POSITIONED IN THE NON-DYSNORPHIC PELVIS?

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POSTERIOR PELVIC RING FRACTURES

- Pediatric pelvic ring fractures are rare
- Historically treated Non-operatively
- Low Mortality
- Long term morbidity
 - Lumbar Pain
 - Trendelenburg Sign
 - Nonstructural Scoliosis







PERCUTANEOUS SACROILIAC SCRE

- guided procedure
 - Inlet, outlet, and True Sacral lateral view
 - 2-D representations used to guide screw trajectory
- Technically challenging with 8% iatrogenic neurovascular injury (adult)
 - L5 nerve root and iliac arteries anterior
 - S1 nerve root posterior











SAFE ZONE

- Osseous pathway from Ilium
 → Sacral ala → S1 Vertebral body
- Screw must be contained within
- Final trajectory confirmed on true lateral projection (sagittal)
 - Iliac cortical density is key anatomic landmark









Figure 4

STUDY PURPOSE

Investigate whether the ICD is a safe and accurate guide for the trajectory of SI screws in the developing pelvis

Quantify any evolving relationship of the "safe zone" during development



SUBJECTS

- Retrospective Review of CT scans (1/2015-6/2019)
- Patients divided into representative age groups
 - (0-2), (3-4), (5-7), (8-10), (11-13), (14-16)
- Exclusion criteria:
 - Pelvic trauma
 - Congenital defect
 - Pelvic dysmorphism
 - Neuromuscular disease
 - Non-ambulatory status







Figure 6

CT MEASUREMENTS

- CT formatted to a fluoroscopic equivalent true sacral lateral view
- 6 total measurements were taken at 3 locations along the S1 vertebral body
 - Caudal End plate to ICD
 - Caudal to Cranial end plate
- Measurements rounded to nearest .1mm





RESULTS



Tables/Figures:

Table 1. Average S1 vertebral body and iliac cortical density height by location

	Vertebral Height by Location, mm, mean ± sd						
Age Group	Anterior S1	Anterior ICD	Midpoint S1	Midpoint ICD	Posterior S1	Posterior ICD	
0-2 Years (n=30)	(10.0 ± 2.2)	2.2 ± 0.7	10.9 ± 2.3	5.3 ± 2.1	8.9 ± 1.9	6.3 ± 2.1	
3-4 Years (n=31)	14.4 ± 1.7	4.2 ± 1.7	15.1 ± 1.3	7.9 ± 2.2	12.1 ± 1.4	9.1 ± 1.6	
5-7 Years (n=30)	16.6 ± 1.9	5.8 ± 1.8	17.8 ± 1.8	10.5 ± 3.1	15.3 ± 1.8	12.2 ± 2.5	
8-10 Years (n=30)	21.7 ± 2.2	► 8.6 ± 1.6	21.7 ± 2.1	13 ± 2.5	18.6 ± 2.1	► 15.3 ± 2.8	
11-13 Years (n=30)	25.7 ± 2.3	12.82 ± 2.0	25.3 ± 1.9	16.8 ± 2.8	21.9 ± 2.5	19.2 ± 2.9	
14-16 Years (n=30)	30.1 ± 3.2	16.7 ± 2.5	28.8 ± 2.8	19.9 ± 2.9	25.6 ± 3.2	$) 22.5 \pm 3.6$	
ANOVA Between Groups	p < 0.001	p < 0.001	p < 0.001	p < 0.001	p < 0.001	p < 0.001	

Abbreviations: ICD, iliac cortical density



	ICD / S1 Vertebral Height Overlap Ratio, %, mean ± sd				
Age Group	Anterior	Midpoint	Posterior		
0-2 Years (n=30)	22.2 ± 5.5	47.3 ± 13.7	69.7 ± 13.8		
3-4 Years (n=31)	28.8 ± 9.6	52.6 ± 11.8	74.8 ± 8.3		
5-7 Years (n=30)	34.7 ± 8.1	58.4 ± 14.3	79.5 ± 10.1		
8-10 Years (n=30)	39.5 ± 6.9	60.3 ± 12.0	81.9 ± 10.1		
11-13 Years (n=30)	49.2 ± 7.0	66.2 ± 8.7	87.3 ± 6.9		
14-16 Years (n=30)	55 .2 ± 5.4	69.1 ± 6.0	88.1 ± 7.0		
ANOVA Between Groups	p < 0.001	p < 0.001	p < 0.001		

Table 2. Proportion of vertebral height overlapped by the iliac cortical density at three locations

Abbreviations: ICD, iliac cortical density









DISCUSSION

- Complex 3-D anatomy using 2-D landmarks for proper screw trajectory
- Paucity of investigation in assessment of adult landmarks during development
- The ICD can be reliably applied to the pediatric pelvis
- Unrecognized relationship is crucial for operative decision making in the pediatric pelvis, especially in the youngest age groups
- Progressive increase in "safe zone height" and proportional overlap of S1
 - Translates to relative expansion of the safe zone across age groups
 - Variation in regional growth patterns



LIMITATIONS

- Clinical software
- Human error in manual distance measurement
- CT resolution quality
 - Softening of osseous edges



CONCLUSIONS

- 1. ICD is present and reliable landmark in pediatric pelvis
- 2. Vertical clearance of safe zone increased at all 3 locations across age groups
- 3. Proportional coverage of vertebral body increased across age groups
- 4. Decreased margin for error and and increased risk of iatrogenic injury in youngest groups
 - Consider alternative technique such as CT or computer guidance







FIGURE REFERENCE

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