

Appendix F: Pre-Test/Post-Test Survey

Unit/Department

Please indicate where you practice

- I work on an adult inpatient unit
- I work in the PES
- I work on more than one unit
- I work on the CAP unit

PRE TEST

Prior to the Burnout presentation, I feel confident in my understanding of:

	Strongly Disagree	Disagree	Agree	Strongly Agree
What causes clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Individual signs and symptoms of clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The organizational and systemic impacts of clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Disagree	Disagree	Agree	Strongly Agree
How clinicians can mitigate their burnout risk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What organizations can do to mitigate clinician burnout rates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Oldenburg Burnout Inventory (OLBI): Part I

	Strongly Agree	Agree	Disagree	Strongly Disagree
I always find new and interesting aspects in my work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can tolerate the pressure of my work very well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find my work to be a positive challenge.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I'm not at work, I have enough energy for my leisure activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This is the only type of work that I can imagine myself doing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Usually I can manage the amount of my work well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Agree	Agree	Disagree	Strongly Disagree
I feel more engaged in my work as time goes on.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I usually feel energized at work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Oldenburg Burnout Inventory (OLBI): Part II

	Strongly Agree	Agree	Disagree	Strongly Disagree
There are days when I feel tired before I arrive at work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It happens more and more often that I talk about my work in a negative way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After work I tend to need more time than in the past in order to relax and feel better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lately I tend to think less at work and do my job almost mechanically.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
During my work I often feel emotionally drained.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Agree	Agree	Disagree	Strongly Disagree
Over time one can become disconnected from this type of work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sometimes I feel sickened by my work tasks.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After work I usually feel worn out and weary.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

POST TEST

Following the Burnout presentation, I feel confident in my understanding of:

	Strongly Disagree	Disagree	Agree	Strongly Agree
What causes of clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The signs and symptoms of burnout in individual clinicians	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The organizational and systemic consequences of clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Disagree	Disagree	Agree	Strongly Agree
What clinicians can do to mitigate their personal burnout risk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What organizations can do to mitigate clinician burnout	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am currently experiencing the following burnout symptoms (select all that apply):

- Physical fatigue
- Mental/emotional fatigue
- Reduced interest in my work
- Reduced sense of reward/accomplishment from my work
- I am not experiencing any of the aforementioned symptoms

How likely are you to resign from your current position in the next 3 years?

- Extremely unlikely-- I have zero intention of leaving.
- It's unlikely, but I've considered it.
- It's likely, but I'm not yet 100% certain.
- I am certain I will resign in the next 3 years.

At present, what aspects about your work do you believe **reduce** your burnout risk (e.g., enjoyment of role, flexible schedule, supportive team/coworkers)?

If you could change anything about your work, what would it be (e.g., workflow, demands/responsibilities, supports, care environment, technology, schedule)?

How likely are you to advocate for burnout-related interventions at the organizational level?

- More likely than I was prior to viewing this presentation.
- The same likelihood as before viewing this presentation.
- Less likely than I was prior to viewing this presentation.

Please provide any feedback/recommendations for improving this presentation: