

THIRD OBJECTS: WHAT ARE THEY?

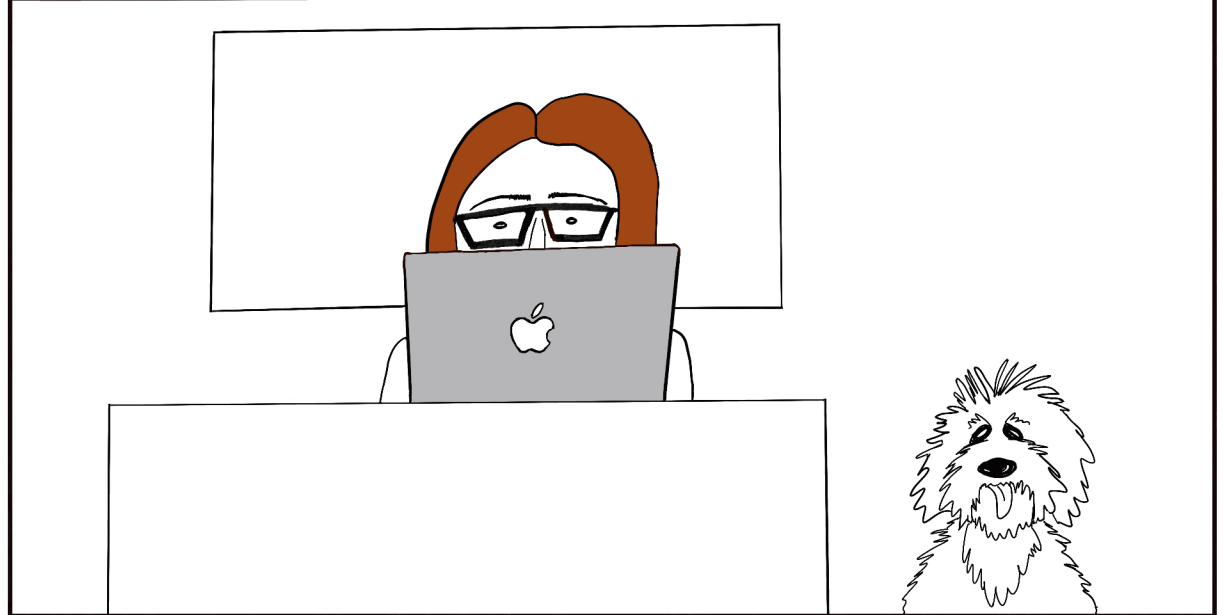
CARRIE CLORE



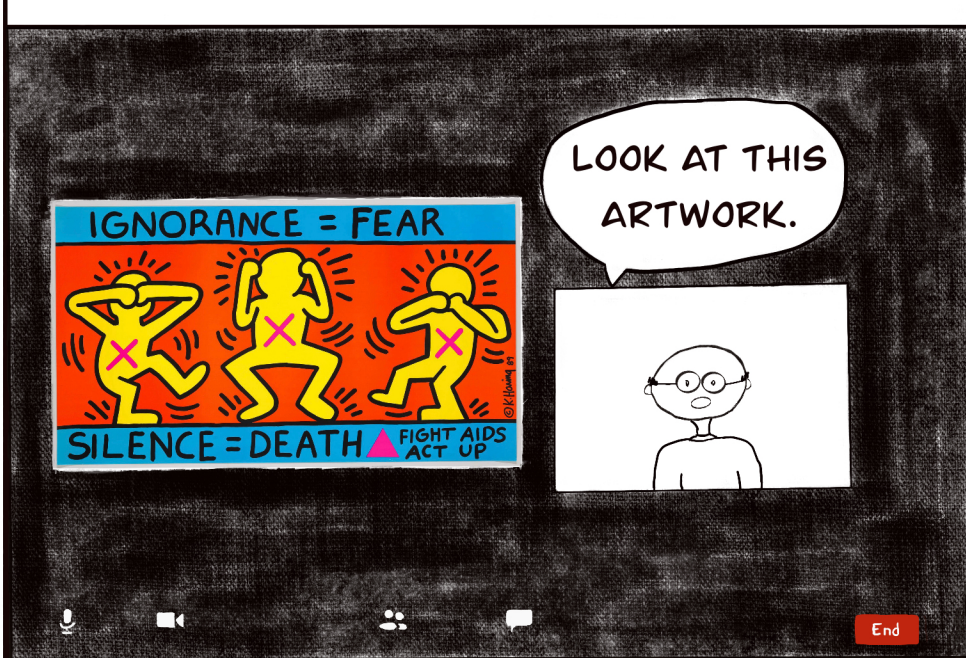
I STUDIED ART AND WRITING FOR MY UNDERGRAD DEGREE.



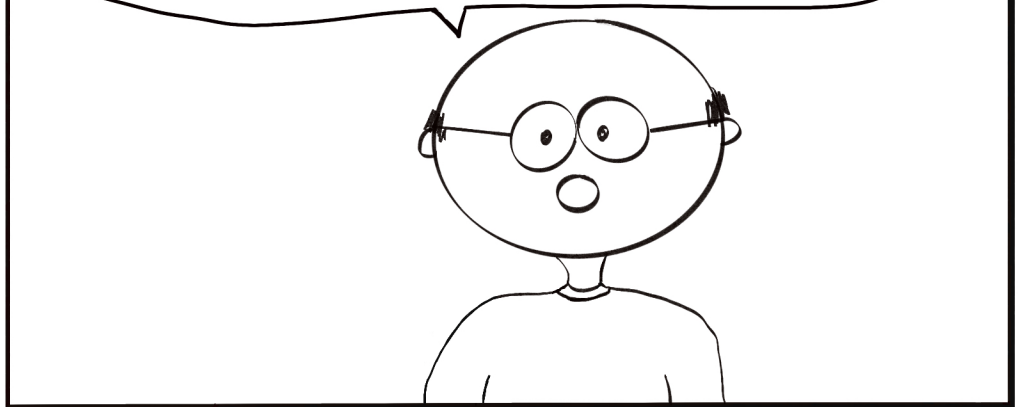
I FIRST HEARD THE TERM "THIRD OBJECT" A MONTH BEFORE EARNING A MASTER'S DEGREE IN ENGLISH.



I WAS IN A NARRATIVE MEDICINE WORKSHOP.



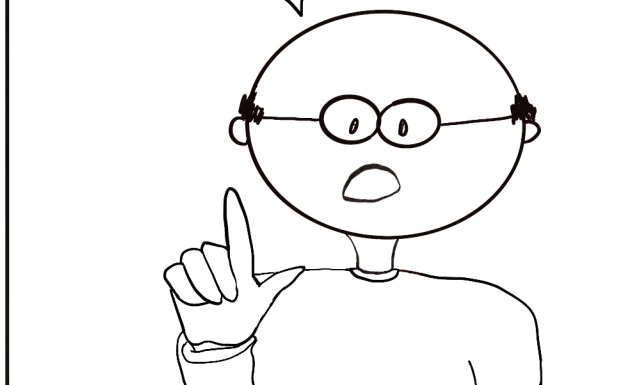
TURN OFF YOUR CAMERAS AND WRITE FOR FIVE MINUTES. REFLECT ON THE THIRD OBJECTS SHARED TODAY AND HOW THEY APPLY TO THE THEME OF "WITNESS."



WAIT, WHAT DO YOU MEAN "THIRD OBJECTS?"



I MEAN THE ART AND POEMS WE DISCUSSED TODAY.



WHY DIDN'T HE JUST SAY "PAINTINGS AND POEMS?" WHERE DOES THIS TERM COME FROM?



THIRD OBJECTS, OFTEN CALLED THIRD THINGS, ARE VISUAL METHOD TOOLS THAT INCLUDE GAMES, PICTURES, VISUAL ART IMAGES, SHORT INTERNET VIDEOS, FILMS OR EVEN INSPIRATIONAL QUOTES.



DR. CONSTANTINO DUMANGANE, JR., RESEARCHER

THIRD OBJECTS CAN BE THE CATALYST FOR CONVERSATION, REFLECTION, AND WRITING IN NARRATIVE MEDICINE WORKSHOPS.



MENU

Accessible Narrative Medicine

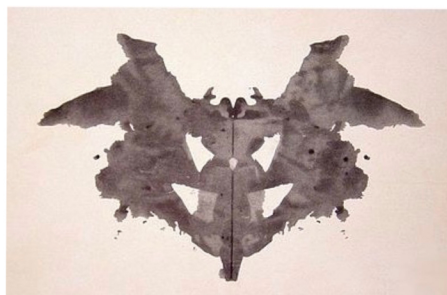
An inclusive digital library for use in facilitator trainings and community workshops.

Workshops

VIEW NOW

Third Objects

THE NORTHWEST NARRATIVE MEDICINE COLLABORATIVE DIGITAL LIBRARY



RORSCHACH INKBLOT TEST



RIGHTLY USED, A THIRD THING FUNCTIONS A BIT LIKE THE OLD RORSCHACH INKBLOT TEST, EVOKING FROM US WHATEVER THE SOUL WANTS US TO ATTEND TO.

PARKER J. PALMER,
AUTHOR OF A HIDDEN WHOLENESS

THIRD THINGS ARE ESSENTIAL TO MARRIAGES, OBJECTS OR PRACTICES OR HABITS OR ARTS OR INSTITUTIONS OR GAMES OR HUMAN BEINGS THAT PROVIDE A SITE OF JOINT RAPTURE OR CONTENTMENT.



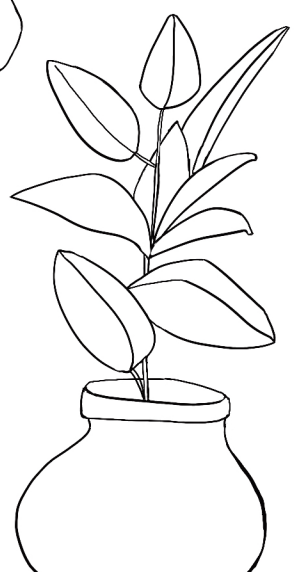
DONALD HALL, POET

THIRD OBJECTS WERE INITIALLY USED IN SOCIAL WORK AND THERAPEUTIC SETTINGS WITH CHILDREN TO HELP REDUCE POWER IMBALANCES.

THIS IS DOLLY. HOW DO YOU THINK SHE FEELS ABOUT HER NEW HOME?

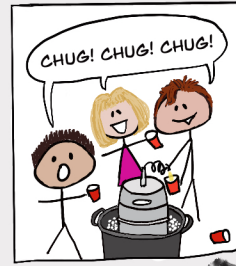


SHE'S SCARED.

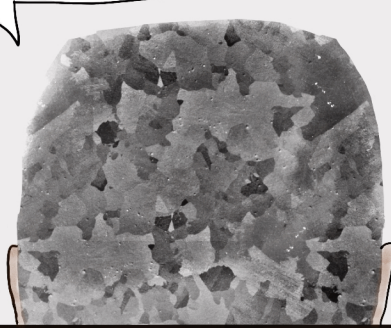


DUMANGANE USES PHOTOS TO EVOKE DISCUSSIONS ABOUT PERSONAL AND SENSITIVE ISSUES.

DO YOU THINK EITHER PICTURE REPRESENTS THE RACIAL DEMOGRAPHICS ON CAMPUS?



I WOULDN'T SAY EITHER PHOTO IS REPRESENTATIVE.



HE ALSO USES VIDEOS SUCH AS "\$#@! WHITE GIRLS SAY TO BLACK GIRLS."

NOT TO SOUND RACIST, BUT...



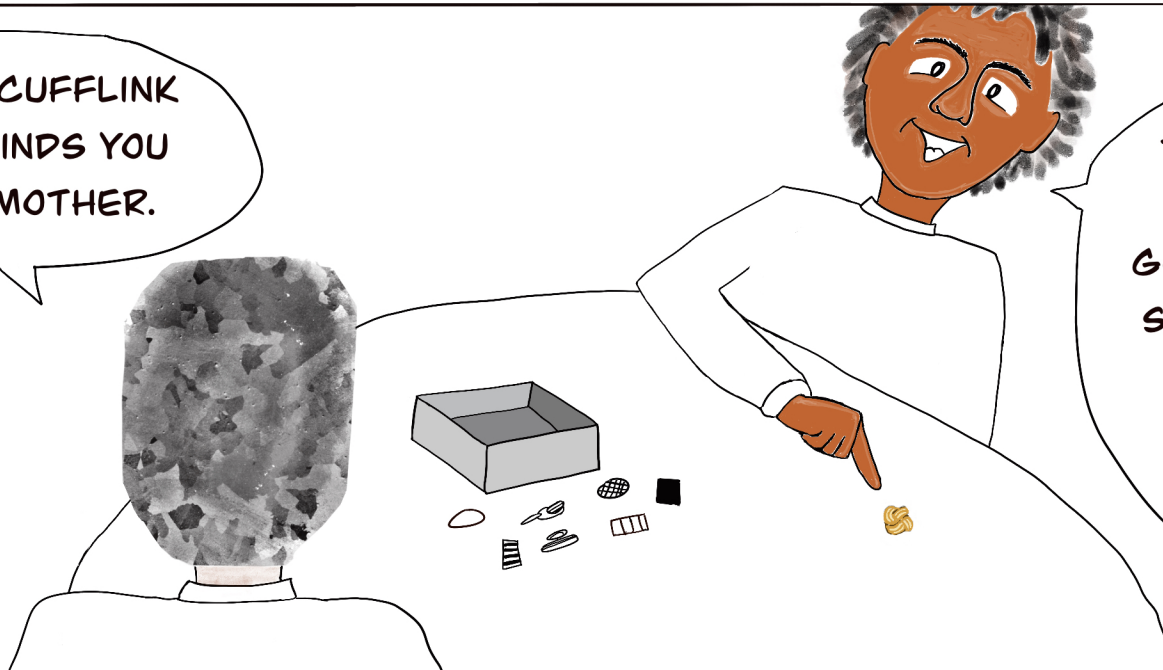
CAN I TOUCH YOUR HAIR?

IT'S ALMOST LIKE YOU'RE NOT BLACK.

IS IT REAL? IT FEELS LIKE A BRILLO PAD.

A THIRD OBJECT CAN HAVE MULTIPLE MEANINGS DEPENDING ON WHO IS INTERACTING WITH IT.

SELECT A CUFFLINK THAT REMINDS YOU OF YOUR MOTHER.



THIS IS FOR MY MUM AND IT'S GOLDEN BECAUSE SHE ALWAYS HAD THE GOLDEN POWERS OF WISDOM.

SEMI-STRUCTURED INTERVIEWS WITH THIRD OBJECTS RENDERED VISIBLE PARTICIPANT REFLECTIONS AND EXPERIENCES.



DR. CONSTANTINO DUMANGANE

OBJECTS CAN ACT AS A DISTRACTION FROM DISCUSSIONS AROUND EMOTIONAL ISSUES BY ENABLING INDIVIDUALS TO USE AN INANIMATE ELEMENT TO REFLECT, FRAME AND ATTACH THEIR OWN MEANINGS.

NOW I KNOW I CAN USE COMICS AS THIRD OBJECTS WHEN I FACILITATE. OH, THE POSSIBILITIES!



FINISH THE LINE "THE SMELL OF THE BAND-AID..."

WHAT THREE WORDS COME TO MIND WHEN YOU SEE THESE IMAGES?

REFLECT ON HOW THESE IMAGES MAKE YOU FEEL.



I CAN EVEN USE MY OWN COMIC!



SOURCES

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ACKNOWLEDGMENTS

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