

Dr. Johnson's  
Latest  
Collection  
of Notes

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Memphis, Tenn.

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## FOREWORD

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Doctors, Colleagues, Friends,  
Everywhere, U.S.A.

After many requests and a long delay I have come thru with a new compilation of selected and contributed Notes and Helpful Pointers, my last one having been in 1926.

Running true to the theme of my former publications, of which over 30,000 copies were sold to the profession on a money back guarantee, these notes are arranged alphabetically from A to Z, and consist of all kinds of scientific and empirical therapy from the sublime to the seemingly ridiculous, from and for all kinds and "sorts" of doctors everywhere.

These notes were accepted or selected with a loosely defined viewpoint—a probability of much good from the worst of them and a possibility of much to be wished for from the best of them making all worthwhile.

Considered and weighed from this standpoint as a whole, and not from any one item from either extremity, I rest the fate of this, my latest contribution, to the decision of the noble-ignoble profession that reaches from a height almost touching the Divine to a depth of degradation leading almost to despair, in which I can claim only a weak membership.

Should some prove helpful even in a small way, I will be gratified, and if not, I will be forced to take refuge behind the following defense: "I have received and delivered the goods to the best of my knowledge and ability. What more can I do?"

Yours very truly,

DR. C. L. JOHNSON, Memphis, Tenn.

## BLACKTONGUE-ANIMAL

Found due to lack of vitamins, prevented and cured by feeding yeast, fresh or dry. (P. H. Report)

~~YEASTINE-Merck's~~

## ACIDOSIS

Calcium carbonate is the ideal and can be given ad lib, in excess it coats irritable areas or is passed in the feces. (J. A. M. A.)

Cal. carb. and mag. oxide, which do not dissolve readily in water, are preferable to sod. bicarb. (Critic & Guide.)

In "Sour Stomach" give small doses nitric acid after meals, increasing dose as needed. (Med. Wor.)

Acidity with flatulence, mix equal parts borax and boric acid, put a tablespoonful in quart of water and give tablespoonful after meals. (A Layman.)

Gastrosol cum Pancreatin (Gilman Phar. Co., New Haven) a third of teaspoonful in water after meals will bring you more chronics. (M.D., Conn.)

Acidity, Autointoxication, and Constipation: "The \$100 prescription."

Sod. bicarb. mag. usta, cal. carb. bis. subcarb. aa 1 oz. plus 2 drops oil peppermint. Teaspoonful in half glass water before meals and at bedtime. (A local M.D.)

## ACNE (Pimples)

~~YEASTINE-Merck's~~ (Merck & Co.) chocolate tablets are dependable and cheaper than yeast. (Dr. Frank H. Guinn, Minneapolis, Minn.)

Fl. ext. berberis 10 to 30 m.t.i.d. will clear up and improve the complexion. (Med. Wor.)

## AGLACTIA

Inject Typhoid vaccine and will have increase of milk and restore gland not functioning. Your Notes and Prescriptions equal P. G. course. (Dr. S. B. McCleary, Benton, Tenn.)

## ALBUMINURIA

Due to incomplete digestion and is relieved by giving Fowler's sol. with meals. (Am. Med.)

## ALCOHOLISM-INEBRIETY

Apomorphin hypo. will make a sick, sober and more sensible patient promptly. (Campbell, Med. Wor.)

Paraldehyde 2 dram doses well diluted with milk, water or whiskey best and safest hypnotic and prevents delirium. (Khun, Med. Wor.)

In chronic cases give 5 grain capsules blue mass at night and next morning 4 tablespoonsful Epsom salt and one teaspoonful cascara evacuent in glass hot water. Repeat three times weekly for about three weeks and keep on bitter tonic, tr. nux and gentian comp. (Walker, Med. Wor.)

## ALOPECIA (Baldness)

Preventive; place palms on head, on top, then all around base, not neglecting front and back of ears. Do not let hands slip, make scalp slip on skull. Go at it vigorously. The blood supply will become normal and no alopecia. "This is excellent." (Patterson, Med. Wor.)

## ALOPECIA ARAETA (Bald Spots)

Cleanse spot with xylol and apply pure tricesol only to the spot until pinkish reaction. Burns few seconds. Repeat only after reaction subsides, best at least ten days. (Wertheimer, Med. Wor.)

## AMENORRHEA

Bichromate pot. one fourth of grain four times daily has no peer. (Dr. F. F. Zeller, St. Louis, Mo.)

Give tr. cimicifuga (macrotyis) and gelsemium, few drops in aquae anise. (M.D., Md.)

## ANAPHYLAXIS (Serum Sickness)

Adrenalin, large hypo. doses and often repeated is the remedy, lowering head and other shock measures, for those desperate cases often fatal otherwise treated. (Jennett, Med. Wor.)

## ANEMIA

Koranzi (Med. Wor.) says "ferrum hydrogenio reduct. the simplest, best and cheapest, and doctor as well as patient will profit and to forget all others."

High Chem. Co., Phila., offers Normet's sol. as a substitute for blood transfusion. (By letter.)

## ANESTHETIC

Local; Procaïn 3 grains to oz. sterile tap water containing 1 grain pot. sulph. The entire ounce or more may be used at once in proctology. (Hinkle, Med. Wor.)

A dangerous general anesthetic is said to be Ethyl Chloride. Several have reported as being fatal 1-2500.

## ANGINA PECTORIS

I cured my case with copper arsenite 1/500 to 1/200 grain at 9 A. M., 3 and 9 P. M. daily as recommended by Dr. Tibbetts, Minola, N. Y., who considers it a specific. (Dr. F. W. Southworth, Tacoma, Wash.)

Subculoid Lobelia (Lloyd's) half dram hypo. Instant relief and can repeat in hour. (Dr. D. Wasserman, Phila., Pa.)

## ANTISEPTIC

Protection from infections obtained by not removing soap film from hands after washing. (Goodman, Med. Wor.)

## ASTHMA

Dowling Method: tampon nostrils with non-irritating silver solutions left in variable lengths of time and repeated frequently.

## AUTOINTOXICATION

Sod. sulphocarbolate and sod. bromide aa 4 drams to 6 ozs. arom. cascara. Two teaspoonsful in water before meals and at bedtime. Refilled over 300 times. (Dr. J. Q. Myers, Charlotte, N. C.)

## BABIES—BOTTLE FED

Allow quart fresh milk to stand 3 hours in cool place, skim and boil 5 minutes. Cool and add lactic acid 90 drops, drop by drop, stirring constantly. Then add 4 tablespoonsful Karo corn syrup. Keeps without ice. If constipated, use cane sugar instead of Karo, if same continues, dextro-maltose. (Henley, Med. Wor.)

Bottle fed babies, weak and anemic, add 10 drops Bovinine to each bottle of milk. (Dr. E. Gordon Valk, Rossville, Md.)

## BOILS (FURUNCLES)

Would not exchange 1000 Favorite Prescriptions for \$100. Staph. aureus and albus vaccine my sheet anchor. "Me Too." (Dr. Ard. Blaine, Mich.)

Do not incise too early, clean with alcohol or iodine and cover with ichthyol and cotton, soon dries and is easily removed with tepid water. (Critic & Guide.)

Non-specific protein injections (milk) shows prompt effect in boils and carbuncles as does over treated and skin syphilis. (Weirank, O.S.J.)

## BREAST INFLAMMED (Mastitis)

Will not abscess if apply all over with 8 ozs. aqueous ext. Witch Hazel containing an ounce and half of bis. sub. nit and half dram tr. aconite and keep moist with plain Witch Hazel. (Dr. I. N. Sanders, Salem, Ore.)

Fl. ext. phytolacca 5 drops four or five times daily and phytolacca and belladonna locally is specific. (McWhart, Med. Wor.)

Apply hot cloths wrung from sol. ammon. chloride 2 ozs. to quart water, cover with dry cloth and repeat in 10 minutes will always give positive relief. (Dr. W. L. Werner, Akron, O.)

Apply hot castor oil and massage well every half hour until well soaked. (Dougherty, Med. Wor.)

Sod. nitrate teaspoonful to 8 ozs. hot water. Apply hot. (Dr. Anderson, Pa.)

Sore Nipple: Sweet spt. niter applied and washed off before nursing cures promptly. (Dr. D. W. Rawlings, K. C., Mo.)

## BROMIDROSIS

(Profuse Sweating, Hands, Feet, Arm Pits)

Wash with weak formalin solution or strong alum sol. or single massive X-ray by expert knowing how to give enough yet not too much. (Critic & Guide.)

Rub once daily with ointment of 2 per cent. formaldehyde in lard, without previous bathing. (Cox, Brit. Med. Jour.)

## BRONCHITIS

Guaicol 1 dram to lanolin 1 oz. Rub on chest 3 times daily. Will also reduce fever. (Dr. J. A. Malone, Beeville, Tex.)

Chronic-Fetid: Terebene (Merck's) 10 drops on sugar 4 times daily. (Dr. Zeller, St. L., Mo.)

## BURNS

Tannic acid forms a binding scab, prevents absorption and shock and is protective. One teaspoonful to 4 ozs. water makes a 2½ per cent sol. Can be used stronger. Some add teaspoonful boracic acid.

Apply cotton and keep wet with Chinosol 1-1000. (Chinosol Co., N. Y.)

Eases pain and cures first degree burns rapidly. (Coffin, Am. Med.)

Sat. sol. aluminum sulph., applied and kept wet, prevents blisters if used early. (M.D. Mo.)

Hydrogen peroxide relieves pain and heals quickly. (Dr. J. P. Moon, Cordova, Ala.)

## CANCER-SKIN

Apply full strength lactic acid every 3 or 4 days and see it go. (M.D., Vt.)

Diagnostic-Rectal: Often overlooked. Left side causes diarrhoea, right side constipation. Marked anemia without apparent cause suspect colon which does all fluid absorption.

## CANKER

Apply pinhead size crystal zinc chloride, stops pain and heals. A 5 per cent sol. as mouth wash prevents. (Wonderlick, Med. Wor.)

## CATTARRH AND ADENOIDS

To get nascent iodine, spray with sol. pot. iod. 1 grain to the oz. and follow with mild sol. hydrogen peroxide immediately. (Critic & Guide.)

Chronic-Nasal: Apply hydrogen peroxide and follow with glycerotannin every other day. (Rote, Med. Wor.)

## CHANCROID

After physicians failed a few applications of kerosene cured. (Dr. T. R. Logan, Lewisburg, Tenn.)

Balsam Peru, 1 dram, iodoform 2 drams, bis. sub. 4 drams, in petrolatum 1 oz. Apply and bandage. A wonderful healer. Worth the price of any book. (Contributed.)

## CHILBLAINS (Frostbite)

Phenol half drum to balsam copiba 7 ozs. apply as needed. (Thornton, Med. Wor.)

The sores from chilblains and other chronic sores. The 10c ungt. Fresh hog lard, cook in kettle until turns black (carbonizes) then pour into a scooped out place in a block of ice, stirring constantly, cools dark green. Apply and rub in well. Will cure the worst of them. (Dr. V. M. Hewitt, Dona, Colo.)

## CHIRRHOISIS

Thiosinamin one or two grains, three times daily, given for several months with assurance of benefit. (Med Wor.)

## CHOREA (St. Vitus Dance)

Gelsemium given to drooping of upper eyelids is specific. (Judson, Med. Wor.)

Fowler's sol. 10 drops t.i.d. has never failed me. (Dr. T. L. Johnson, Greenbrier, Tenn.)

## COLIC

Infant: glycerine enema or suppository relieves many cases at once. (M.D., Wis.)

## CONSTIPATION

Aloin 1 to 5 grains t.i.d. for one month. (M.D., Md.)

Atrophia sulph. 1-150 grain or less if this causes dry mouth, after dinner and supper, will begin to show results in week. No laxatives, rather enema for first few days if needed. (Vinov, Med Wor.)

A 5 grain quinin di-hydrochloride suppository is very satisfactory and action usually results in hour or two. To be avoided in pregnancy. (Critic & Guide.)

Out of 20 obdurate cases, 16 received positive benefits from lactose (milk sugar) alone. (Boros, N.Y. M.J. & Rec.)

## CALLOSITIES

Trichloroacetic acid apply and let dry, will remove in few months. (M.D., Mo.)

## CORNS

Hard: trim away after soaking and apply adhesive tape, remove and re-apply as needed.

Apply phenol 25 per cent in glycerine on cotton or gauze and keep saturated. (Dr. C. B. Walrod, Johnstown, N. Y.)

Soft: between toes, use lamb's wool to keep separated. Much better than cotton. (Schang, Med. Wor.)

Note: Do not overlook the world's best remedy—Thigenol on cotton or the wool. (The compiler.)

Solvent for corns and bunions. Tr. iodine 4 drams, liq. potassae 4 drams, glycerine 2 ozs. Apply with stopper night and morning, will dissolve and restore to normal. (Dr. Henry Reny, Biddeford, Me.)

## CORYZA-ACUTE (Cold)

Protonuclear 5 grains every 2 hours. (M.D., Md.)

## CRAMPS

Apply piece of cold steel to palms or feet for instant relief. (Dr. S. C. Long, Mt. Pleasant, Tenn.)

Leg cramps: Kester (Med. Wor.) gets wonderful results from cuprum acet. 3x three grains t.i.d. Another by tying cord just below upper edge of cramps for relief and specific med. viburnium for cure.

## CROUP

Syr. Pilocarpus Comp. (Flint-Eaton Co., Decatur, Ill.) teaspoonful every 15 minutes, cures in one to three doses. "Once tried always used." (Dr. R. D. Blaylock, Pocahontus, Mo.)

## CYSTITIS

Most books long on theory but short on facts. Give 10 drops fl. ext. kava kava in a little water every 3 hours. (Dr. Jno. H. Williams, Cowan, Ind.)

Cysto-Sedative (Strong, Cobb Co., Cleveland, O.) the best thing I know of. Burning and tenesmus often relieved after first dose. (M.D., Ohio.)

Spec. med. eryngium 4 drams, pot. cit. 3 drams in 4 ozs. water. Teaspoonful every 2 or 3 hours for acute. Chronic equistum in place of the eryngium. (Jones, Med. Wor.)

Chronic: inject and leave in bladder overnight, 3 drams of a mixture of iodoform 2 drams worked up in half ounce of glycerine and mucilage acacia and water 8 ozs. Cures after all else fails. (Dr. C. B. Holmes, Silver City, Miss.)

## DANDRUFF

Resorcin and glycerine 2 drams of each in 8 ozs. bay rum. Apply once or twice daily. (Critic & Guide.)

## DIABETES

For real results give Hustbro Gland Complex (Huston Bros., Chicago. Male—Male No. 8; or Fem.—Female No. 6. (M.D., Tenn.)

## DIPHTHERIA

Preventive, antitoxin of course. Fortunately an effective cheap preventive is also a quick, harmless cure for sore throats in general. Pot. chlorate 30 grains and hydrochloric acid 1 dram mixed in 4 oz. bottle and filled with water and corked tightly. Give teaspoonful every one to four hours, water before but not after each dose. So long as green color shows free chlorine it is active—when it fades discard and make new. (Critic & Guide.)

## DRIBBLING

A noted French physician says, "healthy infants never dribble. If in daytime, impaired digestion is at fault. If at night, nasal obstruction, if not due to dentition."

## DROPSY

In abdominal cases res. podophillium one-tenth grain every 3 hours can't be beat. (Dr. Moon, Cordova, Ala.)

Anedemin tablets (Anedemin Co., Chattanooga, Tenn.) act like magic and will add years to the life of heart case. (Dr. W. H. Judson, Danielson, Conn.)

## DRUG ADDICTION

Modinos of Alexandria treats by blistering and withdrawing fluid from same and re-injecting intramuscularly a few days apart for few doses with complete relief from craving.

## DYSENTERY

Amebic: Emetin hydrochloride 1 grain hypo. or half grain in vein every day for a week or two. Morphine to quiet bowels and irrigate with quinine sol. 1-1000 to 1-500. Stovarsol, a new French preparation, one tablet 2 or 3 times daily for week, then every second day for several weeks. (Dr. U. S. Perret, Jeanerette, La.)

## DYSMENORRHEA

Membranous with clots, best treated by reducing viscosity of blood. One part citric acid and three parts milk sugar, a teaspoonful in half glass water three or four times daily. (Spitzig, Critic & Guide.)

Why an opiate when a few acetanilid powders will do the work quickly and no bad after effects? (Dr. Judson.)

## EARACHE

Adrenalin chlo. sol. half dram, glycerine half dram to oz. normal saline sol. Few drops warmed, in ear every 2 hours. (M.D., Bartlettsville, O.)

Phenol 1 drop in glycerine 19 drops, warmed. (Dr. Chas. W. Carter, Clinton, Ill.)



## ECLAMPSIA

Mag. sulph. 50 per cent sol. 20 cc intravenously will never fail. Start elimination soon as possible. (Cantrell, Med. Wor.)

Note: A 10 per cent sol. is claimed by some to be plenty strong.

Try half cc obstetric pituritin repeated in half hour. (Gibner, Med. Wor.)

## ECZEMA

Diener's old and almost forgotten remedy is yellow wash; mercuric chloride one part to 300 parts of lime water. Shake well and apply with gauze swab several times daily. (Critic & Guide.)

Whatever local treatment is used put them on Lloyd's (Howe's) acid sol. iron 2 drams and mag. sulph. 2 drams in aquae 4 ozs. Teaspoonful every 4 hours. Often shows results first week. No damage to teeth or stomach. (Blackmeyer, Med. Wor.)

Palmaris; Hydr. bichloride, 20 grains. Glycerine, one and half drams. Acidi acetici, one dram, tr. cantharidis qs. one oz.

Apply at night to palms and around nails which turn black but soon clear up. Reduce bichloride to 2 grains and use for dry scaly eczema. (Nichs., Med. Wor.)

## ENDOCERVICITIS

Specific Med. thuja one dram to the oz. glycerine on tampon, only few treatments required.

Apply salicylic acid 60 grains to the oz. of 95 per cent alcohol, repeat until the cervix closes and can not enter. (Miller, Med. Wor.)

## ENDOMETRITIS

Pot. chlorate internally is the only remedy. Has positive effect on old boggy discharging uteri. (Dr. Robt. R. Roth, Thomas, W. Va.)

## EPIDIDYMITIS

Cal. chloride 10 cc of a 10 per cent sol. intravenous is specific and can be repeated daily, but if you are easily excited better give only 3 or 4 cc at first as it causes intense heat all over body, starting usually in feet, lasting only few minutes.

Note: By using Breon's (K. C., Mo.) Calcium Glucosan this unpleasant reaction is avoided. (The Compiler.)

Intramuscular injections of sterile milk, 5 to 8 cc every 3 to 5 days. (Uro Rev.)

## EPIDIDYMITIS OR ORCHITIS

Bake it out with a few diathermy treatments. (Contributed.)

## ENURESIS (Bedwetting)

Old or young, give Maltbie's purple tablet Calcreose at 9 A. M., 3 P. M. and bedtime for a month or more. Gets results. (Smith. Med. Wor.)

Add half grain thyroid t.i.d. to any other regular treatment in refractory cases. (Critic & Guide.)

## EPITAXIS (Nose Bleeding)

A strip of salt pork large enough to fill naris is an old yet very satisfactory and clean treatment. (Hurd, J.A.M.A.)

## EPILEPSY

Try a few injections of pituritin. You may get a happy surprise. (Wood, Med. Wor.)

## ERYSIPELAS

Tannic acid one and half drams and spt. camphor one dram in ether 2 ozs.. applied 3 or 4 times daily makes good for me. (Dr. J. S. Foster, Seligman, Mo.)

Thornton (Med. Wor.) stops spread by blistering ahead of it with 10 to 15 per cent phenol sol.

Cresatin, a Sharp & Dohme preparation. Paint area P. R. N. (C. W. I., M.D., Ohio.)

## FECAL IMPACTION (Obstruction)

Pwd. alum 2 tablespoonsful to half gallon hot water used as enema will move the bowels after all else fail. (Dr. Appleton, Gadsden, Ala.)

Glycerine and oxgall, 2 drams of each to 8 ozs. soapsuds. Enema given slowly at low pressure and retained as long as possible. (Drueck, Med. Wor.)

The doctor should give the enema with patient in knee-chest position, always. (Pons, Med. Wor.)

Small, low pressure cold enema to move bowels. Hot causes relaxation and not so good for constipation. (Goldman, Med. Wor.)

In cases simulating appendicitis may be removed by ground onion poultice over the tumor. (Burns, Med. Wor.)

Test for fecal stasis; discontinue enemas and laxatives and give 5 grain capsule of carmine, should show in stools normally in eighteen to twenty-six hours. (James, Med. Wor.)

## FELON

To abort, cover nail with wet soap to protect, then apply c. p. nitric acid to felon 30 seconds and wash off with soapsuds and cover with vaseline. Rarely fails, may be repeated if needed.

Apply oil organum on cotton and keep saturated is the best I know. (M.D., Tenn.)

## FISSURE

Simply filling with equal parts of ichthyol and castor oil heated to 115 F. using wooden applicator. Relieves pain and promotes healing. (W.F.S., Proct. Notes.)

Also excellent for pruritis ani.

## GALLSTONES

Give 8 santonin comp. pills Barron (Abbott list 352) at night and 4 every 2 hours next day, with glass hot water sipped slowly. Two imp. cathartic pills at bedtime and one oz. olive oil before each meal for two days. Repeat this treatment once weekly for six months. (Anderson, Med. Wor.)

Give hypo. morphin and atropin over painful area. Then full doses chloral hydrate every 2 or 3 hours for first day, then every 4 hours for few days. Have never known it to fail. (Long, Med. Wor.)

Sodium succinate (Abbott) is a very satisfactory chologogue, one 5 grain tablet four times daily for six to twelve months. Cures better than surgery. (Burchard, Med. Wor.)

## GANGRENE

Loto hydrag. nigra, applied on gauze and kept moist has never failed me. (Dr. Theo. Wendlandt, Sonora, Mexico.)

## GASTRITIS

Vomiting, bloating, hot burning pain, often fatal. Anesthesin 5 to 10 grain doses acts marvelously. (Russell, Med. Wor.)

## GOITER

Give 15 to 30 grains sod. iodide intravenously once a week for sixteen often works wonders. In hypothyroidism, especially in adolescent girls it is most valuable. One treatment per month often produces marked reduction. (Funk, Med. Wor.)

## GONORRHEA

Weighed and considered, your Book, 1000 Favorite Prescriptions, is good beyond comparison. I have done wonders with and even cured gonorrhoea with prescription on page 31 alone. Three drams tr. ferri mur. to 8 ozs. sat. mag. sulph. sol.

For skin diseases beats anything I know of. (Dr. W. W. Fraser, Richmond, Calif.)

If you must irrigate, use hot saline sol. 1 per cent sod. chlorine or bicarb. (Clarke, The Prescriber.)

Diathermy is the treatment par excellence. Urethral electrode with thermometer attached, raise to 114 F. for 8 minutes will kill all g. c. and will have only simple inflammation for 4 or 5 days. (Bates, Med. Wor.)

Those cases that won't "stop," pass a large sound covered with 10 to 20 per cent Blue ointment for quick, pleasing results. (Dr. R. A. Sparks, West Plains, Mo.)

Note: Do not forget coca butter, yellow wax, silver nit. prescription, page 160, 1000 Fav. Rx. But never sound acute cases, brother. (The compiler.)

After everything failed, cured with 5 cc thrice distilled water intravenously once a week. (Burkard, Med. Wor.)

Note: The compiler had same happy results in bad (bed) case salpingitis.

Chronic-Gleet: To eradicate that pestiferous "morning drop," give prescription above or ferri in some form. Iron cacodylate in muscle is good.

After urination fill urethra with neutral acriflavine 1-4000 in milk of magnesia and half dram tr. catechu comp. to the oz., retained by retention clamp until next urination or discomfort. Alternate daily with the following: Berberine sulph. or hydrochloride half grain and 15 grains bi-sulphate quinine to the oz. of sat. sol. sugar (white or brown) retained as above. Wear gon. bag with cotton to protect clothing from slowly escaping stains. Clamps can be had from regular supply houses at \$1.95 each. The New-Invention Compression Clamps, in small, medium and large size mailed direct at \$1 each or three for \$2 post-paid. Address The Compiler.

A good stainless treatment is Silvogon (Bischoff, Inc., N. Y.) 1-20,000 retained as above and home injection of bismuth, zinc, catechu simple syrup prescription, page 159 of 1000 Fav. Rx. Having patient inject several times daily, holding upright several minutes to allow to settle in urethra.

Breon's Neo-Lacmanese in muscle every other day good in acute and chronic. (The Compiler.)

## GUMS

Spongy-bleeding: Tr. capsicum and tr. myrrh aa 2 drams to 3 ozs. alcohol. Rub few drops in gums well with finger. (Critic & Guide.)

Gums-receding: Zinc chloride 15 grains, alum 20 grains, alcohol 3 drams in 4 ozs. water. Use undiluted on toothbrush. (Critic & Guide.)

## HALITOSIS

Salol and salicylic acid aa 30 grains saccharine 8 grains, vanillin 2 grains to 4 ozs. of 60 per cent alcohol. A teaspoonful in glass hot water used as mouth wash several times daily. (Critic & Guide.)

## HEADACHE

Bogchi (The Antiseptic) reports one chronic case cured by intramuscular injection of pituritin 1 cc repeated in week and another by half grain chloral hydrate intravenously.

If caused from nitroglycerine or dynamite blasting, give ergot by mouth or ergotin hypo. as vasoconstrictors. See poisoning T.N.T. (Treat, Med. Wor.)

## HEART FAILURE

Wiechowski recommends intracardiac injections of caffeine after cessation of heart action and says it hardly possible for chloroform to stop beat of heart treated with same.

Truzzi reports case of failure with caffeine and other measures saved by intracardiac injection of 2 cc epinephrine sol. in a patient with cadaveric appearance, dilated pupils and genuine syncope.

Resuscitation often possible with heavy percussion with closed fist rapidly over heart in narcosis, asphyxia, poisoning, etc. (Critic & Guide.)

Heartblock: Barium chloride two fifths of a grain four times daily gave good results in a bad case with pulse forty. (Johnson, Pa. Med. J.)

Digitalis if pulse is fast, but never when slow.

Heart Weakness in the aged with weak, irregular pulse, one or two full doses of Fellow's Hypophosphites or Wampool's Cod Liver Oil, then follow with 15 drops once or twice daily. (M.D., Tenn.)

## HEEL-PAINFUL

Hot Epsom salt foot bath (hot not warm) at bedtime, dry and paint with tr. iodine one night, the following two paint with oil eucalyptus and dry by hot fire. If needed repeat Epsom salt bath and oil painting after few days. You will be surprised at anodyne effect of the oil. (Smith, Med. Wor.)

Henley says, "caused from misplaced arches which should be corrected."

## HEMOPHILIA (Bleeder)

Dimmel (Med. Klin.) was successful with local application of 2 to 4 per cent lactic acid sol.

## HEMORRHAGE

Local, pot. permanganate is an excellent hemostatic, bleeding from toothsocket or cervix readily stopped. (Critic & Guide.)

## HEMORRHOIDS

Bonheim (Der. Med. Worch.) anesthizes sphincters and injects one-half to one cc of 96 per cent alcohol into each pile, beginning above and coming down, says swelling lasts only short time and pile is gone by next day and does not recur.

Boas injects 1 or at most 2 cc of 70 per cent alcohol which is better than the original 96 per cent and considers this the best treatment known. (Critic & Guide.)

Strangulated, paint with tr. iodine which will burn like fire a few minutes, but gets results. (Smith, Med. Wor.)

Note: Inject local anesthetic all around and get easy reduction and will not need the iodine and pain or at least will make same painless. Apply 50 per cent turpentine in Crisco as an ungent, keep applied and see them vanish never to return perhaps. (The Compiler.)

A good palliative ungt. is oil cade 3 drams and calomel 20 grains in oz. camphoe ice. (Dr. Edw. L. Enochs, Orange, Calif.)

Gangrene piles, pencil out cavity thoroughly with solid stick Luna caustic. (M.D., Tenn.)

External thrombotic best treated by anesthizing, incising and turning out the clot for immediate relief and cure but the Editor of Critic & Guide, N.Y.C., recommends applying calamine powder and held in

place with cotton and says a few applications reduces to small skin tags (which are easily snipped off).

Marginal or rather low the internal moist strawberry pile just within the sphincter, paint with resorcin in turpentine with cotton on applicator, occasionally dipping same in dry powdered resorcin until they turn white like treating venereal warts with this treatment as given in my First Collection of Notes. They soon vanish if the moist strawberry type, but too painful for treating the marginal or external thrombotic type. (The Compiler.)

### HERNIA-STRANGULATED

Anesthize with chloroform, gentle but forcible taxis few minutes. If this fails take hypo. needle of good calibre detached from syringe, thrust into tumor and let gas and water escape and same melts and returns to normal. (Long, Med. Wor.)

Waste little time with anesthesia, taxis or hot applications. Give hypo. morphin, follow with 1 grain opium every 2 hours until sleeping soundly. Apply icebag or pack until thoroughly chilled when it drops back or is easily reduced. (Bott, Med. Wor.)

Give hypo. morphin if necessary and apply hot lard until it permeates all the tissues when it goes and no bad after effects. (Leach, Med. Wor.)

Hypo. 1 cc pituritin repeated in 30 minutes, reduces in male as well as female cases. (Ducket, Med. Wor.)

Two cases were easily reduced by chloroform applied locally. (McWharf, Med. Wor.)

Ethyl Chloride freezing also works well in some cases.

Alexander (Med. Wor.) reports reduction after failure with anesthesia and taxis, one by Diathermy 1500 ma. for one hour, and another by enema of hot water at low pressure.

### HERPES (Fever Blister)

Apply full strength sweet spt. niter t.i.d., aborts first day. (Dr. H. H. Morgan, Portsmouth, O.)

### HERPES ZOSTER (Shingles)

Give 1 cc pituritin once or twice daily if blood pressure is normal, if low add 4 drops adrenalin sol. Paint lesion with sat. sol. picric acid. Relief often at once and nearly always in few days. (Beane, Med. Wor.)

Beeson (Ill. Med. J.) treats by autohemic. Withdraws cc of venous blood and immediately injects in Gluteal muscle.

### HERPES ZOSTER

Sod. iod. 20 cc intravenously 1st, 2nd, 4th and 7th day is specific. (Ruggles, Arch. Derm. & Syph.)

### HICCOUGH

A late remedy is to inhale carbon di-oxide from tank. Holding deep inspiration as long as possible and repeating charges the system with carbon di-oxide without the tank and never fails. (M.D., St. L., Mo.)

Put some white helebore in a bottle, shake and let patient smell lightly once or twice. They sneeze and it is gone. Use too much and will have retching and vomiting, requiring morphin to subdue. (Dr. A. T. Bott, Decatur, Ill.)

Licorice juice and linseed (?) relieved after four days and nights with other remedies. (Dr. O. Greenshield, Gateshead, England.)

A French physician recommends lying face down on table, floor or other hard surface. (Critic & Guide.)

Dr. Leonard Williams (Critic & Guide) says, "Nitroglycerine 1-100 grain or more the most likely successful remedy."

Sugar in teaspoonful doses often repeated is specific for all nervous cases. (M.D., Ohio.)

## HOARSENESS (Aphonia)

Pot. bichromate 1-100 grain every hour. (M.D., Mo.)

## HYPERTENSION (High Blood Pressure)

Hydrarg. chlor. mite, 6 grains. Podophylini, 2 grains, Mag. sulph. 2 dr. M—pone in caps. No. xxiv.

Sig.: One four times daily on empty stomach with little water. Sometimes increase the mag. sulph. to two and half drams.

It has been found that mag. sulph. given dry on empty stomach passes to intestines quickly and empties the gall bladder. (Rommel, Med. Wor.)

Editor Medical World (Phila., Pa.) recommends mag. sulph. 15 grains dry on tongue, washed down with little water three or four times daily. If bowels get too loose stop for a day or two.

Boil one pound of beef liver and one kidney in quart of water for 3 hours, adding water to make one quart and enough cider vinegar to give slight acid taste. Two ozs. night and morning with orange juice will lower and keep low so long as continued, in about two-thirds of cases. (Dr. J. B. Butts, Chicago.)

To give liver for high blood pressure or pernicious anemia, grind and mix with orange juice and give between meals. This completely masks the taste.

The latest and simplest is bismuth sub. nit. 10 grain doses t.i.d. and it gives results. (Contributor's name lost.)

The liver is at fault, work on it with chologogues and follow with liver tonics as chionanthus, chelidonium, nux vomica, mayapple, hydrochloric acid, etc. (Irwin, Med. Wor.)

Florida coast climate is highly recommended by Eish (Med. Wor.) Pressure falls at once but returns upon return north.

A Phila., Pa., physician eliminated salt from his diet. It gave results and salt is no longer used in his home.

Open pores with daily Epsom salt baths. (Leonard, Med. Wor.)

Dr. Jas. H. Pratt, Boston, says: "Shortness of breath coming on at night in cases of heart disease is due to high blood pressure, is serious and not due to asthma as often considered."

## HYPOTENSION (Low Blood Pressure)

Fainting common; give 1 grain doses whole pituitary gland until normal then half grain daily to keep it so.

Give large doses strychnin to raise blood pressure. Elixir Fringe Tree Comp. (Upjohn Co.) Teaspoonful after meals. (M.D., Wis.)

## HYSTERIA

Apply pwd. capsicum to nares and wait results. (Wood, Med. Wor.)

## IMPOTENCE

The following prescriptions give pleasing results, in a large percentage of cases of failing or partial loss of power in men nearing or past forty and almost specific for that tired out, all-gone afternoon fatigue so common among business and professional men suffering from glandular deficiency.

Huston's Endocrine Complex, No. 1 Capsules, No. xxi. Sig: One capsule before each meal, for three or four weeks. In stubborn cases follow with Endocrine Complex No. 10 for a week or two.

Fl. ext. vel Specific Medicine Ergot, Eryngium, Staphisagria and Pulsatilla aa 1 dram, Elix. Simplex, vel aquae, qs. ad. 4 ozs. M—Sig: A teaspoonful in water after meals and at bedtime.

A laxative tablet at night, preferably containing Aloin, which congests the pelvic circulation, No. x. Sig: One or more at night.

Massage prostate lightly once a week.

This treatment affords the same results as the highly radio advertised treatments without the expense of a long trip and at only a fraction of the cost, and is strictly private. (M.D., Tenn.)

## INDICANURIA

Stop meats and all animal proteins, daily saline laxatives, colonic irrigations, salol and yeast internally usually clears up in short time. (Critic & Guide.)

## INDIGESTION

Reynolds (Med. Wor.) says, "Fasting a week at periods will cure."

## INTERTRIGO (Chafing)

Apply spt. etheris nitrosi. Stings little but does the work. (M.D., K. C., Mo.)

Mother's remedy is dusting with air slacked lime for ease and quick cure.

## INGROWING NAIL

Three years ago I found the remedy, a three-cornered file, the coarser the better. Retract tissues around edge and file entire surface of nail until thin and flexible. All pain gone in few hours. (Rose, Med. Wor.)

## INSOMNIA (Sleeplessness)

Imitate and slightly extend the measured breathing and relaxation of natural sleep, with occasional letting down. (Tompkins, Med. Wor.)

Elevate corners of mouth as in smiling, breathe more slowly and deeper than usual, close eyelids and elevate eyeballs slightly. Keep up without intermission. The modus operandi is psychological, it is difficult to do this and think of other things at the same time and sleep comes. (Cornwell, Med. Wor.)

Fl. ect. hyoscyamus 24 minims in oz. elixir lactopeptine. Teaspoonful doses as needed.

## ITCH (Scabies)

Dab on eruption pot. permanganate sol. 1 dram to 8 ozs. water, let dry and smear on ointment of salol 1 dram, and menthol half dram to oz. vaseline. (Dr. J. R. Wells, Stone Mt., Ga.)

Xylene 25 per cent in hydrous wool fat base, applied from head to foot twice daily for at least 5 days is effective as well as cheap. (Pub. Health Serv.)

Pwd. sulphur rubbed into itching areas as often as needed. Results are certain and less irritating than more severe remedies. (Critic & Guide.)

Toe itch: Castor oil applied at night is "a knock-out." (Dr. Ira J. Haynes, Richmond, Va.)

### KERATOSIS (Skin Blemishes)

Carefully clean with gauze or cotton moistened with ether, then apply 20 per cent salicylic acid in Lysol, repeat as needed. Slightly painful for half hour. (Podoeski, Med. Wor.)

### LEUCORRHEA (Whites)

Apply to and in cervix, tr. iron chloride on cotton applicator for good results promptly. (Dr. W. P. O'Brien, England, N.D.)

A simple treatment is an alum tampon. Spread a piece of cotton fist size and place tablespoonful powd. alum in it, fold and tie string around and insert and leave in 24 hours. Remove and douche with warm water. (Critic & Guide.)

Douche with lactic acid one or two tablespoonsful to quart of water or tr. iodine half teaspoonful to the quart. (Critic & Guide.)

### LICE

Head, crab, itch mite and all others look alike to tr. staphisagria (Larkspur). (Critic & Guide.)

### LUMBAGO

Tr. guaiaci ammoniata teaspoonful in hot milk every three hours is near specific. (Dr. G. W. Elliott, Wash, Ind.)

Tr. iodine, aquae ammonia strong, and collodion equal parts rubbed in well. Looks awful when first made but clears up to look like castor oil. (Dr. J. R. Bishop, Showell, Mo.)

Due to sore testicle or cord in 90 per cent of cases and is cured and prevented by wearing "Jock Strap." (Dr. W. W. Reynolds, Proctorville, O.)

### LUPUS VULGARIS

A positive, rapid cure without scar. Rupture the thin covering with blunt probe if not already ulcerated and apply pot. chlorate moistened with water and kept moist until all nodules are destroyed. An angry hyperaemia around the ulcer will worry patient but disappears rapidly when application stopped. No recurrence if well removed; better than X-ray, light or any other treatment. (Dr. Marion Smith, New Haven, Conn.)

Apply and repeat in three weeks a sol. zinc chloride 3 grains to 10 cc of 80 per cent alcohol. Before each treatment and daily between treatments apply tr. iodine. Pain vanishes after first treatment and cure results. (Nichols & Pillon, Critic & Guide.)

Curette deeply and apply thick coat powd. pot. permanganate and leave on. This also most excellent leg ulcer treatment. (The Compiler.)

### MALARIAL HEMATURIA

(Black Water Fever)

Give calomel in drastic doses, 10 gr. every 2 hours or even 100 grains at once. Doubtful if ever a fatal case after salivation. (Hawk, Med. Wor.)

O. K. "Me Too." One doctor gives up to ounce at dose. Above for desperate cases.

### MENOPAUSE (Change Of Life)

For the "flushes" nothing better than atropin sulph. 1-100 grain or larger first impressive dose and repeated to effect. (Critic & Guide.)

### MARASMUS

Cal. chloride in small doses 1 or 2 grains or less every 4 hours. Also for tabes mesenterica. (Dr. C. Leavens, Fairchild, Wis.)



## MENINGITIS

Diagnostic sign "old but reliable," slip hand under pillow and raise head of patient to ascertain if rigidity the pathognomonic sign.

Cerebro-Spinal: inject one-tenth grain pilocarpine in muscle and repeat every hour until profuse perspiration. (Dr. G. C. Phillips, Akron, O.)

Gelsemium fl. ext. 5 drop doses repeated to effect will come as near curing the cerebro-spinal type as all others combined. (M.D., Tenn.)

## MILKLEG

(*Phlegmasia alba dolens*)

Wrap from ankle to hip with blankets wrung from hot (not warm) water, change often, keep as hot as can stand. Continue hours with occasional rest, keeping limb wrapped and warm during rest. Used hot enough and continued will ease pain and cure. (Brown, Med. Wor.)

## NEPHRITIS-ACUTE

Hot lemonade, one lemon to the glass, three times daily, cures in 2 or 3 days and is all the treatment needed. (Dr. J. Swart, K. C., Mo.)

Nephritic coma: Do not abandon these cases, glucose 50 per cent, 50 cc intravenously will bring them out temporarily at least. (Dr. Read, N. Y.)

## "NERVES"

The following will bring many patients: Sod. bromid 4 drams and 2 drams each of tr. belladonna and tr. nux vomica to 3 ozs. simple syrup.

Teaspoonful every 3 hours. (Dr. Lloyd Fowzer, Elkhart Lake, Wis.)

Phosphorus is a brain and nerve food. Give plain hypophosphites of lime and soda, no strychnin. arsenic or iron. (Paulding, Med. Wor.)

Paraldehyde in large doses is sedative, anodyne, sporific and no bad after effects.

## NEURALGIA

Phosphide of zinc one-sixth of grain before meals and at bedtime is near specific.

Frontal from catarrhal sinusitis, the frontal bone sore to the touch, thick mucus discharge, mercurius solubilis 3x, one tablet every 2 hours.

Arsenicum alb. is also a facial neuralgia remedy. (Wright, Med. Wor.)

## OBESITY

Cream tartar, boric acid and Epsom salt 1 oz. of each. Pone in 00 capsules and given one 4 times daily will certainly reduce weight while taking, but for permanent results give Hustbro Endocrine Complex No. 7.

Male—Male for men and Fem—Female for women. There is a scientific reason back of this.—(M.D., Can.)

If dieting "reach for a sweet instead of a full meal." A small piece of candy will often appease the appetite and allow the missing of a meal or a marked reduction of same.

## OBSTETRICS

Gwathemy Technic: intramuscular injection of 2 cc mag. sul. sol. 50 per cent containing one-eighth of grain morphin sulph. Half hour and one hour later repeat the mag. sulph.

Aromatic spt. ammonia on mask and have patient inhale deeply works as well as an anesthetic in most cases and is safer. (Dr. E. E. Dotson, Escondido, Calif.)

Serdukoff (J.A.M.A.) and others give vaginal injections of 2 ozs. liquid petrolatum to facilitate passage of head.

## OTITIS MEDIA (Running Ear)

Fill ear with pwd. borax every night, held by pledget of cotton and sleep on opposite side and syringing following morning with warm boric acid water. Costs practically nothing yet often worth \$1000. (Holcomb, Med. Wor.)

Used 40 years without failure by a contributor to 1000 Fav. Rx.

In the congestive stage in acute cases place against the drum an atropin sulph. tablet, eases pain and often prevents mastoid complications. If drum bulges make free incision in posterior for proper drainage.

## ORCHITIS

Paint testicle with equal parts of guaiacol and glycerine and cover with cotton. This being strong, may use less guaiacol. See Epididymitis.

## PAIN

Can often avoid morphin and the drug habit by giving Pas-Avena (Walker Phar. Co., St. L.), which contains codeine phos. and antipyrin.

Local, chloral hyd. gum camphor, menthol and oil wintergreen aa. Apply and rub in well after hot compress. (Dr. R. I. Hall, Veronia, Okla.)

Gastric pain, give 5 to 10 grains anesthesin every 5 hours. Patient may feel numb all over but relief.

## PANNUS

Sat. sol. mag. sulph. dropped in eyes 2 or 3 times daily clears hazy corneas. (Dr. W. W. Reynolds, O.)

## PARALYSIS AGITANS

### (Parkinson's Disease)

Scopamine or hyoscine 1-240 to 1-100 grain doses is the best and perhaps the only drug of value. (Silverton, Med. Wor.)

Rosemund (Med. Wor.) treats with massive doses of salicylic acid in the form of aspirin, dosage being as large as for rheumatism.

Calcium lactate 10 grains and parathyroid 1-20 to 1-10 grain t.i.d. (Med. Wor.)

## PARONYCHIA

Denk's treatment is a thick layer of mercuric ointment, reapplied for one week. Pain usually gone first day. (Critic & Guide.)

## PELLAGRA

Liq. Taka-Diastase and cascara arom. aa. table-spoonful repeated to liquify starches, aid digestion and regulate bowels.

Apply 2 per cent picric acid sol. daily to the rash and give same internally, 5 drops b.i.d. well diluted, increasing one drop daily until 12 drops. Cures 100 per cent. (Dr. W. M. H. Harris, Cathron, Ark.)

Hammond (Med. Wor.) recommends thymol 5 grains every 2 hours for 3 or 4 doses, followed with Epsom salt in hot water.

The newer treatment is intravenous sod. thiosulphate. (Sarby, Egypt, Lancet.)

Cottonseed meal has been found rich in vitamin G and by far the cheapest source of same.

## PINWORMS

Enema of warm water, pint or less, retained and followed with kerosene half pint and allow patient up so oil will reach high up the bowel. (Thornton, Med. Wor.)

## PNEUMONIA

Eucalyptol 1 dram, pwd. camphor 1 dram in oz. chloroform. Give 20 drops on sugar or orange juice every 4 hours the first day, then 15 drops for day or two, then 10 drops 3 or 4 times daily until well.

Mercurochrome 1 grain in 10 cc. dist. water intravenously daily is justified. (Torbet, Med. Wor.)

When patient too low to take liquids and light diet give 5 per cent glucose by Murphy drip, 20 drops per minute for 6 hours and rest 6. (Dormine, Med. Wor.)

Diagnostic: A respiratory rest after inspiration, high fever and leucocytosis, very suggestive. Delayed resolution means tuberculosis, empyema, otitis media or mastoiditis in eight out of ten cases. (Seli-kovitch, Med. Wor.)

## POISON IVY (Rhus Poisoning)

Steep green Buckbush leaves in water to a strong tea and apply as needed. Stops pain, burning and itching in short time. (Dr. E. L. Morgan, Graham, Mo.)

Quinine sulph. made into an emulsion with water and applied every few hours gives pleasant results promptly. (Dr. F. R. L. Flemming, Guion, Ark.)

Quinine 1 dram to 4 ozs. Glycothymoline. Apply and let dry several times daily. (M.D., Ga.)

Wilson (Med. Wor.) recommends half dram calomel to 8 ozs. quinine emulsion.

A 4 per cent sol. cocain applied once or twice and it is gone. (Dr. Williamson, Goldthwait, Tex.)

Lead plaster has proven a wonderful remedy for 40 years, clearing up promptly and seemingly conferring immunity. (Wright, Med. Wor.)

The same writer also says, "give 4 pellets leadum 3x every 2 hours. Bericke & Tafel, Phila., Pa., sell 1000 for less than one dollar."

## POISONING

Bichloride mercury: intravenous sod. thiosulphate 10 cc of a 30 per cent sol. early, late and often. (Critic & Guide.)

Mercury, arsenic or lead, wash out stomach with pint water containing half oz. sod. thiosulphate and give 15 grain doses by mouth every 4 hours or give intravenously and repeat often. (M.D., Ohio.)

Do not forget calcium sulphide, a sure antidote, given within six hours grain for grain, repeated every 3 hours first day then less often. (Med. & Surg.)

Mushroom poisoning: hypo. apomorphin is the treatment of choice according to Haner.

Ptomaine poisoning, powdered charcoal sugar and vinegar mixed to a paste and given freely soon relieves. This is also antidote to mushrooms. (Dr. J. Kreig, Chicago.)

Nitroglycerine poisoning, headache from dynamite blasting, inhale fumes from iodoform for rapid relief. (Thompson, Med. Wor.)

## PLURAL EFFUSION

Specific Med. Bryonia half drop doses every 3 hours will absorb. (M.D., Okla.)

## PREGNANCY DIAGNOSTIC

Tomb's Sign; almost every case as early as first week and up to third month will admit labia majora feels tense and swollen and especially on walking or sitting on firm seat and occasional dull aching pain in same. (Critic & Guide.)

Porgis, Vienna, injects two-tenths cc ant. pituritin intradermally. Non-gravid cases show a marked areola in few hours, remaining 24 to 36 hours. In pregnancy there is no reaction. (Am. Med.)

## PREGNANCY TRAP

Give 15 drops ergot after meals between periods. (Henley, 1000 Fav. Rx.)

## PRIAPISM

Ethyl Chloride spray to perineum, avoiding testes, to point of blanching and no further. Immediate reduction and cure after few applications. (Nagee, P.H.S., J.A.M.A.)

## PROSTATITIS

Jennett (Med. Wor.) says, "Massage twice weekly for six to twelve times, longer beset with danger. Why?"

## PRURITIS ANI

Goldbacher (Am. Med.) recommends 5 to 10 cc of 5 per cent phenol in cottonseed oil injected into centers of itching areas about half inch from anus and about half inch deep, parallel with long axis of bowel, after treating any rectal trouble found. Have had fair results in several cases.

Inject 10 cc triple distilled water subcutaneously very slowly into itching areas. This is the best solvent for irritants known. (Davis, Med. Wor.)

Inject 5 per cent quinin and urea under skin. Painful few minutes but gives relief and often cures. (Allison, Brit. Med.)

Paint with 10 per cent silver nit. sol. and repeat few times, the best single remedy we possess. (Critic & Guide.)

No matter what remedies have failed, apply for relief novocain 2 per cent sol. containing few drops adrenalin sol.

## PRURITIS VULVAE

In a severe case resisting other remedies, relieved by two doses insulin, 100 units each. (Must have been diabetic.) (Pesano, Sem. Med.)

Scaly pruritis of scalp, saturate with saturated, clear yellowish solution of horticultural lime-sulphur as used for spraying trees. (Paulding, Med. Wor.)

## PSORIASIS

Collosol Manganese (Anglo-French Drug Co., N. Y.) as per your 1000 Fav. Rx absolutely cures. (Dr. J. P. Wood, Mount Wolf, Pa.)

Fowler's sol. 5 drops after meals, increasing 1 drop daily to 15, continuing 3 days, then reduce 1 drop daily back to 5 drops, then back up again. If eyes become affected by the large dosage discontinue for few days then resume but reaching smaller maximum dose. (Davis, Med. Wor.)

A case of 25 years standing cured by intravenous sod. cacodylate one grain gradually increased to 15 grains or under control. Mixed treatment given for alternative effect at same time. (Contributed, name lost.)

Soluble bismuth intramuscularly one or two-tenths grain each week clears up the patches. (Virian, Brit. Med.)

Dr. J. J. Walker says: "Carbenzol soap removes the scales better than anything else and electrotherapy the best treatment."

Grubb (Wes. Med. J.) cured four cases by free use of butter in the diet.

## PTERYGIUM

Sugar of lead 2 grains to the oz. of soft water. Shake before using one or two drops in eye night and morning. "Slow but sure." (Dr. O. Noble, Beaver, Okla.)

## PUPURA HEMORRHAGIA

Transfusion of whole undiluted blood is extremely potent for good as well as preparing patient for splenectomy. (Jones, Clin. Med.)

## PYORRHEA

For a sure cure apply daily on cotton swab working up carefully between teeth a 5 per cent sol. chromic acid. (Dr. H. Y. Slanton, Greenville, Ky.)

A dentist friend's real specific. Apply to gums once or twice daily tannic acid half dram to one oz. alcohol. (Dr. Wm. C. Terwilliger, Akron, O.)

After cleaning apply Ziratul (Bristol Myers Co., N. Y.) on toothpick shoved to bottom of cavities between teeth and gums. Repeat as needed. For home use Ziratul and glycerine equal parts used on toothbrush. Makes a fine lather. (Bell, Med. Wor.)

Bass' formula, fl. ext. ipecac 8 drops, zinc chloride 2 grains, betanaphthol half grain, formalin third of drop and menthol eight grains to one oz. 55 per cent alcohol flavored with oil gaultheria. The undiluted sol. to be used on toothbrush and 20 drops to tablespoonful of water as mouth wash. (Critic & Guide.)

## RHEUMATISM

To give large doses of sod. salicylate without gastric disturbance, give double the amount of sod. bicarb. at same time well diluted. (Critic & Guide.)

Do not overlook ampoules of formic acid (Boericke & Tafel, Phila., Pa.) Cheap and often very effective in all forms.

For immediate relief of pain even in gonorrheal rheumatism, 20 cc. Cincosal Comp. (Breon, K. C., Mo.) intravenously and the patient leaves his pain in the office. (M.D., N. Y.)

Diagnostic; Rheumatoid arthritis the joints are fusiform or spindle shaped in rheumatism they retain original shape.

## RINGWORM

Iodine crystals 15 grains, tannic acid 20 grains to simple cerate half oz. Apply morning and wash off at bedtime with sod. bicarb. sol. Repeat if necessary. (Dr. Mark Mizner, Parkston, S. D.)

The best treatment is 10 per cent chysorbin in colodion applied and left on 24 hours. (Highman, Clin. Med.)

Ringless ringworm and swimming pool infection of feet, salicylic acid 1 dram to 7 drams petrolatum. Apply and cover with adhesive. (M.D., Wis.)

Hongkong or Athletic Foot, cured by sod. thiosulphate foot baths.

## SALPINGITIS

Gonorrheal, give cal. sulphide half grain tablets t.i.d. Almost specific. (Dr. A. T. Short, Zamboanga, P. I.)

Tripple distilled water intravenously twice weekly; worked wonders in a recent case (The Compiler.)

## SCARLET FEVER

Tr. belladonna to effect and diet of milk, toast and water works well. (Dr. C. M. C.)

Dr. Geo. H. Tibbins, Beech Creek, Pa., has found 10 per cent ichthylol in vaseline rubbed well into any rash that appears and into the cervical region to be curative as well as preventive.

## SCIATICA

Tr. ferri chloridi 4 drams in 4 ozs. glycerine. A teaspoonful t.i.d. p. c. Have found nothing better for many years. Acts like an anodyne. (Book, Med. Wor.)

Pinguely (Med. Wor.) says: "Give 30 drops benzyl benzoate in milk or sweetened water every 4 hours and sciatica is gone in three days."

**SEA SICKNESS  
CAR SICKNESS**

Veranal tablets 2 to 5 grain, t.i.d. (M.D., Mo.)

**SEPTICEMIA-PUERPEAL**

Give mercurochrome intravenously for results. Look into the literature on same. (Hynson, Westcott & Dunning, Baltimore, Md.)

Septic Infection, please do not fail to give Toxicide tablets (Toxicide Labor., White Pigeon, Mich.) for same seems to have wonderful power in turning the tide in severe and fatal looking cases. (The Compiler.)

Half grain bichloride mercury in 5 cc sterile distilled water intravenously. (Dr. M. L. Dalton, Roanoke, Va.)

**SHOCK**

Flatulent; A simple, marvelous means of quick relief in those often desperate cases, is ventral decubitus—face down, baring back and slowly, firmly rubbing with warm hands, pressing on the area from fifth to tenth thoracic vertebra. Gas will either be eructed or passed by bowels even tho it does not escape per ano it lowers veno-tension and saves these often fatal, explosive cases coming on after exercise or heavy meal. (Taylor, Med. Wor.)

**SKIN GRAFT**

Do not need large pieces of skin. Put small piece on chopping block and cut into a thousand—maybe a hundred—pieces, sprinkle on and cover with oiled silk and bandage lightly, remove in two or three days and same will be found growing nicely. (Reynolds, Med. Wor.)

**STOMATITIS-APHTHOUS**

Swab and scrape white crusts off with sat. sol. boric acid. May bleed but is non-irritating and curative. (Halcomb, Med. Wor.)

**STYE**

Often aborted by giving single dose of 5 to 10 drops pulsatilla. If not, continue 2, or 3 drops several times for one day. (Dr. B. F. Thutt, Elida, O.)

**SYPHILIS**

—High arsenical doses may not have to be reduced if given hydrochloric acid internally during the course. (Podolsky, Med. Wor.)

When giving arsenicals and have leak around vein, all pain and bad effect rapidly overcome by lint pack kept wet with sat. sol. mag. sulph. (Capt. Shyan Lal, India.)

Remember sod. thiosulphate when get bad results from arsenicals. Neo. or Salvarsan. Given heroically in vein will save the worst of them if used early enough and often enough.

Neuro-Syphilis: There is no question of the value of Tryparsamide (Merck). Will not cure or prevent all cases of brain softening but is a most valuable drug. It is usually necessary to give at least three courses before any positive results. Parenchymatous respond better than the mesoblastic. (Critic & Guide.)

Note: Caution. Before treatment is begun eye examination for visual acuity very necessary to avoid serious eye complications or reactions. Study the literature well before using. (The Compiler.)

## TRACHOMA (Granulated Lids)

Stock solution; zinc sulph. blue vitrol, iron sulph. and pwd. alum aa. 4 ozs. to soft water 1 quart. Can color with sugar coloring if desired. Take 20 drops and add half oz. each of glycerine and water. One or two drops in eyes night and morning and watch them get well. Wash with warm salt water once daily. (Dr. C. W. Baynham, Amarillo, Tex.)

For most all chronic eye troubles, glycerine 1 oz. arnica et Witch Hazel 1 oz., plus 1 dram Lloyd's thuja. Clean with warm water and instill 5 drops t.i.d. If constitutional give iron et arsenic. (Contributed.)

## TONSILLITIS

I cure all cases by application of tr. muriate iron every 2 to 4 hours. Begun early there will be no supuration and will cure after it has occurred. Continued it will reduce hypertrophy. (Dr. C. B. Dean, Waco, Mo.)

## TOOTHACHE

Saturate pledget cotton with phenol and insert in cavity. (M.D., Clinton, Ill.)

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### THE \$1,000 Rx. GASTRIC AND DUODENAL ULCERS

Argyrol (genuine, no substitute) 1-2 oz.

Bismuth subnitrate, 1 oz.

M. fiat capsules No. XLVIII.

Sig. One between meals and at bedtime.

## HEMORRHOIDS

I have found Dermal Kestic superior to turpentine-resorcin treatment for the marginal types, (p. 24).

THIS CAN BE HAD FROM  
DERMAL KESTIC CO.

27 S. SECOND ST.

MEMPHIS, TENN.

A dollar bottle enough for a number of cases

## ULCER

Gastric: Hugo Schmidt (Ther. de. Dig.) recommends glycerine in teaspoonful doses or containing 10 per cent bismuth.

Gastric: Give by mouth for several weeks barium sulphate (not sulphide which is poisonous) half oz. half hour before meals and at bedtime. (Critic & Guide.)

Gastric and Duodenal; Bis. sub. nit. 10 to 20 grains in milk magnesium every 2 or 3 hours and half hour before meals. Also 5 grains each of sod. bicarb., mag. carb. and cal. carb. every 2 or 3 hours. (Foster, Med. Wor.)

Gastric and Duodenal: Three ozs. sugar dissolved in water before meals. Pain gone in 3 or 4 days followed by healing of ulcer. (Racht, Vienna Polyc.)

Excellent in a recent case. (Compiler.)

Duodenal: Neo-arsphenamin 0.45 once weekly intravenously for 4 weeks. (Hammond, Med. Wor.)

Leg: Packs of 5 to 10 per cent mag. sulph. sol. renewed thrice daily with limb elevated. Heals 80 per cent. (Young, Critic & Guide.)

Leg: Wash daily with sat. sol. mag. sulph. Once tried always used. (Dr. C. C. Perry, West Rutland, Vt.)

Leg: Cover well and leave on pwd. pot. permanganate for quick cure. (The Compiler.)

Varicose: Emich (Phila., Pa.) has found Valentine's Beef Juice and normal saline sol. equal parts very healing. Costly but worth the price.

Varicose: Mix pipe clay with water to a paste, bandage around affected parts, renew every half hour or at least three times daily or nightly. The more renewals the quicker the cure. (Anonymous.)

Note: This was sent in for varicose veins, but feel sure was meant for varicose ulcer.

Varicose: Parathyroid gland one-tenth grain and cal. lactate 5 grains t.i.d. for few weeks. If headache discontinue or reduce to once daily. (Cutler, Med. Wor.)

Laryngeal, tb. Topical applications of chaulmooga oil reported as curative.

Rodent: Trichloroacetic acid is a superior remedy, transforming into a solid mass of dead tissue which eventually sheds. (Boberts, Brit. Med.)

See Lupus.

Throat: Salol 30 grains, chloroform 1 dram to alcohol 1 oz. Touch with half to full strength and use teaspoonful to fourth cup of water as gargle. (Dr. E. P. Atkinson, Oxford, Nova Scotia, Canada.)

### URINE:

Alkaline: Benzoic acid or sod. benzoate 5 to 10 grains every 3 or 4 hours is the remedy. Contributed.)

Incontinance: A good urinal is made by cutting off small end of toy balloon. Slips right on. (Steele, Med. Wor.)

Retention: Norwood's tr. veratrum veride 3 drops every 3 hours will do the business, perhaps better with little opiate added. This worked in aged patient with prostate that would not allow passage of catheter. (Halcomb, Med. Wor.)

Retention: Pituritin 1 cc. hypo. often works wonders.

Retention-children: Warm enema once or twice will relieve nine out of ten. (Dr. S. Lang Anderson, Bromley, Pa.)

### URTICARA (Nettlerash-Hives)

Pot. citrate 4 drams, water 4 ozs. Teaspoonful in water every 2 or 3 hours and keep bowels open. (Rote, Med. Wor.)

Creosote iodide fourth grain every 3 hours is curative. (M.D., Okla.)

Milk magnesia internally, externally and eternally is by far a good if not the best treatment.

### VAGINITIS

Phenol 2 drams, oil thuja 1 dram, comp. tr. iodine half dram, glycerine 8 ozs. Tampon and leave 24 hours, followed with douche. (M.D., Wis.)

### VAGINITIS-TRICHOMONAS

Lassar's Paste: Vaseline 6 ozs., Zinc oxide and starch 6 drams each, Salicylic acid 30 grains. On tampon repeated sometimes. (Cornell, Am.J. Obs & Gyn.)

### VERTIGO

In the aged, give 10 drop doses of a mixture of spts. ammonia 7 parts and digitalis 3 parts. Also ergot and bromides. (Contributed.)

### VOMITING

Chloral hyd. 15 to 40 grains in a little water injected into rectum, relieves almost instantly. (Dr. F. M. Stoffer, Goodland, Kans.)

My favorite is hydr. chlor. mite tenth grain, sacchari 5 grains, pwd. or tablet dry on tongue without water which makes it worthless. (Rote, Med. Wor.) Sauerkraut is often excellent.

In children, apply to skin between shoulders, flannel cloth wrung from hot water and drop 15 to 20 drops of tr. opii on it. Results will be pleasing. (M.D., Tex.)

In pregnancy: Lactic acid 1 oz. to 3 ozs. water. Twenty drops in glass water. Results from first dose. (M.D., Vt.)

Veronal 3 grains, 3 or 4 times daily, gives me more satisfaction than anything else. (Dr. W. W. D. Akers, Hooker, Okla.)

Pregnancy: Trophonine which is also a food. (Dr. Judson.)

Pernicious: Placenta Comp. (Hustbro, Chicago) is the real treatment.



Maercklen (Med. Wor.) says "Nothing beats ultra-violet ray. Apply 2 or 3 minutes exposure to all the body, increasing one minute daily up to ten, if skin will stand it.

Post-operative: Give orally 5 to 8 minims adrenalin chloride sol. in 1 or 2 drams water. (Dr. J. J. Burke, Nigra, Wis.)

### WARTS

Apply oil cinnamon several times daily until entirely gone, which will be soon. (A Physician's Wife, Med. Wor.)

Apply formalin twice daily or less if irritates. (Silkovich, Med. Wor.)

Remove center, fill with salicylic acid and paint several layers with salicylated collodion. Single massive doses X-ray found curative. (Critic & Guide.)

### WHOOPIING COUGH

Asafetida pwd. gum or tr. 1 grain doses 4 times daily relieves in about a week. (St. L., M.D.)

Olive oil and ether aa, usual dose one dram per rectum once or twice daily. Results best in cases over one year of age. (McGee, S.M.J.)

Another recommends 1 dram ether in 4 ozs. mineral oil, one oz. per rectum one to four times daily.

The catarrhal cough of late stages clears up from 1 drop doses oil eucalyptus on sugar t.i.d.

### DERMAL KOSTIC

THE PAINLESS, SLOW ESCOROTIC FOR PAINFUL, IRRITABLE SKIN LESIONS.

APPLY LIGHTLY WITH FINGERS OR APPLICATOR ONCE OR TWICE DAILY UNTIL SLIGHT INFLAMMATION RESULTS. DISCONTINUE A FEW DAYS AND REPEAT IF NECESSARY.

THE DERMAL KOSTIC CO.

27 S. SECOND ST.  
MEMPHIS, TENNESSEE

### MISCELLANEOUS

The Best Pluri-Glandular Formulas and why best.

Hustbro Gland Complex Male—Male and Female are decidedly best owing to sex differention i.e. all glands in male formulas coming from male animals, thyroid, pituitary adrenals, etc. in male compounds must be from male and not female glands and obtained at time of death of the animal before cellular activity ceases. The same for female, and this makes "a whale" of difference in the final results. Try same and see for yourself.

Beefy Red Tongue: Nitro-hydrochloric acid c. p. 3 drops in glass water after meals till normal pink color and repeated when needed. Brings down the pulse which is always too fast in these cases. (Dr. W. L. Lunsfoed, Chanute, Kans.)

Castor oil: Take right out of warm spoon and follow with cup hot salt water. Do not swallow until water is taken in mouth and it washes away all oil taste. (Rote, Med. Wor.)

Collodion substitute: Bohler of Vienna gives this formula: resin 20 grams, chloroform 50 cc and linseed oil 20 drops. Easy to apply, more flexible and easier removed.

Another or Varnish for applying medicines is made by dissolving washed celluloid films in acetone or amyl acetate, or a mixture of both.

Ephedrine: A valuable drug for many conditions, is antidote to scopalmine poisonous properties, delirium from the hyoscine type of drugs but does not interfere with their narcotic effect.

Haarlem Oil: Flower of sulphur 2 ozs., linseed oil 1 lb., oil amber 2 ozs., turpentine qs. (National Druggist). Analysis by Federal Chemists shows it contains methyl salicylate.

Hypodermic Syringe, plunger stuck: With dropper or other syringe inject few drops chloroform or ether around piston and hold upright few minutes. If this fails put few drops in other end and in few minutes it will loosen. (Bates, Med. Wor.)

Boil in glycerine, kerosene or gasoline. (McLaughlin, Memphis.)

Iodine Mixture: For coughs, colds, high blood pressure, autointoxication, etc. Iodine crystals 16 grains, in liquid petrolatum 1 pint. Mix and boil in water bath. Teaspoonful t.i.d. before meals. (Dr. J. D. Seba, Bland, Mo.)

Iodine stains: How many know that sweet spirit will remove? (M.D., Ala.)

Iodine and blood stains removed by hydrogen peroxide. (Dr. A. J. Barton, Hollywood, Pa.)

Moth balls are also mole balls, one or two dropped in their runs drive them away. (The Doctor.)

Practical Pointers: Burkard (Med. Wor.). For quick relief from hypnotic as barbital, have patient chew tablet dry and keep mouth shut. Prevents bad taste and acts in one-tenth the time and less needed for effect.

For quick emesis: apomorphin 1-20 in vein in double distilled water. Have basin ready.

Pain, give tenth to eighth grain morphin in vein for quick effect.

Pituritin, 3 to 5 drops in vein being sure all is ready for quick passage.

Plaster Paris cast, to remove make a mark on same and drop 25 per cent sol. of pot. or sod. citrate along same and it softens at once. (Chem. J.A.M.A.)

Prophylaxis: Lehman (Med. Wor.) thinks many contagious and infectious diseases prevented by keeping nostrils clean with soap which we all know is antiseptic.

Quinine Ointment: Quinin bisulphate 1 dram in glycerine 1 oz. is completely dissolved and is more penetrating than in grease bases. (Harper, Med. Wor.)

Quinine Ointment: Dissolve 2 drams bisulphate quinine in 2 ozs. auserinus adeps (goose grease) which is penetrating.

## VENEREAL PROPHYLACTIC

Seal in urethra 20 or 25 drops of fresh argyrol sol. for 3 to 5 hours, within 24 to 48 hours after exposure. Almost positive preventive of gonorrhoea. (Ballinger, Elder & McDonald, Atlanta J. of Med.)

Barr (Med. Wor.) recommends matotomy as a preventive measure.

## REJUVENATION

By producing an artificial triorchism. The compiler's original method of intrascrotal hypodermic injection of Triorchic Jelly Comp. This promising field of investigation has given very pleasing results in a limited experience. To date can give assurance of same being simple, harmless and practically painless and effective in few hours to one day. Producing a non-inflammatory, painless tumefaction that is slowly absorbed over a period of one to three or four weeks, giving stimulating results in every way and leaving patient in no worse condition than before and seemingly never as bad. Have repeated from three to fifteen times over a period of two years with always good and no bad results. Can furnish limited amounts from my laboratory to those interested enough to write me for prices and directions for doing this simple procedure that promises more than anything offered to date along this line.

Resuscitation of newborn: When other means fail, dissolve 1-100 grain nitroglycerine and pour into mouth. A gasp is usually followed by normal breathing. (Wrightman, Med. Wor.)

Suture Method, New: Insert a hypo needle thru lips of cut and pass suture thru it, then withdraw the needle. (Rees, J.A.M.A.)

Test For Death or Life: A French physician says: "Inject small quantity of fluorescin which is harmless. The slightest circulation will color the

skin a vivid golden yellow and the eyes a deep emerald green."

The Blister Test: Vitality in abeyance will blister from a burn, a cadaver will puff and burst. (Critic & Guide.)

Test for sewerage pollution: Place one or two teaspoonsful "uranine B" known as fluorescin in toilet or other plumbing draining to cesspool. The green color can be detected in seepage.

Vaginal washing can be nicely done by attaching syringe nozzled rubber tube to water faucet. This is too much pressure for rectum.

Let me fail in trying to do something rather than sit still and do nothing.—*Cyrus Hamlin.*

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A present unfavorable condition is but a temporary situation when you firmly hold to hope.

Work as though you would live forever, and live as though you would die today.—*E. M. Herr.*

NOTICE: I often receive letters like the following:

Dear Doctor:

Before publishing future contributions I would like to send you some of my experiences. M.D., Pa.

These letters usually come after the publication of New Collections and thus too late to be used then and no way of telling when another will be issued if ever. I wish to request here again and NOW that you send same along at once before you forget it and thus have them in my hands to encourage me to publish another and when enough good ones are received to justify it I will go to press with them. I never know when I will do so but can give assurance that when I receive enough good ones to justify it I will deliver what I have received and not until then.

Therefore, if you have anything you think should be passed on, send it to me NOW. If enough are received I will publish them every year and we will all profit by it. If not then I can only wait until I do receive them and if never, then you will hear no more from me.

If you wish to see more of these helps then get busy and send me your best at once and I will do my part.

Respectfully,

THE COMPILER.

NOTES

## PNEUMATIC RINGS FOR MALE SEX DEFICIENCY

**AN EUROPEAN DISCOVERY.** An easy natural way to have your rightful vigorous health. The Steinach Theory without operation. A solution of the rejuvenating problem, especially for men nearing or past middle life. An automatic inflating pneumatic rubber apparatus worn continuously without inconvenience the longer worn the more power. The result of prolonged scientific trials. Exercising a mechanical and therapeutical effect upon the spermatic cords, testicles, prostate and puberty glands (Steinach) which increases the blood supply to the parts and blood is the life of activity.

Absolutely without risk of harmful consequences. Every physician should prescribe or fit this, whether his patient is thirty or seventy years of age

Good results in almost every case regardless of age.

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PRICE \$10.00 which is not exorbitant in view of the fact that same is an imported article and a perfect fit is necessary and guaranteed by me, often necessitating several exchanges or fittings before an exact size is obtained. This is time consuming and expensive, so be sure to send exact measurement around base of organ (behind, not in front of testicles). Measure so that same will fit snug but not too tight. By correctly measuring you may get a perfect fit the first time, although this is not usually the case. If not, then mail right back to me with further measurements until you do get a perfect fit. A bit of string is very good for this purpose; and remember the organ as well as the scrotum and testicles are to protrude through the soft pneumatic automatic-inflating rubber ring and is to fit snug, yet not too tight.

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