.

doi:10.1016/j.whi.2011.10.002