

References

- Bouley, J. (2017, July 25). How planned happenstance can help your career. <u>https://www.hospitalrecruiting.com/blog/3988/how-planned-happenstance-can-help-your-career/</u>
- Herrera, T. (2021, February 6). Remember: What you do is not who you are. *The New York Times*. <u>https://www.nytimes.com/2021/02/06/style/work-life-balance-tips-pandemic.html</u>
- Nastase, A. (2017, November 30). How to deal with big life changes: Endings, neutral zones and new beginnings. Medium. <u>https://medium.com/@diemkay/how-to-deal-with-big-life-changes-endings-neutral-zones-and-new-beginnings-398e263f2a2</u> [PDF]
- Fetherstonhaugh, B. (2014, March 17). Career rocket fuel: Whether you're a millennial or eyeing retirement, here's what you really need to get right about work. <u>https://www.fastcompany.com/3027499/career-rocket-fuel-whether-youre-a-millennial-or-eyeing-retirement-heres-what-you-really-nee</u>
- Cherry, K. (2019, October 7). How does self-determination theory explain motivation? *Verywell Mind.* <u>https://www.verywellmind.com/what-is-self-determination-theory-2795387 [PDF]</u>
- Wermuth-Buffer, M. (2018, December 15). Why being a manager is a career change, not a promotion. <u>https://www.fastcompany.com/90282088/why-being-a-manager-is-a-career-change-not-a-promotion</u> [PDF]
- Harris, C. (2020, August 26). Building relationship currency in an isolated environment. <u>https://www.linkedin.com/pulse/building-relationship-currency-isolated-environment-carla-harris/</u> [PDF]
- Harris, C. (2018, November). How to find the person who can help you get ahead. [Video]. *TED*. <u>https://www.ted.com/talks/carla harris how to find the person who can help you get ahead at w</u> <u>ork [13 mins, 6 sec]</u>
- Barrington, L. (2018, February 20). Everyone needs a personal board of directors [Blog]. Forbes. <u>https://www.forbes.com/sites/forbescoachescouncil/2018/02/20/everyone-needs-a-personal-board-of-directors/</u> [PDF]