



UNIVERSITY OF OREGON  
HEALTH SCIENCES CENTER

# NEWS

*Health Sciences Center News is published by the University of Oregon Health Sciences Center to inform students, employees, faculty and friends of the institution of programs, activities and events of interest to them.*

## Administrators stress programs linking Center, VA

*Planning studies are currently underway for site selection for a new Veterans Administration Hospital in the Portland/Vancouver area.*

Although other possible sites in the Portland/Vancouver vicinity will be included in the study, Health Sciences Center and VA administrators are hopeful that the hospital will again be constructed in close proximity to the HSC.

This month, Dr. Lewis W. Bluemle, president of the HSC, and Dr. Charles N. Holman, dean of the School of Medicine, went to Washington, D.C., in an effort to make Oregon legislators aware of the vital and complex inter-relationships between the VA Hospital and the Health Sciences Center.

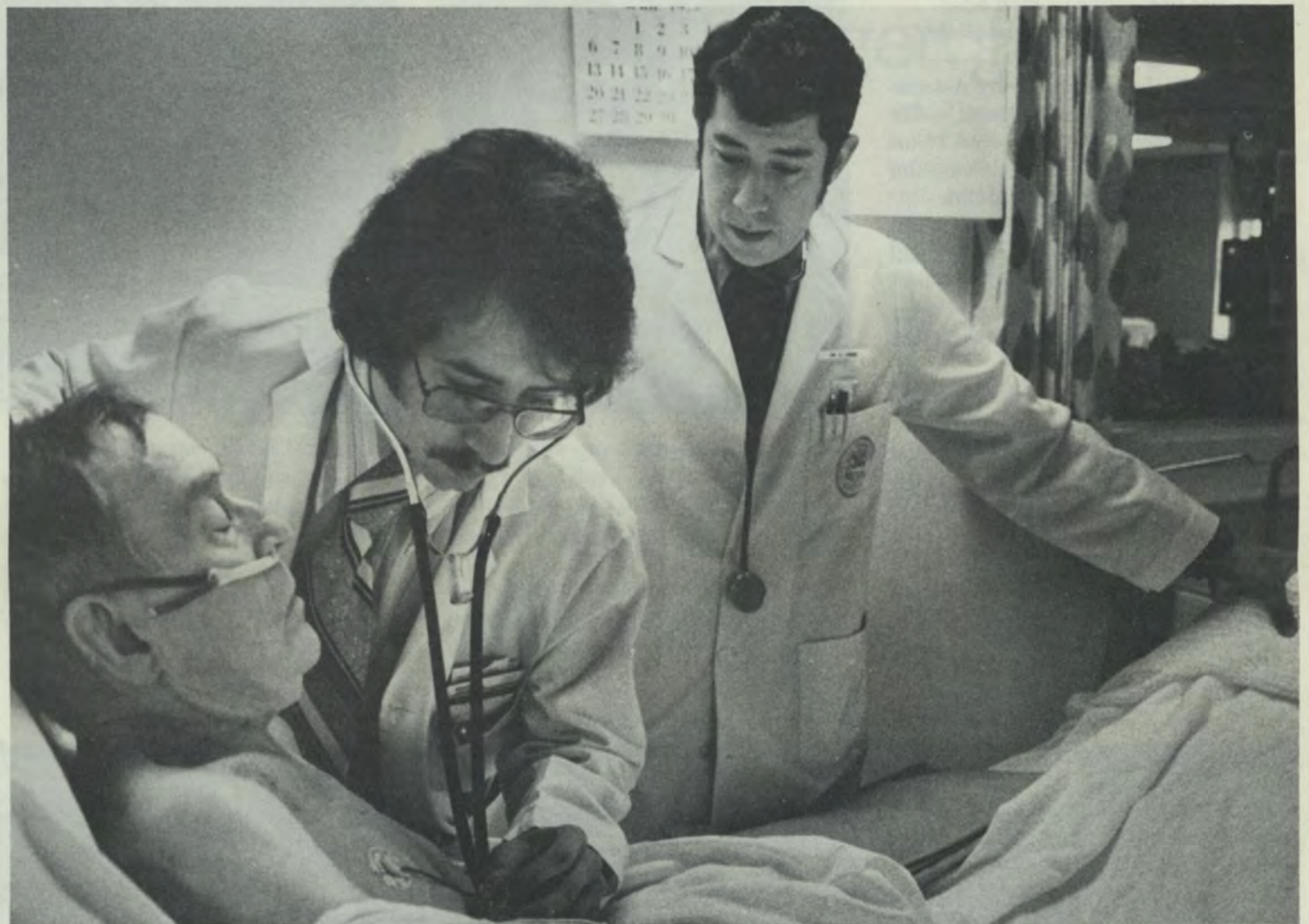
Earlier in the month in Portland, representatives of the HSC discussed the issue with Congressmen Les AuCoin and Robert Duncan and Senator Mark Hatfield.

Drs. Bluemle and Holman emphasize the fact that the quality of medical care received by veterans in the U.S. has steadily improved to current high levels in part because of the policy of constructing VA hospitals adjacent to medical schools.

In addition to heavy reliance by the VA Hospital on personnel and programs at the HSC, the Health Sciences Center is dependent on VA facilities for fulfilling its commitment for education of students in the health professions.

The commitment to increase the classes of medical students by 35 per cent which will be completed in the fall of 1975 could not have been made without the expectation that the VA Hospital would remain adjacent to the campus.

Dr. Holman commented that the



Health Sciences Center has always felt a prime responsibility to assist the VA in providing the highest quality care to veterans. Patient care, teaching, and research programs are closely integrated.

All professional staff members at the Veterans Administration Hospital are included on an equal basis in the Health Sciences Center primary faculty. They are full participating members of their respective HSC departments.

The HSC has actively involved itself in the recruitment of professional staff for positions at the VA. The fact that appointments at the VA include full faculty status at the HSC with opportunity to participate in HSC affairs and the availability of adjacent campus resources has made it possible for the VA to recruit a staff more easily and of higher quality than would otherwise have been possible.

Approximately 80 per cent of the current medical staff of the hospital

*Jeff Israel, center, third year HSC medical student, examines patient in the medical intensive care unit of the Veterans Administration Hospital. Supervising Jeff is Chief Medical Resident Dr. Stephen Ebert, an internal medicine resident at the Health Sciences Center, who is assigned to the VA for a year.*

was recruited for their positions by the related HSC department. In practice (continued on back page)

## Medford couple gives 1,200 acres to Health Sciences Center

*A Medford, Oregon, couple has just made a million dollar gift of land to the Health Sciences Center and Southern Oregon State College.*

Thomas E. Whittle, who deals in real estate and subdivisions in the Medford area, and his wife, Dorothy D. Whittle, have given as a charitable trust 1,200 acres of ranch land 12 miles north of Medford. The land has about one mile of Rogue River frontage.

In about 20 years, the HSC will receive 50 per cent of the assets in this trust, and Southern Oregon State College 35 per cent.

The Health Sciences Center plans to use about a third of the money for scholarships and the remainder in areas showing the greatest need.

Mr. Whittle, who recently toured the Center, commented that he is very pleased with the donation.

"I feel I'll not only be able to help students, but in a way I'll be helping mankind," he said. "I never thought

I could be happy about giving away a million dollars, but the way I feel now I am convinced it's better to give than to receive."

Mr. Whittle's decision to give a large portion of land to the Health Sciences Center was encouraged by some of his associates. He said he hopes his gift will contribute to furthering the fine reputation of Center's schools and hospitals.

"After visiting the Center, I am more enthusiastic than ever," Mr.

Whittle commented. "I hope other people will see the merits of setting up this kind of trust while they are still alive and can actually see the fruit of their labors."

In addition to making this 1,200 acre gift, Mr. and Mrs. Whittle hope to give an adjoining 1,000 scenic acres known as the Table Rock to the federal government for a park or historical monument. Another 14 acres for baseball diamonds in the Medford vicinity will be given to the Little League Baseball Club for boys and girls.



# Scientists use pygmy goats in pregnancy studies

African pygmy goats are contributing to studies on pregnancy underway at the Health Sciences Center. Research by Dr. James Metcalfe, professor of medicine, Dr. Martin Pernoll, associate professor of obstetrics and gynecology, and Dr. Dharam Dhindsa, instructor in medicine, indicates pregnant goats and pregnant women require more oxygen when active than do non-pregnant females.

During controlled exercise on a treadmill the pregnant goat's energy expenditure increases progressively with the growing weight of the fetus. A study of 12 pregnant women exercising on a stationary bicycle reveals a correlary increase in energy demands.

*The scientists want to know if some very active pregnant women could be depriving the unborn child of needed oxygen. The fact that non-active women have larger babies is already established.*

In 1960 the Oregon Heart Association gave the first pair of goats to Dr. Metcalfe, who holds the Oregon Heart Association's chair of cardiovascular research at the School of Medicine.

The herd now numbers 38 adults and 11 kids. Adult females weigh about 50 pounds, males close to 70 pounds and newborn kids average three pounds. The adult herd is housed at the Health Sciences Center.

Dr. Metcalfe said, "The objective of the research is to learn more about the heart effort, blood circulation and oxygen transfer from the mother to the fetus. When we understand the normal fetal growth, we can employ alternatives to provide adequate oxygen to the human fetus when heart damage, high altitude and other influencing factors are present."



According to the scientist, heart damage, blood disease and carbon monoxide poisoning from cigarette smoking or other atmospheric pollutants can reduce the amount of oxygen carried by the blood to the fetus. When the supply of oxygen is low, the baby



tends to be small at birth, starting life with a handicap.

Further studies of oxygen requirements during exercise may add "excessive activity while pregnant" to the list of possible hazards to the unborn child.

*Ten of this year's new baby goats are being cared for during their first few months of life by Mr. and Mrs. Wendall Locke and their three children, of Mountindale. Thirteen-year-old Jan Locke enjoys feeding and romping with her family's new charges.*

## Fears for campus fire station may prove unfounded

Fears that the fire station on the south side of the HSC campus might be closed due to city budget cuts appear ungrounded at this time.

When all city departments were requested to prepare 10 per cent cuts in their budget requests in December, the fire bureau identified three Portland fire stations that could be closed, including Engine Company Number 2 on this campus.

The bureau felt that if the campus

station were closed, the HSC schools, hospitals, and clinics could, if necessary, be served by the station near Portland State University.

Other factors were the relatively few number of fires in this area and the fact that most buildings on campus are of brick construction separated by fire protection walls.

According to Dave Kish, executive assistant to Public Safety Commissioner Charles Jordan, the city commission

will probably vote against closing the station. The vote should be taken sometime before the end of April.

"Commissioner Jordan is strongly in favor of keeping these fire stations open and will recommend this to the commission," said Mr. Kish. He added that the commissioner is well aware of the potential disaster that could result from a serious fire at the HSC.

Captain Joseph Fahey, of Company Number 2, recently commented to

*Health Sciences Center News* that if the campus had to rely on service from the station near PSU, the two greatest problems would be delay in arrival time and the new station's lack of familiarity with this complex campus.

"These are big buildings, and it's difficult to locate the source of trouble," the captain commented. "Just finding the location of the reported fire would be time-consuming, especially in the beginning."

### HEALTH SCIENCES CENTER NEWS

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University of Oregon Health Sciences Center, 3181 S.W. Sam Jackson Park Road, Portland Oregon 97201

Lewis W. Bluemle, Jr., M.D.,  
President

Joseph J. Adams, Vice President  
for Planning and Resource  
Development

Mary Ann Lockwood, Editor  
Susan Pogany, Managing Editor  
and Photographer

## Librarian search committee continues work

*The librarian search committee is well on its way toward selecting a new head librarian for the Health Sciences Center.*

The committee expects to invite between one and three of its top prospects for the post to the Center for interviews next month.

School of Medicine Librarian Margaret Hughes will retire June 30. The search committee, under a directive from Health Sciences Center President Dr. Lewis W. Bluemle, defined the new librarian's responsibilities as covering the needs of the entire Center.

"The library has an annual budget of \$366,000 and a large staff, so we are

looking for a candidate with administrative ability," pointed out M. Ronald Parelius, chairman of the search committee.

After defining the duties of the new librarian, the committee sent letters to all health sciences libraries in the country, to schools of librarianship, and to the head librarians of all medical, dental, and nursing schools, requesting names of potential candidates. Advertisements were placed in appropriate media.

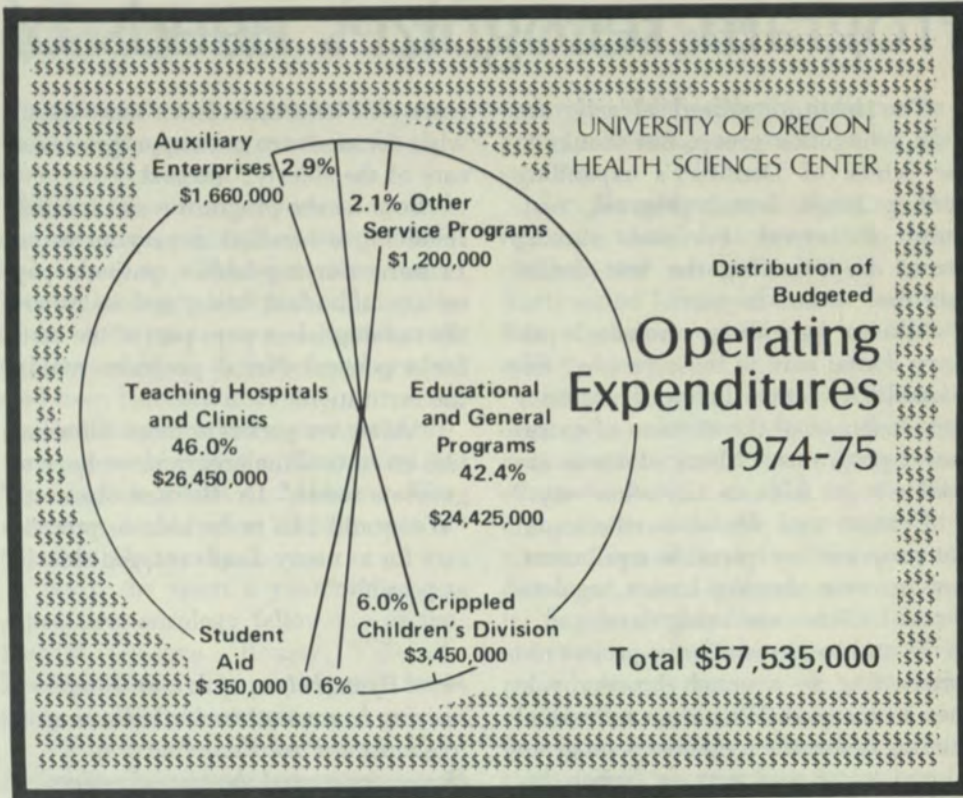
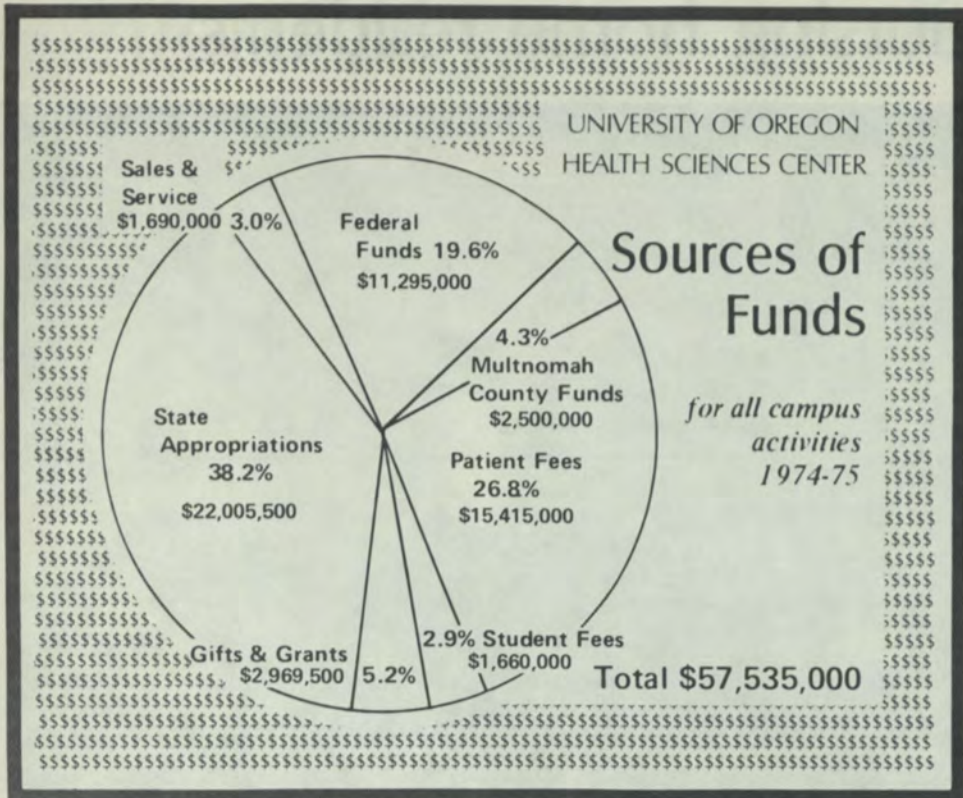
A total of 41 librarians applied or were nominated for the job, and as of press time, the committee had narrowed this number down to 10.

Next the search committee must select its top three choices and invite

these individuals to the campus for interviews with the president and committee. President Bluemle will make the final selection.

In addition to Mr. Parelius, members of the search committee are Evelyn Schindler, associate professor of medical and surgical nursing; Gerald Miller, Director, progress instruction, medical-surgical nursing; Dr. LeGrande Woolley, associate professor of pathology, School of Dentistry; Dr. Patrick Nalbome, director of the division of instructional development, School of Dentistry; Dr. William Morton, head, environmental medicine division; Dr. Richard Talbott, assistant professor of physiology; and Dr. Clare Peterson, professor of surgery.





## Health Sciences Center biennial budget grows

Even to the casual observer, expansion of the UOHSC has been obvious as new buildings appear, parking becomes scarce, and new faces crowd the busy offices and corridors. Less obvious, but equally remarkable, has been the growth of financial operations at the Center.

The HSC budget for the 1973-75 biennium reached \$110.7 million. The proposed 1975-77 biennium budget totals \$134 million plus an additional \$14.3 million for salary and wage expenses (total \$148.3 million).

Where does money come from to operate the UOHSC? The Center, like virtually all state universities, is in reality a joint financial venture of several entities.

Although the State of Oregon contributes significantly to the support of the HSC, state appropriations account for less than one-half of the university's operating funds. Federal and county funds, patient and student fees, sales and services income, and gifts and grants make up the remainder of the HSC education dollar, as shown by the chart above on the left.

University expenditures, like household budgets, include the essentials and the extras. Good faculty and staff, instructional facilities, and buildings and ground maintenance are part of the essentials. The extras, which mean the difference between mere existence and top-quality programs, involve such items as scholarship assist-

ance, visiting professorships, advanced teaching aids, and expanded library facilities.

The chart on the right above conveys the relative distribution of HSC expenditures. Expenditures for the teaching hospitals and clinics comprise almost half of the total expense budget; educational and general programs (which include gifts, grants and contracts) total approximately 42.4 per cent of the expense budget. Student aid, service programs, Crippled Children's Division, and auxiliary enterprises (cafeteria, bookstore, etc.) comprise the remainder of the expenditures.

Another phase of budget distribution involves expenditures by type of

cost. The majority of the HSC dollar is spent for personnel-related costs (approximately 60 per cent). Equipment costs represent less than 2 per cent of the total operating budget. The remaining 38 per cent (approximately) represents services and supplies (much of which is also personnel-related expenditures).

MARLYS LEVIN

*At a special breakfast meeting April 8 honoring Dr. Kenneth Endicott, far right, administrator of HEW's Health Resources Administration, Dr. Lewis Bluemle discussed health manpower legislation with Dr. Endicott and HEW Region X officials John D. Whitney, second from left, director of the division of resource development, and David Johnson, health administrator.*





# Program recognizes needs of nursing home residents

The institutionalized elderly are often a forgotten group. But thanks to the School of Dentistry's expanding nursing home dental program, residents of several Portland nursing homes are receiving the best dental care they've had in years.

"We're providing on-going, primary dental care to these people," explained Dr. James Bennett, professor and chairman of the Division of extramural programs. "Many of them are unable to get this care any other way."

Dentists and dental auxiliaries in the program use portable equipment, and in some nursing homes, modern dental facilities are being developed.

Dental hygienists in the program are functioning in a much broader role than in the past. Within an individual nursing home, the hygienist is program administrator and acts as liaison between the patient's family, the nursing home, and the program. (Before a resident is treated by the dental team, permission is needed from his family or trustee.)

A major aim of the project is establishing a teaching-service field program for dental students and dental hygiene students.

"We hope to rotate students through the program for five- or six-week periods so they can gain an understanding of what it means to grow old and be institutionalized. Hopefully, the exper-

ience will help them learn more about what decisions are most appropriate for care of the elderly," he said.

Because the program is not funded, financing is handled in varying ways. In some nursing homes, patients pay on an individual basis, and in others the nursing home pays part of the costs for a general dental program within the institution.

"After we generate more information on costs of the program, we hope to get state funds," Dr. Bennett observed. "We would like to be able to provide care for as many disadvantaged elderly as possible."

*Pearl Ryan, below, of Mt. St. Joseph's nursing home, and Jackie Volkening, hygienist at Park View Nursing Home, are part of the special project.*



## School of Nursing establishes honor society to promote excellence

*An honor society to promote "excellence in nursing" has been established at the School of Nursing.*

The society's first 50 members were inducted at a special ceremony on campus April 4. They include fourth-year students, alumni, and faculty.

Goals of the new organization include the following:

- recognize superior achievement.
- recognize the development of leadership qualities.
- foster high professional standards.
- encourage creative work.
- strengthen commitment to the ideals and purposes of the profession.

Members of the group say they plan to make the society an educational force in the field of nursing.

Among their plans are establishing a scholarship fund, a student tutoring service, and an outstanding student award. They will also have workshop meetings on research and current problems.



At the society's May 16 meeting, officers will be installed. A representative of Sigma Theta Tau, the national honor society, will be present to evaluate the group's progress.

The new local society hopes to become a chapter of Sigma Theta Tau. In order to qualify for national recogni-

tion, the local society must show it has gained support of the faculty, community, alumnae, and the Health Sciences Center as a whole.

Bernice Jones, associate professor of pediatric nursing, chaired the steering committee of faculty members which organized the society.

*Carol Flood, center, instructor in medical-surgical nursing, and Christine Boatright, School of Nursing alumna and staff nurse on 13A, instruct student Lynn McConnell in giving a pediatric patient a neurological examination. The three were recently inducted into the honor society.*

## VIPS

**Service Anniversaries—  
From Personnel**

### APRIL

#### Five Years

Ronald Freeman, physical plant  
Sandra Siegner, medical genetics  
Phyllis Schomer, UHS nursing  
Rose Haverluk, UHS nursing  
Carol Storer, UHS central supply  
Jane Michaud, OPC nursing

#### Ten Years

Helen Katagiri, UHS nursing

#### Fifteen Years

Otto Erl, physical plant  
Loren Pickett, UHS nursing  
Grace Sebastian, clerical supervisor,  
School of Dentistry

#### Twenty Years

Frances Joseph, medical records

#### Moving Up

Jackie Davenport, programmer to programmer sr., comput serv  
Mary Donaco, educ proj aide to clerk 1 T, radiology  
Judith Page, RN 2 to RN 3, UHS nrsg

Vicki Shookhoff, clerk 2 T to clerk 3 T, cashier's office

Penny Cobb, RN 1 to RN 2, UHS nrsg  
Edith Emerson, clerk 2 T to clerk 3 T, UHS pat's bus office

Judith Kanz, clerk 1 T to clerk 2 T, medical records

Geneva Schultz, laundry wkr 1 to cust wkr 2, hosp hskpg

Kimbra Farrin, lab aide to lab asst 1, clin path

Michael Lester, laborer 1 to laborer 2, physical plant

Loretta Jacobs, lab asst 1 to hosp aide, UHN nursing

Sally Rogers, clerk 2 T to clerk 3 T, oral diagnosis

Verne Woznach, programmer to computer sup 1, computer services

Rosalinda Blackwood, hosp aide to LPN 1, UHN nursing

July Moss, clerk 1 T to clerk 2 T, medical records

Kathryn Lane, RN 1 to RN 2, UHN nursing

Claude Neal, maint rpr wkr 1 to maint rpr wrk 2, School of Dentistry

#### Retirements

Sterling Sorenson, clin path, School of Medicine

Ella Fair, School of Dentistry

Thelma Cook, media relations  
Mary Lou Moore, UHN



# Stanford physician recalls days as HSC nurse



**DR. SARAH DONALDSON**  
Stanford University physician

*"I feel very strongly toward the University of Oregon Health Sciences Center. I kind of grew up there, and still have many friends on the campus. Had I not worked there, I probably would not be a doctor today."*

Dr. Sarah Donaldson's memories of the Health Sciences Center go back many years. As a teenager, she did volunteer work at the old Multnomah Hospital, and then worked as a nurse's aide. In 1961 she was graduated from the University of Oregon School of Nursing.

Dr. Donaldson is now an assistant professor of radiology at Stanford University Medical School. An account of her breakthrough research in radiology was written up in the January issue of *Medical World News*.

Her decision to become a doctor was closely tied in to her three years' experience as a research assistant working for Dr. William Fletcher, professor of surgery at the UOHSC.

"I received tremendous support from Dr. Fletcher, followed his advice,

and took night school pre-med classes, while continuing my work in the department of surgery.

"With his encouragement, I applied and was accepted at Dartmouth Medical School in 1964 when they were just beginning to accept female applicants. After two years, I transferred to Harvard Medical School and graduated from Harvard in 1968."

Dr. Donaldson did a straight medicine internship at the University of Washington School of Medicine. Her residency in radiation therapy was at Stanford University.

Next, she spent a year abroad on a pediatric oncology fellowship at the Institut Gustave - Roussy, Villejuif, France. There, she participated in a study of radiation enteritis.

Medical news media in the U.S. hailed Dr. Donaldson's recent report of the study presented at the 16th annual meeting of the American Society of Therapeutic Radiologists in Key Biscayne, Florida. Her paper appears in the April issue of *Cancer*.

The study shows that youngsters given abdominal irradiation for cancer may—if they survive the malignancy

—develop severe delayed radiation injury, presenting as small bowel obstruction.

Dr. Donaldson and others on the research team discovered that these children are markedly helped by a fractionated low residue, low fat diet, free of gluten and free of milk and milk products.

She reviewed the cases of all children who received whole abdomen radiation for cancer at the French institute from 1961 to 1972. Of 44 children, there were 14 long-term survivors. Five of these 14 (36 per cent) developed severe delayed radiation enteritis, presenting as a small bowel obstruction in which a decompressive procedure was not possible. Although dietary therapy had not been tried before in such cases, the French pediatricians felt it was warranted.

The children were given the special diet from one to two years. Response to the dietary management was dramatic.

The investigators are now studying the possible prophylactic use of dietary management given during the course of radiation.

## Memorial gifts mean better health care for all citizens

A gift of better health care for all citizens — that is what memorial gifts in tribute to a family member or friend can mean.

Memorial funds may be contributed to the Health Sciences Center in several ways. Gifts may simply be sent to the Advancement Fund for general purposes to be designated by the Board, or the family may specify that the funds be used for a particular purpose.

In addition, a permanently named fund may be established for a specific

purpose at the Center, including patient care, education programs, student aid, and investigative activities. With the establishment of a named fund, such as the "John Jones Memorial Fund," gifts may be added at any time.

Endowed memorials also may be established, with annual income available only for the designated purpose.

Most memorial gifts are in the form of cash or checks, but securities, bonds and other negotiable instruments are

also frequently given.

To establish a memorial fund, family or friends should notify the Advancement Fund office of their intent, giving pertinent information.

This should include the name of the deceased, purpose of the funds, and name and address of the individuals establishing the fund.

Memorial gifts are acknowledged by the Health Science Center, and notifications are sent to the family of the deceased.

All gifts should be accompanied by the name and address of the donor, the name of the person in whose memory the gift is given, the family address, and the purpose of the gift. All contributions are deductible to the extent of the law. Checks should be payable to:

The Advancement Fund  
University of Oregon Health  
Sciences Center

3181 S.W. Sam Jackson Park Road  
Portland, Oregon 97201  
Telephone: (503) 225-8223

## Sellwood youngsters benefit from nursing project



A challenging, new way of delivering primary nursing care to families is being developed by students and faculty of the School of Nursing in collaboration with a community health nurse in the Sellwood area.

Psychiatric and pediatric nursing faculty are working to help families understand and deal with the complexities of the health care delivery system.

One night each week, parents participating in the project bring their children to the Woodland Park Mental Health Center. While Bev Kole, com-

munity health nurse, and Sandy Talley, psychiatric graduate nursing student, meet with the parents for lively discussion of social and health-related problems, nursing students and faculty work with youngsters in a nearby play area.

The students plan special play activities which allow the children forms of self-expression. Each child is assessed, and a plan is developed to give the child maximum opportunity for social and emotional development.

Heide Klammer, junior pediatric nursing student, gave an example: "One child was using violent behavior to gain attention. He was violent in his affection. I showed him more appropriate ways to express himself and gave him affection when he was not acting up. He began to feel more secure, and now he participates in a more spontaneous and sharing way."

The students discuss their observations with the children's parents and suggest ways to further the child's development.

Parents in the group discuss the complexity of social and health problems they face, and nurses leading the group help them find ways to cope with their problems and use community resources that can assist their families.

Parents express enthusiasm for the

project and feel reinforced not only by the group leaders, but also by each other.

"They have developed the group as a support system. Before they felt isolated; now they're sharing baby-sitting and rides and call each other on the phone to talk over problems and discuss agencies that can help," said Michaelle Ann Robinson, assistant professor of child psychiatric nursing.

Students participating in the project see another kind of benefit.

Jan Hartley, junior in pediatric nursing, pointed out, "We are applying what we learned in class to working with actual children in a social environment. We are seeing how different nursing disciplines work together. And we are seeing children with problems from a different angle than we see in the hospital on campus. The project deals more with family-centered problems, how they affect the child, and how the child affects the family."

"This experience also gives us a better understanding of how to care for children in the hospital environment," commented Jane Gott, senior in psychiatric nursing.

"One of the most valuable results of the experience for me was the opportunity to assess the health of families and children in a complex social system and to give the most direct kind of nursing care," observed Sandy Talley.





# Unit aids patients when their worlds collapse

Police find a man hugging a telephone pole and weeping on West Burnside.

A mother discovers her daughter slashing her wrists.

An old man becomes increasingly unhappy and suddenly hits one of his neighbors.

A middle-aged woman whose children have grown up and left home turns on the gas jet in her kitchen.

Where can these people find psychiatric help?

*The Health Sciences Center's crisis unit for the psychiatrically disabled has helped with these problems and hundreds of others since it was established in 1969.*

The unit's director, Dr. Duane Denney, professor of psychiatry, describes the 11-bed, University Hospital North wing as "a very busy place. In fact, about 85 per cent of our patients come here from our own emergency room.

"Patients come here for many reasons," Dr. Denney remarked. "It may be because they're suffering from one of the traditional mental illnesses such as schizophrenia or manic-depressive disorder, or perhaps brain damage or injury, or it may be related to a major personal or social upheaval in their lives that they are temporarily unable to cope with.

"The average stay of our patients is short, so we do not have many long-term formal psychotherapy programs," the director pointed out.

"We have group therapy sessions once or twice a day, and we do a lot of personal counseling."

Medical personnel on the unit include the director, three residents, two senior medical students, nurses, and psychiatric technicians.

"Many of the patients are pretty upset when they first come here. But most quickly sense our non-judgmental and non-punishing concern for their difficulties. We try to help people recognize their assets as well as their liabilities. There is also a lot of patient-to-patient therapy going on.

"Although we often refer patients to outside therapists when they leave, we are frequently successful in getting patients on their feet and back into the mainstream of their lives without other treatment.

"A patient may feel that his world is collapsing around him. We try to give him a feeling that we care. We try to meet him at the door and introduce him to the staff member who'll be his confidant throughout his stay. We try to combat the feeling of institutionalization, and I think that's one reason the unit is so successful," the physician added.

Dr. Denney explained that the unit has four major functions: 1) primary patient care for HSC patients from the emergency department, other clinical services, and the student health service; 2) as a holding facility for psychiatric patients awaiting action of the probate court of Multnomah County; 3) as a research facility using patients on a volunteer basis; and 4) as a training facility for HSC medical students, psychiatric residents, student nurses, and psychology interns.

Research being done in conjunction

with the crisis unit is focused on the effects of psychotropic drugs and on specific mental illnesses.

The physicians are currently studying the effects of psychotherapeutic drugs on visual function and have, for several years, been investigating drug effects on neuronal systems.

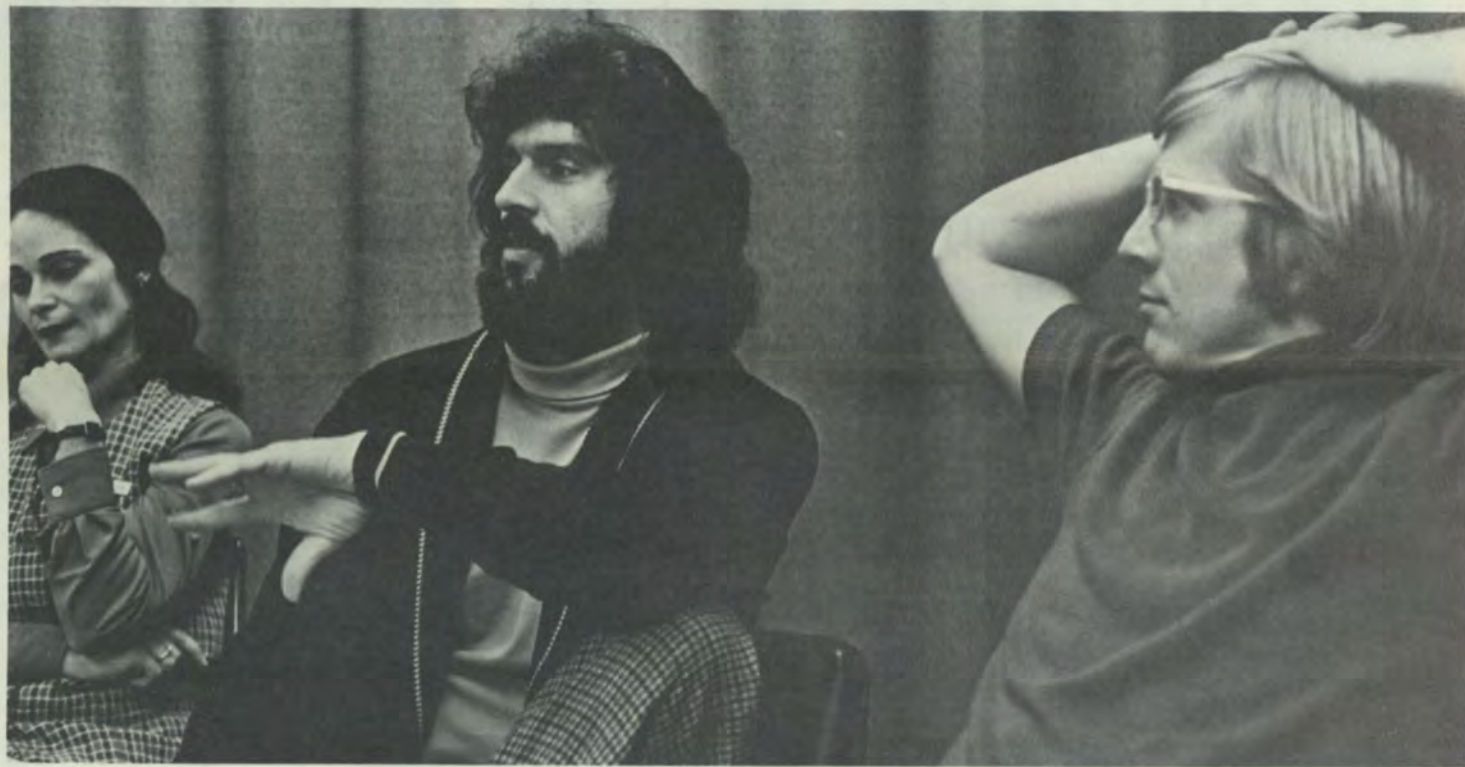
Another project deals with the relationship between brain wave changes and abnormal behavior in patients with severe schizophrenia.

The best known research done on the unit is related to developing methods for rapid withdrawal of narcotics in narcotic addicts.

Dr. Paul Blachly, professor of psychiatry, has pioneered the use of a narcotic blocking agent, naloxone, which cuts normal withdrawal time (up to three weeks) down to only 24 to 36 hours.

*During morning "problem and approach" sessions, Dr. Denney (photo above right) discusses each individual patient's case with (photo below, l to r) Judy Espasandin, nurse, Dan Coker, psychiatric technician, and Jim Knapp, graduate social work student.*

Dr. Denney commented, "Units like ours have developed to try to get help to people with problems in living. That help should be early, vigorous, and easily accessible. Maybe we can help get rid of that spectre so many people associate with psychiatric disability, the sombre, dehumanized institution out in the country some place. It seems to me that we're learning how to do that."



## Bylaws approved

New staff bylaws for the Health Sciences Center were approved by the State Board of Higher Education March 25.

UOHSC President Lewis Bluemle said the bylaws eliminate one of the most significant deficiencies cited by the Joint Commission on Accreditation in denying hospital accreditation.

The Health Sciences Center has appealed the decision, and until the appeal process is completed, the hospitals will retain the provisional accreditation granted in November, 1973.

## Physician dies in ski trip accident

Dr. Richard Selden, assistant professor of medicine at the Health Sciences Center, was killed in a skiing accident on Mt. Hood March 30.

Dr. Selden was one of four cross-country skiers who had camped on the brink of a ridge that was struck by a sudden wind and snow storm. The physician was blown over a 400-foot ridge by 60 to 70 mile an hour winds.

Dr. Selden was graduated from Harvard Medical School in 1965. He served his internship and residency at Peter Bent Brigham Hospital and was named a fellow in cardiology at Massachusetts General Hospital in 1970.

Author of numerous publications, Dr. Selden took part in a small pox eradication program in West Africa in 1969.

*During the School of Medicine's April Scientific Meeting, this photograph was found in an old publications file, bringing back memories for members of the Forceps Four, the singing medical student quartet. At a Christmas wassail in about 1953 were quartet members, l to r, Robert Day, Gerald Creary, Eugene Petroff, and (far right) Richard Lalli. Dr. Lalli was 1974-75 alumni president. HSC News was unable to identify the nurses in the photograph.*

## Volunteer of the month

April's volunteer of the month is Ruth Stroemple, of Sherwood. Ruth has worked in pediatrics on 13B UHS for about a year for a total of 805 volunteer hours. Because love and attention are important for hospitalized infants, Ruth's duties include rocking, holding, feeding, and bathing babies. Marla Clark, director of volunteer services, commented that Ruth is so dependable and diligent that staff on her ward sometimes forget she is a volunteer and think she's an employee.





# Newsmakers

*Dr. David Rosenstein*, associate professor of extramural programs, School of Dentistry, and *Dr. Harold Osterud*, professor and chairman of the department of public health and preventive medicine, School of Medicine, were among those speaking in favor of a bill before the Oregon legislature which would require fluoridation of water in many communities in the state.

Although one opponent of the bill linked fluoridation with cancer, Dr. Rosenstein pointed out that Texas has five parts per million of fluoride in its water, and the death rate from breast cancer there is one-third that of New England, most of which does not have fluoride in the drinking water.

## Weiser named to HSC position

Paul R. Weiser has been appointed director of development for the newly designated campus-wide development office.

The development office will coordinate and promote the various fund raising activities and organizations affiliated with the Health Sciences Center.

Mr. Weiser was formerly director of development for the School of Medicine, and is executive director of the School of Medicine Advancement



**PAUL WEISER**  
director of development

*Dr. Timothy Lee*, assistant professor in diagnostic radiology, recently spoke at a symposium on radiologic technology in Medford, Oregon. Dr. Lee discussed ultrasound.

*Dr. Charles Faust*, assistant professor of surgery, was one of four recipients of fellowships given by the national Veterans of Foreign Wars Auxiliary for cancer research.

*Dr. Jack B. Blumberg*, senior clinical instructor in surgery, has been installed as 1975 president of the Emanuel Hospital medical staff.

*Dr. Alton R. Wiebe*, clinical instructor in family practice, has been named vice president of the staff.

*Amy S. Nelson*, sophomore in the School of Nursing, is the recipient of

the Pocahontas Nursing Scholarship given by the Colonial Dames of the 17th Century to an Indian girl. Amy, who is from a village of 450 persons in Alaska, was guest speaker at the Colonial Dames recent annual state meeting in Portland.

*Vicki Shookhoff*, clerk typist in the cashier's office, played second lead in the Portland Opera's recent production of "The Elixir of Love" by Donisetti. Known on stage as Victoria Miller, Vicki played the role of the peasant girl, Giannetta.

Vicki, who hopes to make a career in opera, won the Metropolitan Opera auditions in the Northwest regional competition in 1973. Her husband is assistant conductor with the Portland Opera.

*Dr. J. David Bristow*, chairman of the department of medicine, gave a public lecture entitled "A Look at Heart Disease in America" in February at the Oregon Museum of Science and Industry.



The State Board of Higher Education has gained two new members. *Dr. Louis Perry* is president of Standard Insurance Co., of Portland. He is past president of Whitman College and serves on the boards of numerous professional and civic agencies.

New Board Member *Mrs. Jane Carpenter*, of Medford, has worked on two educational planning and advisory committees for the state, and is active on other boards and programs.

*Dr. Robert L. Bacon*, professor of anatomy, was featured by KGW-TV March 24 in an Evening News series concerned with nuclear power plants.

*Dr. Miles Novy*, associate professor of obstetrics and gynecology, was a guest March 31 on KATU-TV's

"Watch What's Happening." Dr. Novy discussed infertility and artificial insemination.

*Dr. John Aitchison*, associate professor of clinical pathology, was interviewed in a news spot April 3 on KATU-TV concerned with the toxicological effects of aerosol sprays.

*Dr. Joseph Matarazzo*, professor and chairman of the department of medical psychology, and *Dr. Edward Scott*, associate clinical professor of psychiatry, were featured April 4 on KGW-TV's evening news. The two discussed the certificate presentation to paraprofessional alcoholic counselors.



*Michele Wiley*, former information representative at Portland State University, has been named media relations officer for the

Health Sciences Center.

Mrs. Wiley will serve as liaison between the HSC and local, state, and national news media.

Her past experience includes a broad background in media relations at PSU since 1968.

Before coming to Portland State, she was a writer for the information office of the Nixon-Agnew Campaign Committee. During the campaign, she worked with members of the Nixon family in addition to a variety of duties. Mrs. Wiley had a newsroom assignment at the Miami convention.

Mrs. Wiley will replace Media Relations Officer Thelma Wilson Cook, who is retiring after 14 years on the Hill.



*Linda Nimz*, clerk-typist in the Outpatient Clinic since March 13, was chosen third-runnerup in the Oregon Miss Universe contest held at the Greenwood Inn in March. She was one of 19 contestants. Linda attends modeling school and hopes to launch at parttime career in modeling. This was the first pageant she has entered.



A personnel office is now located in University Hospital North to serve UHN, University Hospital South, and the Outpatient Clinic.

Appointed to staff the office in UHN 2116 are *Newell Miles*, personnel officer, and *JoAnne Loeb*, personnel specialist.

Mr. Miles was director of personnel services at St. Vincent Hospital and Medical Center from 1961 to 1973.

Mrs. Loeb, former administrative assistant in the department of dermatology, School of Medicine, transferred to the personnel office as personnel specialist in August, 1974.

*X-ray Technician Becky Kruse* played Easter bunny last month and gave daffodils to all patients. In return, seven-year-old *Helena Nilsson* gave her a quick portrait.





# Proximity of VA to Center is vital to excellent patient care

(continued from page 1)

ally every instance, the individual would not have accepted the position at the salary available were it not for the close HSC relationship.

*In addition, some staff members have major responsibilities in both institutions, making it unnecessary for each organization to employ a full-time person.*

During past years, there have been a number of temporary situations in which the VA Hospital has had crucial professional staff vacancies in which the HSC has assigned faculty members on a nearly full-time basis to provide patient care assistance to the VA.

There are numerous specific areas in which reliance of the VA on the Health Sciences Center is especially important.

For example, the HSC has an extensive cancer therapy program and various research studies in this field. HSC faculty in these programs participate in therapy of VA patients. They attend the weekly tumor board at the VA at which treatment for each patient is discussed by experts from different disciplines. All patients requiring X-ray therapy are treated by HSC faculty members.

Patients requiring treatment by super-voltage equipment must receive therapy at the HSC because the VA does not own such equipment.

Another area of close cooperation is the VA's surgical service which has been fully integrated with that of the HSC since 1960.

*Faculty members in all of the surgical specialties are available for consultation and provide a depth of skilled surgical back-up to the VA 24 hours a day.*

The surgical service at the VA is an important part of the HSC's specialty training program. It also brings to the hospital a group of young, carefully selected surgeons to assist the VA staff.

In the area of medical care, the chairman of the department of medicine at the HSC spends the equivalent of one full day per week at the VA Hospital.

For several years, the HSC has worked closely with the VAH in planning the development of an expanded ambulatory care program at the VAH. The HSC will provide invaluable back-up resources for this important new program.

The two institutions' pathology services are fully integrated, and an exchange program has been developed for cytotechnologists.

Another area of close cooperation



is open heart surgery. The HSC provides the professional staff for this surgery, meeting a major need of veterans.

In the area of nuclear medicine, the two institutions are planning a single division with one chief. A cooperative training program is being developed in this field.

*The steady growth of research programs at the VA Hospital has brought tangible benefits to veterans.*

Approximately \$400,000 is currently expended annually in support of 32 research projects in progress at the VA Hospital. Twenty-seven of these projects involve daily collaborative efforts with HSC faculty.

Investigators and Center faculty not only share their knowledge, but also the use of valuable equipment which would otherwise not be available to the VA staff.

The two medical centers also have a mutually beneficial relationship in the area of student and resident training.

*The straight medical internship and all residency programs at the VA are fully integrated with those at the HSC to the effect that these programs operate as one.*

Appointments are made on a single basis with interns and residents rotating between the institutions in the course of their prescribed educational

program. At any one time, 82 interns and residents are on duty at the VA.

The majority of the initial instruction of medical students in the diagnosis and treatment of patients is best conducted in the hospital setting. The wards of the VA Hospital are important resources for the Schools of Medicine and Nursing.

Approximately 50 per cent of the medical and 40 per cent of the surgical instruction of medical students occurs at the VA.

*The School of Nursing and the nursing service of the Veterans Hospital have a close relationship which involves the use of the VA for clinical resources and experiences for nursing students in both the baccalaureate and masters programs.*

Each year, 150 to 180 nursing students, both graduate and undergraduate, receive some of their clinical nursing experience in the VA Hospital. The VA nursing service has indicated that the assignment of the students by nursing faculty has made marked changes in a number of the services in the hospital.

They comment that, "The advanced students' skills in patient evaluation, intensive care nursing and psychiatric nursing have been a very positive influence in the mutual efforts to improve specialty care."

During the past year the assignment of students to the rehabilitation service has been most effective in pro-

*Sophomore students learning rehabilitative nursing and physical assessment at the VA Hospital get a lesson in how to move a patient with a Davis roller from R.N. Glenda McCall.*

viding nursing skills that have helped improve patient morale and care.

Graduate students are engaged in specialty work and clinical studies in such areas as respiratory care and the metabolic unit which have been valuable for in-service education of staff nurses and have been instrumental in solving nursing care problems.

The School of Nursing has become a major recruitment resource for the VA, and many graduates are now serving in advanced positions.

Summing up the relationship of the VA and the HSC, Dr. Mark Vetto, chief of surgery at the VA hospital, commented, "The Health Sciences Center is an important resource to the Veterans Hospital since it produces a level of patient care which is not obtainable by any other practical means.

"The close geographic relationship between the two institutions is absolutely essential since it allows personnel to move easily between the two centers several times daily if necessary.

"Any planning which tends to remove the Veterans Hospital geographically from the Health Sciences Center will alter the present relationship, interfere with the level of expert staffing and teaching which now exists, and ultimately lower the level of care which the veteran patient now enjoys."

## Firms chosen

The Veterans Administration has selected the following three firms as a planning consortium for site selection for the new VA Hospital in the Portland/Vancouver area: Lester Gorsline Associates, San Rafael, California; The Rex Allen Partnership, San Francisco; and Balzhiser, Longwood, Smith, Paul and Anderson, of Eugene.

The planning study, which is scheduled to start in June, will require between eight and nine months.

HEALTH SCIENCES CENTER

# NEWS

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HEALTH SCIENCES CENTER  
3181 S.W. Sam Jackson Park Road  
Portland, Oregon 97201

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