

## RX

What gives us *olaga*  
What gives us soifua maloloina

Only heal the  
Physical  
Pain

Our hypertension  
Is a reflection  
Of the stress  
And salty diets forced upon us  
As our culture was stolen

What could I prescribe  
For our kidney failure  
When we can no longer filter  
What is us  
What is them

The rationed insulin  
The hard pills to swallow

What prescription  
Can be written  
To heal  
the  
Trauma  
We have  
Survived

What could I prescribe  
  
For our diabetes  
Are from the  
Sugar Sweet Keys  
And  
Locks we long to open

When we need to  
Transplant  
The essence of what we were  
To live a life  
We are not meant to

To adopt  
Words, ways, woes  
That are not ours to  
Hold

What could I prescribe

For the transgenerational trauma  
Rooted in my ancestors  
That grows in  
My *aiga* today  
Like the undertow  
Pulling us  
To the past

The generational  
Pain  
Of losing more of our island  
Every year

What medications, treatments, procedures  
Could I prescribe  
To heal my people

As a student

A product of toil, taro, and *toa*  
A first generation college student  
An advocate wanting to fix everything

The only thing I can do

Is go to class  
Honor my ancestors  
And persevere