



# TeamLift – Human Sexuality – You and Your Body

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## PROBLEM

Malawi has one of the highest rates of teenage pregnancies in the world, where 29% of girls ages 15-19 currently bear children. TeamLift’s mission to eradicate chronic poverty in Malawi has led to the development of this human sexuality curriculum which aims to target teenage pregnancy, sexual health, and aid in the development of healthy relationships.



## PROJECT GOALS

To create a supplemental teaching resource that can be used to help train teachers, community leaders, and residents about...

- Human Anatomy, Puberty, and Contraception
- Pregnancy, Abstinence, and STD’S
- Consent, LGBTQ+, and Gender Violence
- Abusive and Healthy Relationships

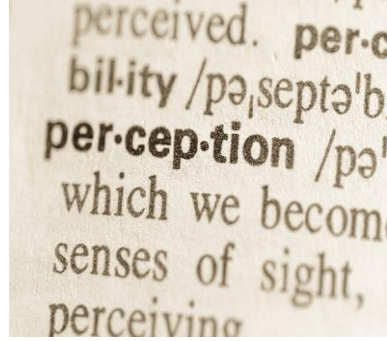
## CONSIDERATIONS



**Cultural Insensitivity “Westernization”**



**Underqualified To Teach**



**How Information is being received**

## RECOMMENDATIONS

Using this resource as a supplemental curriculum and resource.	Amend resource as needed to include evolving cultural norms.	Exclude controversial content when it may endanger others.	Acknowledge the western influence in the curriculum.
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This resource should be taught in conjunction with the current state-approved curriculum and can be used in schools, clinics, and at home to help spread awareness and education.

Consider cultural sensitivity to modern topics and address stereotypes, myths, and cultural barriers that prevent information from reaching the intended audience.

Controversial topics such as LGBTQ+ representation and consent should be taught with cultural considerations in mind.

Disclose that the curriculum came from publicly available U.S. based content and acknowledge the western bias and influence.