

Dr. Albert B. Sabin To Speak Here Nov. 4



Inside

Prevailing Fees Principle Explained

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News 'n' Views

Break or bend those disposable needles, doctor. Reliable reports indicate that local school-age children are salvaging these needles and syringes from rubbish containers behind medical buildings and using them for darts and squirt guns.

"It's un-American for the federal government, by law literally to force people to join any organization—labor, fraternal, political, religious, or other —as a condition for taking a job."— Sen. Harry F. Byrd (D-Va) on repeal of Section 14b of Taft Hartley Act.

The average physician in the U.S. works 60 to 70 hours a week, sees 20 to 30 patients a day, takes 14 telephone calls from patients daily, and makes hospital rounds and house calls. He treats, without charge, 400 needy patients a year, donates 100 hours a year to civic affairs, and devotes 200 hours to professional meetings and research. —Eli Lilly & Co., in 1964 Report to Shareholders.

Letter from a delinquent patient to his Portland physician:

ate ate

"I usually divide my bills into three categories . . . those which I will pay promptly; those which I intend to pay some time; and those which I never intend to pay.

"You sent me such a fine and friendly note of request for payment that I have promoted you from the third group to the second group. I'm sure you will be happy to know this."

All is not well for Canadian physicians. The government has announced sweeping proposals regarding health care, probably to become effective July 1, 1967. The Canadian Medical Association has protested not having been consulted prior to the announcement being issued. Some Canadians have also indicated that the words "compulsory" and "universal" were used loosely by Prime Minister Pearson, as if he thought they were synonymous. Several provincial government heads are reportedly enthusiastic about the proposed plan, which thus far has been limited to Saskatchewan.

The Swedish program of cradle-tograve welfarism has been expanded still further. Newly married couples are given a 5,000 kroner (\$1,000) grant with which to buy furniture. Swedish officials justify "furnicare" on these grounds: "The government considers it part of its duty to help the high costs of starting a family."





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THE BULLETIN

Monthly News Magazine of more than 1,000 Oregon Physicians

VOL. XX OCT., 1965 No. 10

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In this Issue . OMA Annual Session Recap _____ 7 Dr. Sabin To Speak Here _____ 9 Prevailing Fees Explained _____ 10 Citizen of Month _____ 23 Miss Hallam Retires _____ 34 **OMA** Delegate's Action Summary 37 Medical Ethics 40 New U. of O. Librarian 44 AMA Plan Utilization Conference 46 Physician's Datebook 49 Bulletin Classified 54



V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

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Lilly

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The Bulletin

VOL. XX

OCT., 1965

No. 10

Dr. Tysell President-elect

Dr. Livingstone Installed as President, Annual Session Activities Recapped

John E. Tysell of Eugene was named president-elect and Ernest T. Livingstone, Portland, was installed as president at the 91st annual meeting of the Oregon Medical Association, held in Portland last month. Dr. Tysell will become OMA president in September, 1966.

An internist, Dr. Tysell has served on the OMA's Board of Trustees and Executive Committee, and is a past-president of the Lane County Medical Society. He and his wife, Helen, have three sons. John, Jr., the oldest, is a junior at the University of Oregon Medical School.

Other newly-elected OMA officers for 1965-66 include: William C. Scott, reelected vice-president; Alfred C. Hutchinson, secretary-treasurer, and Clinton S. McGill, speaker of the House of Delegates. All are from Portland.

Max H. Parrott of Portland re-elected to another two-year term as one of Oregon's two delegates to the American Medical Association. James H. Seacat of Salem was named an alternate delegate to the AMA. The OMA House of Delegates also gave unanimous support to the candidacy of Dr. Parrott for the AMA's Board of Trustees. Oregon has a member of the AMA Board, Raymond M. McKeown of Coos Bay, but his third three-year term expires next June, and he is not eligible to run again.

"Doctor Citizen of Year"

Other OMA annual meeting highlights included the selection of Merle Pennington of Sherwood, "a country doctor who has demonstrated exemplary actions in his community, both within and outside his profession," as Oregon's "Doctor-Citizen of the Year" for 1965.

Special OMA tribute was paid to Miss Bertha Hallam, who retired last month as head librarian at the University of Oregon Medical School after 46 years of service. In her honor, the OMA plans to commission an artist for an oil portrait of Miss Hallam to be hung in the UOMS Library as a tribute to the woman who unselfishly contributed toward the medical education of young and old physicians for nearly half a century.

Special OMA recognition went to 16year old Robert Benson Drake, a Portland student, whose quick first aid action last summer is credited with saving the life of a severely cut four-year old boy. Young Drake is the grandson of the late Robert Benson, and earlyday member of the OMA.

Outstanding Exhibit

The Aesculapius Award for the outstanding scientific exhibit at the OMA meeting went to Richard F. Drake, Portland internist. His exhibit featured the Drake-Willock artificial kidney for home dialysis which Dr. Drake developed. The award is presented annually by Mead Johnson Laboratories.

More than 1,000 physicians registered for this year's OMA annual meeting.

> Read Complete Summary of Delegates Actions On Page 37 This Issue

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Membership Meetings Open

Dr. Sabin to Address MCMS; Dr. Luther Terry Due in Dec.

Two of the nation's best known medical names will appear at successive membership meetings of the Multnomah County Medical Society this fall.

Albert B. Sabin, who discovered the oral polio vaccine, will be guest speaker at the Thursday, November 4 Society meeting in the Benson Hotel. The following month, Luther Terry, who resigned recently as U.S. Surgeon General, will be speaker at the Society's annual meeting and installation banquet, Tuesday evening, December 7, at the Sheraton Motor Inn.

Dr. Sabin, whose Portland visit is being underwritten by the Oregon Division, American Cancer Society, is Distinguished Service Professor of Research Pediatrics at the University of Cincinnati College of Medicine. He will be in Portland for approximately 12 hours, enroute to the International Congress of Pediatrics in Tokyo.

A doctor 11 times over, with 10 honorary doctorates plus his M.D., Dr. Sabin was born in Patterson, N. J. He received his undergraduate and medical training at New York University. He has been a Research Fellow at the Lister Institute in London, a staff member at the Rockefeller Institute for Medical Research, and during World War II he served on the Board of Investigation of Epidemic Diseases.

Following the war, Dr. Sabin returned to the University of Cincinnati as a professor of research pediatrics. It was in this capacity that he made his famous breakthrough of B virus, a discovery which later led to the virtual eradication of poliomyelitis through the Sabin oral vaccine.

Physicians, their wives and guests are invited to attend the November 4 meeting to hear Dr. Sabin discuss: "Recent Studies on the Possible Role of Viruses in Human Cancer."

A social hour will begin at 6 p.m., followed by dinner at 7. Tickets will be \$4.00 per person. Reservations are recommended, and may be made through Society headquarters, 228-4175.



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NO OBLIGATION



The Prevailing Fees Principle

By MR. JOE MITCHELL

Assistant Vice-President

OPS Blue Shield

The 20th century is the century of the profile. Barrymore, FDR, DeGaulle, Bob Hope, and, of course, the moribund, Alfred Hitchcock. . . and soon maybe every physician in Oregon.

Wait a minute! Before you stick out that noble chin. The physician profile we're talking about has to do with the most equitable, practical fee payment plan yet devised by medical insurance, and not anybody's physical characteristics.



It all has to do with the "prevailing fee" principle approved for a pilot program in one Oregon county, with the cooperation of the local medical society, by the Oregon Medical Association's House of Delegates held last month.

Just what the "prevailing fee" principle is, is really very simple. It is a system of fee payment by which OPS-Blue Shield could establish a separate fee schedule for every participating physician based on what his current charges are. The catch is also a simple one: To be a participating physician, the doctor must have a set of charges that fall within the 90 percentile of all other physicians within his area and for the identical procedure.

What does this have to do with profiles? A fair question. Under the plan, each physician is asked to submit a list of charges for procedures. This provides a "fee profile" for him. This list is computerized with those of his colleagues and an average rate is established for each separate proce dure. If the individual's fees fall within the rates charged by 90% of his col leagues, in his specialty he could be paid by OPS at his full rate.An example is shown on the chart below of hypo thetical charges for a procedure labeled "Procedure 1234." By totaling the per centage of physicians charging amount, you get the 90% figure.

(Continued on page 21)

new MEASURIN® the first 8-hour aspirin

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Measurin patients also displayed significantly less pain upon arising, lasting into the morning (fig. 3). During the afternoon and evening, both 8-hour Measurin and regular q. 4 h. aspirin proved superior to 20-gr. regular aspirin q. 8 h.—the difference reaching high statistical significance in the evening.

*Clinical reports on file, Chesebrough-Pond's Inc., New York, N.Y.



for continuous relief of pain and stiffness up to 8 hours with each dose

Indications: Measurin is indicated for relief of low-grade pain amenable to salicylates, as in rheumatoid arthritis, osteoarthritis, bursitis and other forms of rheumatism; common musculoskeletal disorders; traumatic injuries; dental pain; and dysmenorrhea. Also valuable as an analgesic in colds and flu.

Dosage: Two Measurin tablets (20 grains of pure aspirin), q. 8 h., for most analgesic needs. With regular aspirin dosage schedules, one 10-grain Measurin tablet may replace any 5-grain tablet, but with *twice* the duration of activity. Two tablets (20 grains), taken before retiring, help assure relief throughout the night...and prevailing pain relief upon arising.

Side Effects: Regular aspirin side effects may be encountered with Measurin. Tinnitus and dizziness at saturation dosage may be encountered.

Contraindications and Precautions: Measurin is contraindicated in patients with marked aspirin hypersensitivity, and should be given with extreme caution to any patient with a history of adverse reaction to salicylates. It may cautiously be tried in patients intolerant to aspirin because of gastric irritation, but the usual precautions for any form of aspirin should be observed in patients with gastric ulcers, bleeding tendencies, or hypoprothrombinemia.

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"Call The Doctor" Returns For Fifth Season on KGW

Returning this month for its fifth consecutive year is the popular medical society sponsored radio panel show, "Call The Doctor." Heard every Sunday evening on KGW at 8 p.m., the show runs weekly from October through May.

Topics range over a broad spectrum of health problems. Included this year are such diverse topics as "School Problems," "Blood Transfusions," and "Problems of the Foot."

Each week a different physician-moderator and his panel handle the show. Listeners may phone the station with generalized health questions. Specific diagnosis is always avoided. Persons indicating problems of a serious nature are always advised to see their private physician, or to call the Society for referrals.

The programs are the responsibility of the Public Relations and Public Policy Commission.

* * *

| date | topic | n |
|--------------|-----------------------------|-------------|
| Oct. 3, 1965 | "School Problems" | Lendon H. S |
| Oct. 10 | "When Alcohol is a Problem" | Alvin O. Ul |
| Oct. 17 | "Venereal Disease" | F. Douglas |
| Oct. 24 | "What is Anemia" | Bernard Pi |
| Oct. 31 | "Vitamins and Food Fads" | Harold T. |
| Nov. 7 | "Flu and Immunizations" | Donald F. |
| Nov. 14 | "Saving Your Sight" | F. Douglas |
| Nov. 21 | "Diabetes" | Bernard P |
| Nov. 28 | "Teenage Skin Problems" | Lendon H. |
| Dec. 5 | "Relief of Pain" | Alvin O. U |
| Dec. 12 | "You and Your Diet" | F. Douglas |
| Dec. 19 | "Blood Transfusions" | Bernard P |
| Dec. 26 | "Sports and Your Child" | Donald F. |
| | | |

moderator Lendon H. Smith, M. D. Alvin O. Uhle, M. D. F. Douglas Day, M. D. Bernard Pirofsky, M. D. Harold T. Osterud, M. D. Donald F. Kelly, M. D. F. Douglas Day, M. D. Bernard Pirofsky, M. D. Lendon H. Smith, M. D. Alvin O. Uhle, M. D. F. Douglas Day, M. D. Bernard Pirofsky, M. D. Donald F. Kelly, M. D.

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Face Lifting Begins At Med-Arts Bldg.

An extensive renovation program designed to put the Portland Medical-Arts Building in premium condition was announced recently by Mr. Harry Bruck, vice president in charge of property management for Commonwealth, Inc., operators of the building.

Already installed are four electronically controlled elevators. The building lobby has been completely made over, and colorful sidewalk awnings have been hung.

Adjacent indoor parking is available for tenants, patients and visitors. Also halls will be re-surfaced and carpeted and individual unit-controlled air conditioning installed.

The Medical-Arts, largest of Portland's exclusively professional service buildings is eight stories and occupies a full half block on S.W. Taylor Street between 10th and 11th.

Assistants Hold PR Banquet

More than 150 women atended the Multnomah County Association of Medial Assistants' public relations banquet held last month at the Anchorage.

Among those speaking were Mr. Robert H. Elsner, Executive Secretary of the MCMS. Also speaking was Jo Anne Jene—an M.D.—recently returned from duty on the hospital ship U.S.S. Hope. Another physician, Elizabeth Schirmer told the women about the modern conception of the menopause.

Mr. Elsner told the assistants of the need, and benefits of the medical society and their organization working together to promote better medical services in the area. Following h is talk, Elsner introduced those medical assistants having passed the stringent certification tests administered by the organization.



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SIDE EFFECTS: Allergic phenomena such as polyarthropathy, fever, skin eruptions, and acute general-ized morbilliform eruptions with or without fever. Upon discontinuation of therapy eruptions usually sub-side. Rarely, dermatitis goes on to exfoliation with hepatitis, and further dosage is contraindicated. Though mild and rarely an indication for stopping dosage, gingival hypertrophy, hirsutism, and excessive motor activity are occasionally encountered, especially in chil-dren, adolescents, and young adults. During initial treatment, minor side effects may include gastric distress, nausea, weight loss, transient nervousness, sleeplessness, and a feeling of unsteadiness. All usually subside with continued use. Hematologic disorders, including megaloblastic anemia, leukopenia, granulocyto-penia, pancytopenia, and aplastic anemia have been reported. Nystagmus may develop.

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Dr. Sichel Life Member

Martin S. Sichel was granted Life membership in the Society at the Board of Trustees meeting last month after completing 30 years as an active member.

Dr. Sichel, an obstetrician, joined the MCMS in 1929. He is a 1924 graduate of Columbia University College of Physicians & Surgeons, and interned at Minneapolis General Hospital before returning to his hometown to establish practice.



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CMA Group Approves Six

Oregon's list of Certified Medical Assistants grew again last month with the addition of six more women who passed the intensive certification examinations administered by the American Association of Medical Assistants.

Certified as administrative assistants were: Mrs. Rosalie Morrow, Eugene; Mrs. Grace Vogt, Lebanon; Miss Ruth Sittner and Mrs. Dorothy Anderson of Portland.

Mrs. Evelyn Playfair, Portland, was certified as a clinical assistant. Already certified in the administrative category, Mrs. Harriette MacLean of Portland earned dual certification by acquiring her clinical certification.

Other CMA news includes a pending story of the MCMS Telephone Techniques Course in the AAMA Journal written by Mrs. Margaret Madill. Mrs. Madill assisted in the pilot program held last summer. The article tells of the value of good telephone public relations and of the Assistants responsibility in performing them.



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Prevailing Fees Explained

(Continued from page 10)

Ninety per cent was selected as the profile gauge because is has been found that in any given community only 10% of physicians have consistant charges above the prevailing level established by 90% of his colleagues. But because these rates are known, it is possible to pay the physician 100% of the charges he now makes for any given procedure.

Of course the plan is only in the pilot stages. There may be some bugs to be worked out, though we will capitalize on the experience of the we attempt to provide a saleable product.

At last, we may have the answer. Labor, industry, and government have adopted a favorable attitude towards the prevailing fees principle. More have important. physicians found participation advantages by being fairly compensated — on an individual basis — and by being able to hold the line on the fight to keep medicine free and of the very highest quality.

County Societies wanting additional information on how the plan works should contact Mr. Mitchell. Ed.

| P | rocedure 1234 | | | |
|--------------------------|---------------|-------|-------|-----|
| Percentage of Physicians | | 50% | 20% | 10% |
| Charges in Area A | \$100 | \$110 | \$120 | + |
| Charges in Area B | 110 | 125 | 140 | + |
| Charges in Area C | | 140 | 150 | + |
| Charges in Area D | 150 | 160 | 175 | + |

many other plans now in effect in the nation. It should be remembered that any pilot program engaged in by OPS would be geared to determining the fair business advisability of the adoption of such a program.

Finally, the natural question of the physician is "why now?" Why can OPS now literally offer to give me my own fee schedule, but couldn't last year, or ten years ago? The answer is difficult. Basically, the closest I can come to answering is to say the time is right. Years of experience and trial and error have gone into developing this program. Labor and industry's needs had to be considered to make the plan work. From our point of view, we must also consider the physician when

MCMS Members Views Sought

Warren Neilsen, chairman of the Medical Services Commission, appointed Herbert L. Armentrout and J. Gordon Grout to serve with him on a special subcommittee to thoroughly examine the "prevailing fees" principle.

This is in accord with action requested of component societies to initiate "...full and unbiased discussion of the 'prevailing fee' principle," by the OMA House of Delegates last month.

Physicians wanting to express their personal opinions on this matter should contact Dr. Neilsen. The subcommittee meets later this month.

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Morningside Adds Doctor

W. Maurice Bowerman, has been appointed to the medical staff at Morningside Hospital, according to Wendell H. Hutchens, Medical Director.

A native Portlander, Dr. Bowerman was graduated from the University of Oregon Medical School.

He interned at Detroit receiving Hospital, Detroit, Michigan, and took a Public Health Residency at the State of New York Department of Health and the John Hopkins School of Hygiene and Public Health, where he received his Masters Degree.

Dr. Bowerman completed his residency in Psychiatry at the Menninger School of Psychiatry, Topeka, Kansas.

Industrial Health Conference Set

The 12th Annual Pacific Northwest Industrial Health Conference will be held in Portland on November 15 and 16th at the Sheraton Motor Inn, according to Forrest E. Rieke.

"The desire of the conference is to reach the widest possible audience of those directly concerned with health and safety of working people. This, of course, includes most physicians," Dr. Rieke said.

On Sunday, November 14, in connection with the conference, there will be an Occupational Health Seminar. Topics to be covered range from scientific medical papers on treatment, to medicine and the law.

All interested physicians are invited to attend the conference or seminar. For additional information contact Dr. Rieke.



Saving Wilderness Areas Goal of Dr. Donald McKinley

"I played football at Reed College when they were still fielding an 11 man squad . . .of course, we only had 12 men on the entire team and one of them was the coach," Donald M. McKinley said recently.

But it wasn't football prowess that made Donald McKinley October's "Doctor-Citizen of the Month."

Don McKinley believes in the preservation of the wilderness areas as important man's psychological as well as commer-

cial needs. An outgrowth of his own recreational pursuits, conservation has become one of Dr. McKinley's major interests outside of medicine.

'We need to preserve the wilderness not only from commercial exploitation, but from over utilization by those seeking recreation," he said. Not only does he talk conservation; he practices it. A member of the Mazamas, he is chairman of the group's conservation committee. As a member, too, of the Sierra Club, Dr. McKinley is one of nine members of the Executive Committee of the Pacific Northwest Chapter. No surprise! He is also vicepresident of the Oregon chapter of the Federation of Western Outdoor Clubs.

What do these groups accomplish? "We hope through our efforts, and pressure, to preserve the many natural wilderness areas in this country," he said. "We let the governmental agencies know how we feel about their actions. But the job is not easy. You measure the gains in inches," he added.

Lest we forget, Don McKinley is also an urban man. In fact, he is so urbane as to be a longtime member of the City Club. In this group he has served on several study committees. However, he believes in bringing the city to the country, not through urban sprawl, but only through such work as Troop 10 of the Boy Scouts. A former vestryman of Christ Episcopal Church in Oswego, both he and his wife Maude have served as Democratic precinct workers.

A psychiatrist, it is logical to find Dr. McKinley's name on the Board of Mental Health Association, and as chairman of the Professional Advisory Committee. He is also Board vicepresident of the Community Child Guidance clinic, and a consultant to the Christie School.

His medical affiliations include several specialty groups: among these is the "Four Ps" (Portland Psychiatrists in Private Practice).

Maude McKinley is the mother of four, two boys and two girls. There is at once an active community worker as well as a bit of Thoreau in her. As community worker, she directs a Girl Scout troop, is a former American Field Service worker, and PTA stalwart. The Thoreau comes out in her role as a hiker. A member of a "nonexclusive woman's group who just hike." The organization has no formal organization and only one rule: "to get back before school lets out."

Both husband and wife feel the outdoors is therapeutic to modern man, and will be needed by his progeny tomorrow . . . if we preserve it today!

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Open January First, 1966

54 bright, airy 2 Bed Wards . . . 12 private rooms in a handsome concrete structure offering an environment conducive to contentment and return to health. The finest of equipment, a spectacular setting and convenient location cost no more.

Reservations Now Being Accepted Phone 228-6684

EDICA

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5 Minutes From Downtown & Medical School

OMA Session Photohighlights



President Livingstone admires Special Award winner Robert Drake's medal. OMA Citizen of the Year, Dr. Merle Pennington beams approval.

1965

Summit meeting: Drs. Livingstone, President-elect, Tycell, and Speaker McGill confer.





MCMS President Lindgren seems to have lost interest in the girl talk between MCMS Auxiliary President Kathleen Parrott and his wife, Helen, Auxiliary president-elect.







Mrs. Richard Sutter, National Auxiliary president, Dr. Charles Jarvis, guest speaker, Dr. C. H. Hagmeier, OMPAC chairman, are entertained by Mrs. Howard Emmerson, State Auxiliary president prior to the OMPAC banquet.









Lingerie fashions replaced the "stolen" wig sh at Auxiliary's luncheon meeting at the Hill Hotel.



New system of medical billing procedures attract the attention of Doctors Thomas Griffith, The Dalles, David W. James and Webster C. Brown, Portland.



. . . appreciation to the exhibitors . . .



New products of technical entitors add dimension to meet.



nstallation Banquet at the Sheraton, Thursday, September 23, 1965 . . . was also the birthday anniversary far Miss Bertha fallam and Roscoe K. Miller, OMA Executive Secretary.





Glenn Gordon, Speaker of the suse, gives oath of office to new resident Dr. E. T. Livingstone.



O.M.A. extends its love and roses to Librarian Bertha Hallam as she retires after 46 years of service.



Now past president Dr. James H. Seacat can stop wishing and go fishing!



wnall, Taylor and Hays "buttonholed" every phy-cian . . . with a rose.



"Interprofessional tions on Narcotic Drugs" was the exhibit of the O.S.P.A.

Communica-

Aesculapius Award Winner

Recipient of the annual Mead-Johnson Aesculapius Award, Richard F. Drake explains his home dialysis machine to James Woodworth and Ian Brown.





*MY CHIROPRACTOR

DOESN'T AGREE!"

Courtesy Medical Society Magazine Group.

What Will You Pay

1980-1986

1987 and thereafter

Social Security Tax Rates Shown

Several ingciries have been received by Society headquarters about physician-inclusion and payments-under recent Social Security legislation. Physicians are now included in the Social Security act. They must pay their first social security taxes in early 1966 when filing their 1965 income tax return! At that time taxes will be exacted on the first \$4,800 of the physician's 1965 income, or at a rate of 5.4%.

Below indicates the amounts physicians will have to pay for themselves and for their employees.

| | PHYSICIANS' TAX R | ATES | | |
|---|--|--|--|---|
| YEAR | | MEDICARE Tax Rate | Tax Rate (ir a | MAXIMUM TAX Based on \$4800.00 n 1965, and \$6600 Il subsequent ears) |
| 1966 1967-1968 1969-1972 1973-1975 1976-1979 1980-1986 | 5.4 % 5.8 % 5.9 % 6.6 % 7.0 % 7.0 % 7.0 % 7.0 % 7.0 % 7.0 % | .35% .50% .55% .60% .70% .80% | 5.4 % 6.15% 6.40% 7.10% 7.55% 7.60% 7.70% 7.80% | \$259.20 408.60 422.40 468.60 498.30 501.60 508.20 514.80 |
| | and for your Employees (and Employees Ma | | | |
| 1966 | 3.625% 3.85% 3.90% | .35% | 3:625% 4.20% 4.40% | 174.00 277.20 290.40 |
| 1969-1972 | 4.40% 4.85% 4.85% | .50% | 4.90% 5.40% 5.45% | 323.40 356.40 359.70 |

4.85%

4.85%



MULTNOMAH COUNTY MEDICAL SOCIETY

5.55%

5.65%

.70%

.80%

366.30

372.90

Faceless Voice, Faithful Worker



Mrs. Elizabeth Hooper

"Mr. Roscoe Miller hired me in 1948. In those days there was only one girl per shift. I don't think we had more than 100 subscribers," recalled Mrs. Elizabeth Hooper, who retired this month after 17 years with the Doctors' Official Telephone Exchange.

"Betty" Hooper is one of 15 women now working full or part time schedules around the clock to keep the physicians in contact with their patients.

"We consider ourselves only a stopgap between the doctor and his patient. Our job is to find the doctor for the patient in the shortest possible time," she said.

"With most of the doctors calling the exchange to say where they are, or will be, is second nature. But a few never call in, and we may make as many as 12 calls to try to locate him. This means a delay in the patient reaching the doctor, and it also means the doctor isn't getting what he is really paying for," she said emphatically.

Asked to recall the most exciting emergency, Mrs. Hooper said there have been so many that no one incident stands out. But she said that the girls

30 THE BULLETIN

on the board "really get into high gear" when there is a report of a construction cave-in "There is just something about it that makes our hearts beat faster," she said.

But during all emergency calls, the operator receiving the call is freed of her other duties until she has delivered the message to the doctor, she added.

"We work elbow to elbow. Our job is to expedite the call. The exchange is a marvelous service....and not just because I work there," she said.

Asked what she plans to do now that she is retired, Mrs. Hooper replied that for the next several months she will work a part time shift at her old familiar board.



Phone Course Due In January

Plans are now underway for continuation of the "Telephone Techniques Course" for medical assistants sponsored as a pilot program last summer by the Society.

Three consecutive classes, each lasting five weeks, are planned beginning in early January and running through April. As plans now stand, the courses will be separated by specialty. Costs of equipment expense will be defrayed by charging physician for each assistant enrolled.

A brochure with all pertinent information about the course is now being prepared and will be circulated to both physicians and their medical assistants sometime in late November.

it's practically





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One of America's finest oceanside, tournament-play golf courses. This challenging 18-hole, par 72, 6,437 yard course is beautifully laid out among the wooded hills and dunes between Siletz Bay and the Pacific Ocean . . . bordering the spectacular new Salishan Lodge. Pete Cline, PGA, is resident professional. Daily greens fee admission. Practice greens, covered-tee driving range.

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in your bag

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Providence Greets Sister Charles

Providence Hospital last month welcomed its new administrator Sister Charles Raymond at a tea given by the hospital's auxiliary.

The new administrator replaces Sister Ernestine Marie, who, after 20 years as Dean of the University of Portland School of Nursing at St. Vincent Hospital and six years as administrator of Providence has assumed duties as treasurer of the Sacred Heart Province in Seattle.

Prior to her assignment here, Sister Charles was administrator of Providence Hospital in Oakland, Califonia.



Think Group Begins Task

A special, Committee on the Fut of Medicine, led by John Branf was appointed last month by MC President, Verner V. Lindgren.

Purpose of the group is to exam the many facets of those elements r effecting—or likely to effect—the pr tice of medicine. Included are s areas as medical school curriculum, cal and national legislation, param cal relationships, and socio-econor areas.

Work accomplished by the comm tee will be used as resource mater for expediting the deliberations of Commissions and Trustees in determ ing positions and actions the Sociwill take.

Emanuel Rehab Series Opens

Emanuel Hospital's Third Annu Seminar on Rehabilitation held is month was attended by more than 2 persons.

Featured speaker was Paul C. We liams of Dallas, Texas, who develops the famed "Williams Exercises" us in physical therapy. Subject of the session was "Low Back Disorders." The series of seminars was instituted we the dedication of the five-story Email and Rehabilitation Center in 1962.



Octob



"Remember, we started it all ..."

That's right—a person couldn't buy complete health protection until the medical profession rose to the challenge. OPS was begun because commercial insurance companies said that medical service benefits could not be economically provided. And, some of the few health carriers of the day were not operating in the best interest of the patient or physician.

Since 1946, physician-sponsored plans have achieved stability and unity through Blue Shield and have set new standards for health protection by example. The progress and example continue because the physician is (and always must be) the heart and strength of each Blue Shield Plan. After all, the 83 Blue Shield Plans "sell" the services of member physicians—and that's precisely what makes OPS-Blue Shield different: Hospital-Surgical plus Medical!

Two -thirds of the OPS Trustees are physicians and to date over 1,200 member physicians actively support OPS. Do you?



619 S. W. 11th Avenue, Portland, Oregon

The nonprofit prepaid medical service plan sponsored by the Oregon Medical Association

Miss Bertha Hallam Retires Becomes Librarian Emeritus

Tributes, praises for loyalty, and hundreds of expressions of heartfelt thanks saw an end last month to a University of Oregon Medical School institution with the retirement of Head Librarian Bertha Hallam.

After 46 years, Miss Hallam will become "Librarian Emeritus", ending service that saw thousands of fresh young medical students mature through study and training into today's physicians.

No small part of that training was as a result of the efforts of a head librarian to keep abreast of every useful git of medical information.

But long before her retirement, Miss Hallam's accomplishments were noted. In 1961, the MCMS slected her to "Honorary Membership" one of only seven persons to receive this title.

Further honored, the OMA last month announced that a portrait of Miss Hallam will



Cheerful Dedication . .

soon hang in the UOMS library as a lasting tribute to one whose work has added so much to medical education.

The Bulletin, too, offers its congratulations and thanks. For not only was Miss Hallam interested in students, but she never forgot the need for continuing medical education of the private practitioner. To this end, new acquisitions were listed and mailed monthly for publication to MCMS members. An action above the call of duty for all but a not-so-common individual, Miss Bertha Hallam.



34 THE BULLETIN

What Do You Want, Doctor?

Central Location

Contiguous Garage

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Newly Equipped Hospital Restaurant and Pharmacy Electronic Elevators

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If These are Your Needs Call Me Frank J. Quinlan, Manager

MEDICAL DENTAL BUILDING 833 S.W. 11th Ave. 223-1680



In the lethargic overweight patient



Dexedrine® brand of dextroamphetamine sulfate

Spansule®

brand of sustained release capsules

encourages normal energy and activity

controls appetite all day—both at and between meals

'Dexedrine' combats the two most obvious symptoms of obesity-overeating and underactivity. Perhaps this is why, through the years, 'Dexedrine' has become the standard agent in the treatment of overweight.

The 'Dexedrine' Spansule capsule offers the ultimate in dosage convenience the patient need not remember to take medication before each meal; there are no "forgotten" or skipped doses. What could be simpler than 1 capsule a day (usual dose) for effective appetite control?

Summary of principal contraindications, precautions and side effects Contraindications: Hyperexcitability; agitated pre-psychotic states. Precautions: Dexedrine (dextroamphetamine sulfate, sk&F) should be used with caution in patients hypersensitive to sympathomimetic compounds; in cases of coronary or cardiovascular disease; and in the presence of severe hypertension. Side effects: Insomnia, excitability and increased motor activity. Before prescribing, see SK&F product Prescribing Infor-mation. Supplied: Spansule® capsules (in three strengths), tablets and elixir.


Active Schedule Completed By OMA House of Delegates

Potential impact of the soon-to-be-effective Public Law 89-97 (Medicare) was the basis for several actions at the 91st annual meeting of the Oregon Medical Association's House of Delegates last month in Portland. The association's policy.

making body approved the principle that all charges to patients for services provided by physicians practicing in hospitals be billed separately and directly to the patient by the physician. The House members also officially recognized the possibility of hospital over-utilization, as well as a severe shortage of beds for acutely-ill and elective patients not covered under Medicare.

The delegates authorized a pilot study in a specific Oregon county of the "prevailing fee" principle, requesting Oregon Physicians' Service to initiate such a study on approval of the component society involved. OPS was asked to explore the feasibility of adopting the "prevailing fee" principle as a method of determining its allow ances to be paid physicians rendering service to OPS subscribers.

Each component society was urged to conduct a "full and unbiased" discussion of the "prevailing fee" principle before the end of the year. This prin-

(Continued on page 39)



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Investigate the Roy Burnett Leasing Program. Let us show you how we can save you money . . . whether you prefer the INCOMPARABLE Imperial, Chrysler, Plymouth or Valiant, or any fine competitive car — Thunderbird, Impala, Cadillac, etc.

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Doctor,

Have You Tried Our Special "PRE-COLLECTION" SERVICE?

It's a special 30-day service, during which we contact your delinquent patient at least twice. If payment is made within the first 15 days, our commission is only 10%. If payment is made during the second 15 days, our commission is just 15%.

Let us show you how effective this 'Pre-Collection' Service can be. Call Today.

Now Available – Free! <u>Multnomah County Physicians' Directory</u> Handy, 4-page physician referal guide tells you the location and phone number by GEOGRAPHICAL AREA, and the SPECIALTY of your MCMS colleagues. SAVES TIME EASY TO USE. Call Mr. Frank Wall Today Compliments, Doctors' Official Service Bureau

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OMA Delegate Actions . . .

(Continued from page 37)

ciple would provide for a differential in compensation based on geographic areas and different fields of medical practice.

Other Actions Taken

Other actions by the House of Delegates included:

-Supported Joseph Treleaven, administrator of the Oregon Mental Health Division, following "unwarranted criticism" by the president of the Oregon Psychological Association.

-Authorized an increase in the subscription prices to Northwest Medicine of from \$3 to \$5 annually, to be deducted from each physician's OMA dues.

-Granted the OMA Committee on Oregon Medical History the authority to solicit up to \$1,200 from Oregon physicians to commission an artist to paint a portrait of Miss Bertha Hallam, retiring University of Oregon Medical School librarian, to be hung in the UOMS library.

-Authorized an increase in the premium increase, effective November 1, 1965, for the OMA-sponsored profes-



sional liability (malpractice) insurance program.

-Recommended that all physicians re-examine their limits of professional liability insurance.

—Asked the State Board of Medical Examiners to provide every Oregon physician with a copy of the resume' of the Oregon statutes which apply to those licenses by the Board, as soon as the material is up-dated to include legislation enacted by the 1965 Legislative Assembly.

Support Dr. Parrott

—Approved strong OMA support for the candidacy of Max H. Parrott for an open position on the American Medical Association's Board of Trustees in June, 1966.

-Gratefully acknowledged and commended the conscientious and meritorious services of Raymond M. McKeown, Coos Bay, who has served as an AMA Trustee for the past 10 years, and who is no longer eligible for re-election.

—Selected the dates of September 27-October 1, 1966, for the next OMA annual meeting, to be held in conjunction with the 26th Congress on Occupational Health of the AMA and the Pacific Northwest Occupational Health Conference in Portland, September 24-28, 1966.

—Authorized AMA membership, on an optional basis, for Junior and Association members of the OMA. (AMA dues are \$45 annually, in addition to the county and state association dues.)

A complete summary of actions taken by the OMA House of Delegates is available to any physician member upon request.





What, How to Disclose Insurance Information

Disclosure of Information to Insurance Company Representative

History, diagnosis, prognosis, etc., acquired during the physician-patient re lationship may be disclosed to an insurance company representative if patient has consented to the disclosure. A physician's responsibilities to his patient are not limited to the actual practice of medicine. They also include the performance of some services ancillary to the practice of medicine. These services might include certification that patient was under the physician's care and comment on the diagnosis and therapy in the particular case.

(AMA Judicial Council, 1958)

Experimentation: New Drugs or Procedures

In order to conform to the ethics of the American Medical Association, three requirements must be satisfied (in connection with experiments involving new drugs or procedures):

- The voluntary consent of the person on whom the experiment is to be performed;
- 2. The danger of each experiment must be previously investigated by animal experimentation; and
- 3. The experiment must be performed under proper medical protection and management.

(AMA House of Delegates, 1946)

Discussion of Medical Facts with Patient's Lawyer

Patient's history, diagnosis, treatment and prognosis may be discussed with the patient's lawyer with consent of the patient. The Principles of Medical Ethics recognize that the physician has obligations to society as a whole in addition to his obligations to his patient as an individual. In many instances, the peculiar knowledge and attainments of the physician are indispensable to patients or others in the administration of business and government and in the usual conduct of certain daily affairs. When this knowledge, acquired during the course of the physician-patient relationship, is necessary to enable the patient to obtain his just due the physician should make it available for patient's benefit under proper conditions.

Discussion with or report to the patient's attorney may be proper and necessary in order for patient to perfect a claim. The attending physician may ethically discuss a patient's history, etc., with the attorney providing, of course, the patient has consented to the discussion.

(AMA Judicial Council, 1958)

S.S. Official Upset About Work

Mr. Paul F. Johnson, district manager of the Social Security office in Portland, said recently that 184,000 over 65 Oregon residents will be covered when Medicare's coverage begins.

Of these, 130,000 now are receiving old-age benefits.

Johnson said his office mailed notices with the September social security checks telling recipients how the Medicare law will work and how to apply for voluntary old-age medical insurance.

His only comment about the law: "We're going to be swamped."

Rheumatism Symposium Set This Month

A graduate symposium on rheumatic diseases will be held at the Hilton Hotel, October 21, 22, and 23 sponsored by the Northwest Rheumatism Society.

Among those on the program from Portland will be Daniel M. Bachman, Arthur C. Jones, E. G. Chuinard, Richard W. Olmstead, and Robert H. Persillin. Yoshio Shimazaki, a Fellow in Rheumatology at the University of Oregon Medical School.





Portland San Shows Care Unit



All Patients Within Ten Steps of Nursing Station

Improved nursing service is the object of the new Intensive Care Unit at Portland Sanitarium and Hospital.

The Intensive Care Unit is equipped to handle most emergencies. Included in

the inventory is a complete medication supply, built in oxygen to each bed, suction adapters for gastric, toracic, and tracheal suction. A Mark 17 Bird Respirator is in use now, and plans include a four patient Cardiac Monitoring System designed to give continous information of heart rate with EKG and electrocardioscope. Also included is a cardiac pacemaker and a direct current cardiac defibrillator. The unit has 11 beds all within ten steps of the nurses station. Two beds are in sound proof rooms for isolation with the intensive care feature.

Sales, Ad Man Joins OPS Staff

Mr. Allen O. "Monk" Carden was named sales and advertising manager of OPS-Blue Shield last month. Carden, who held a similar position with National Hospital Association from 1954 to 1961, has wide experience in advertising and sales promotion in prepaid medical care.

A native of Pendleton, Mr. Carden is married and has two daughters.

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Press Awards Recipients Told

Recipients of the Oregon Medical Association's annual Press Awards, presented at last month's annual meeting, were both from Eugene.

Dan Wyant, reporter on the Eugene Register-Guard, won the newspaper award for a feature article entitled "Doctors Deplore an Epidemic on Wheels." Broadcast media award went to Mrs. Shirley Pape' of KEZI-TV for her bi-weekly television program which features local physicians regularly.

HEAR

Dr. Albert B. Sabin MCMS Membership Meeting Nov. 4., Sheraton Inn



Meet Miss Margaret Hughes New Medical School Librarian

Miss Margaret E. Hughes was appointed head librarian of the University o Oregon Medical School library last month succeeding the retiring Miss Bertha Hallam.

Miss Hughes is no stranger to the library. She brings to her new post 2



years of experience, having been on the staff since 1937. A graduate of the Uni versity of Minnesota, she is a member of the National Medical Library Associa tion and has served as chairman of a number of the Association's major committees. She is also a member of the Special Libraries Association, having held office in the Biological Sciences Division

In 1963 she participated in the International Congress on Medical Librarian ship held in Washington, D. C.

The Medical School Library serves physicians throughout the Pacific Northwest in addition to students and staff members on the Marquam Hill campus.

TERENCE H. COCHRAN, M. D. JOHN C. SMITH, II, M. D. DANIEL M. BAER, M. D. PATHOLOGISTS—PHYSICIANS

Announce the Opening of

PROVIDENCE MEDICAL LABORATORY

545 N.E. 47th Avenue Portland, Oregon 97213

Anatomic Pathology Clinical Laboratory Cytology Veterinary Pathology



The development of chlorothiazide and probenecid were events of major importance, but perhaps even more important for the future was the Renal Research Program by which they were developed. When Merck Sharp & Dohme organized this program in 1943, it was expressing in action some of its basic beliefs about research:

 Many problems connected with renal structure and function were still undefined or unsolved. The Renal Research Program would begin its basic research in some of these problem areas.

 From knowledge thus acquired might come clues to the development of new therapeutic agents of significant value to the physician. For example, the Renal Research Program put fifteen years into this search before chlorothiazide became available. But because these years had first led to a greater understanding of basic problems, the desired criteria for chlorothiazide existed before the drug was developed.

Along with other research teams at Merck Sharp & Dohme, the Renal Research Program continues to add new understanding of basic problems – understanding which will lead to important new therapeutic agents.

MERCK SHARP & DOHME Division of Merck & Co., INC., West Point, Pa. where today's theory is tomorrow's therapy

Utilizaton To Be Topic Of A.M.A. Med. Services Meet

The dynamics of hospital utilization review programs will be discussed in depth at the Seventh Annual Medical Services Conference entitled "Medical Staff in Action — 1965, Utilization Review."

The one-day meeting sponsored by the AMA Council on Medical Service and its Committee on Medical Facilities will be held from 9 a.m. to 4:30 p.m., Nov. 27 in the Bellevue-Stratford Hotel, Philadelphia. The Saturday conference will immediately precede the AMA's 19th Clinical Convention.

After welcoming remarks by F.J.L. Blasingame, M. D., executive vice president of the AMA, Russell B. Roth, M. D., Erie, Pa. chairman of the AMA Council on Medical Service and conference chairman, will introduce the participants; John M. Rumsey, M. D., San Diego, Calif., chairman of the AMA Committee on Medical Facilities, will present a statement of the problem.

Arthur E. Hess, Washington, D. C., director of the Bureau of Disability and Health Insurance of the Social Security Administration, representing the Department of Health, Education and Welfare, will discuss statutory responsibilities specifically assigned to HEW and the responsibilities delegated to state agencies, providers of services, intermediaries, etc. A description of current utilization review programs of hospitals, medical societies and third parties will be presented.

The afternoon session will open with a description of the total organizational structure essential for an effective hospital utilization program. A description of systematic methods of data gathering and the need for management tools in any utilization review program.

A presentation of three varied aproaches to appraisal of utilization relating use to the expert opinions of physician-surveyors; relating use to pre-established criteria; and relating use to group norms or profiles. For pre-registration write to American Medical Association, Department of Hospitals and Medical Facilities, 535 North Dearborn, Chicago, Ill. 60610.

Craft Group Relieves Problem

A simple answer to one of the physician's often encountered dilemmas has been presented by the Senior Craftsmen of Oregon. That question is: how to help older patients find an interest in life, and remain a participating member of the community?

"The Senior Craftsmen help people f fty years of age and over use their creative abilities to bring happiness and financial benefits to themselves and their family," according to Mrs. Clifford E. Zollinger.

Senior Craftsmen is a non-profit organization which markets high quality articles handcrafted by its membership. Such articles are sold on consignment with 75% going to the individual, and 25% to the store. The shop is staffed by volunteers.

Many persons now actively participating in Senior Craftsmen work might well be the patient who, not so long ago, would make endless trips to the doctor's office from lack of anything else to do.

Any person of any age is eligible for membership, but only those over age 5) can sell articles in the shop.

Physicians seeking further information about Senior Craftsmen or wanting to place information about the program in their reception rooms should contact the shop at 228-2254, or stop in at 1128 S.W. Alder.

Evidence Suggests Private Physicians Abdicating Role

More than 700,000 Americans were blood tested for diabetes in 1964, and almost a million persons will be tested during the present year, the Public Health Service reports.

Despite the increase in screening, an estimated two million persons still have undetected diabetes in this country.

Bringing these statistics into better focus, Robert L. Hare, chairman of the Physicians Supervisory Committee of the Multnomah County Diabetes Detection Program says that there are an estimated 6,000 undetected diabetics in Multnomah County alone.

"Most of these people see a physician at verying intervals for a check-up At this time, however, many physicians are not routinely giving them blood sugar, or urine tests after a meal high in carbohydrates, Dr. Hare said.

"The results are plainly seen in the amount of public testing being done compared to private testing", he added. "If the private practitioner continues to abdicate his proper role in diabetes detection, it will be (and to some extent has been) taken over by public health agencies."

Free Photos Available

Physicians and their wives who had their pictures taken in the Meyer Laboratories hospitality room during the OMA Annual Session are advised that complimentary copies are available.

Pictures may be obtained by contacting Mr. Alex S. Holmes, 4520 S.E. River Drive, M'Iwaukie, Oregon, phone 659-2143.





... BENJAMIN FRANKLIN, 1748

THE PROVEN EFFICACY OF PENTIDS SAVES YOUR TIME AND SPARES YOUR PATIENT'S PURSE **PENTIDS** SQUIBB PENICILLIN G

SQUIBB

Physician's Datebook

October-November, 1965

MCMS BOARD OF TRUSTEES Oct. 20, 6:15 p.m. Society Headquarters

NORTHWEST RHEUMATISM SOCIETY GRADUATE SYMPOSIUM Oct. 21-23; Hilton Hotel Registration begins 8:15 a.m.

MEDICAL SERVICE COMMISSION Oct. 25; 12 noon Society Headquarters

NEW MEMBER ORIENTATION DINNER Oct. 27; 6 p.m. Society Headquarters

JUDICIAL & BUSINESS COMMISSION Nov. 1; 12 noon Society Headquarters

MCMS General Membership Meeting

Nov. 4; (Guest Speaker, Dr. Albert B. Sabin) 6 p.m. Benson Hotel

PUBLIC RELATIONS & PUBLIC POLICY COMMISSION Nov. 8; 12 noon Society Headquarters

PROFESSIONAL & COMMUNITY AFFAIRS COMMISSION Nov. 12; 12 noon Society Headquarters

PUBLIC HEALTH COMMISSION Nov. 15; 12 noon Society Headquarters

NORTHWEST OCCUPATIONAL HEALTH CONFERENCE Nov. 15-16 (free seminar Nov. 14) Registration begins 8 a.m. Monday, Sheraton Motor Inn

MCMS BOARD OF TRUSTEES Nov. 17; 6:15 p.m. Society Headquarters

MCMS-OMA HEADQUARTERS CLOSED

Nov. 25-26 (Thanksgiving Day)

1965

19th CLINICAL CONVENTION OF THE AMA



PHILADELPHIA, PA.-NOV. 28-DEC. 1, 1965

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Hippocrates

The "Archives of Internal Medicine" is ordinarily a poor source of humor. A recent issue, however, provides some interesting quotations from the great Hippocrates. These gems were allegedly discovered by a scholar named S. N. Gano in a Hippocratic text overlooked by other students of the famous man.

- 1. Absence of respiration is a bad sign.
- 2. It is unfavorable for the patient to be purple, especially if he is also cold. The physician should not promise a cure in such cases.
- 3. Hemorrhoids are not improved by horseback riding or by riding on an ass.
- 4. Drowsiness and the itch are incompatible.
- 5. To pick at the coverlet indicates alienation of the mind, unless the bed contains small fragments of food.
- 6. Fevers of 80 days where no cause is apparent produce alienation of the mind in the physician.
- 7. Where symptoms are severe and protracted, it is good if the patient's relatives are few, and best if they be absent altogether.
- 8. Discoloration of the neck, which has been produced by a rope, cannot be treated with barley water.
- 9. Life is short and the art long; patients are inscrutable; their ignorance is impenetrable, and their relatives are impossible.

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