the **ulletin**MULTNOMAH COUNTY MEDICAL SOCIETY

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JOINT DINNER PROGRAM

MULTNOMAH COUNTY MEDICAL SOCIETY
and
PORTLAND DISTRICT DENTAL SOCIETY
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Tuesday, May 16; 1961

Mayfair Room Hotel Benson Social Hour: 6:00 P.M. Dinner At: 7:00 P.M.

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Photo Story—Pages 26-27
President's Profile



HOSPITAL CALENDAR

May 1961

1	Gresham General Hospital Staff meeting	11	Providence Hospital Lay advisory			
	Physicians & Surgeons Hospital EENT department meeting8 a.m.		Good Samaritan Hospital Neuro radiology conference (also meets May 25)			
	Providence Hospital Management advisory of hospital1:30 p.m. Medical conference (also meets May 8)7:30 p.m.	13	Good Samaritan Hospital Medical section			
	Emanuel Hospital X-ray conference (every Monday)3 p.m.	15	Holladay Park Hospital Surgical department meeting7:45 a.m.			
2	Good Samaritan Hospital		Physicians & Surgeons Hospital Medical department meeting8 a.m.			
	Neuropathology conference (also meets May 16). 8 a.m. Neuro-ophthamology conference (every Tuesday) 5 p.m. OB section. 7:30 p.m.		St. Vincent Hospital General practice department meeting6:30 p.m.			
	Providence Hospital		Providence Hospital General practice			
	Pediatric conference	16	Good Samaritan Hospital Pediatric section			
	Surgery department meet. (every Tues.) 12:30 p.m.		Holladay Park Hospital Psychiatric department meeting12:15 p.m.			
3	St. Vincent Hospital Medical department meeting (every Wed.) 8 a.m.		Providence Hospital General Staff meeting8 p.m.			
	Good Samaritan Hospital X-ray conference (every Wednesday)4 p.m.		Portland Sanitarium Staff meeting			
4	Providence Hospital Joint conference		Good Samaritan Hospital EKG conference			
5	Good Samaritan Hospital Tumor clinic (every Friday)12:30 p.m.	22	Emanuel Hospital Executive meeting			
6	Good Samaritan Hospital		Holladay Park Hospital Medical department meeting7:45 a.m.			
0	CPC (also meets May 20)		Good Samaritan Hospital Orthopedic fracture clinic11:30 a.m.			
0	Physicians & Surgeons Hospital Surgical department meeting8 a.m.		St. Vincent Hospital Ob-gyn department meeting			
	Good Samaritan Hospital EEG conference (also meets May 22)8:30 a.m.		Emanuel Hospital Survery department meeting			
	Providence Hospital Credentials committee		Emanuel Hospital			
9			GP department meeting			
	Executive committee	24	Portland Sanitarium Death and morbidity conference8 a.m.			
	Pediatric department meeting8:30 a.m. Tumor clinic (also meets May 23)12 p.m.	25	Emanuel Hospital Orthopedic department meeting8 a.m.			
10	Portland Sanitarium Tumor clinic	27	Good Samaritan Hospital General Staff8 a.m.			

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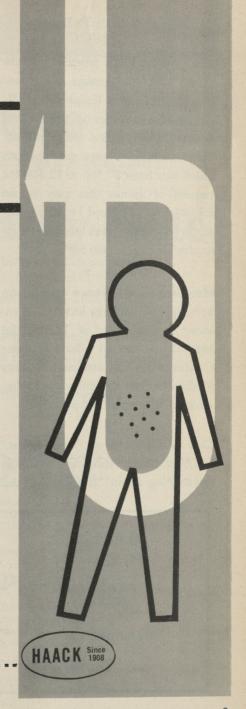
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NEWS - VIEWS

New York Times predicts "best chance ever" for passage at this session of Congress of Keogh Bill (H.R. 10) which establishes tax-deferred retirement program for self-employed. Optimism hinges on new modifications which cuts from \$7,500 to \$2,500 the amount of money that may be set aside each year and requires employers with more than three employes to provide similar plan for his staff.

* * *

Members of Grievance and Membership Committees have been selected to join Board of Trustees for May 12-14 Internal Affairs Planning Conference of Multnomah County Medical Society at Timberline Lodge. At least 50 couples will participate.

* * *

One man's views on "free choice."
HEW Secretary Ribicoff said under questioning about "free choice" that

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only hospitals signing contracts would be available to patients under Administration's health program. Also in Washington, Senator Maurine Neuberger has been named to Senate's new Special Comittee on Problems of the Aging. Fellow member is Senator Barry M. Goldwater.

* * *

President Melvin W. Breese recently presented check for \$1,065 from the Multnomah County Medical Society

(Continued on page 6)

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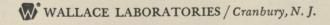
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NEWS-VIEWS

(Continued from page 4)

as annual contribution to support the fine library at the University of Oregon Medical School, Amount represents a portion of Society dues.

* * *

Physicians in the news: George M. Robins elected to head the Allergy Foundation, and Arch W. Diack named Goodwill Industries "Man of the Year" primarily for organizing job evaluation program through Medical Society and cooperating physicians.

☆ ☆ ☆

New National Physicians Directory is due off press in May. The '58 issue revealed that from '56 to '58 the number of physicians in Mass., N. Y. and Pa. decreased while the three Pacific Coast states, paced by California, reported a sharp increase. The figures:

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minus 594 to plus 1,115. Oregon added 44 physicians during the biennium, Washington 31, and California 1,040. Best guess is that trend continues.

* * *

Third annual Oregon Cancer Conference will be held at Portland's Sheraton Hotel, July 13-14. Affair is sponsored by Oregon State Medical Society and Oregon Division, American Cancer Society. April is Cancer Crusade month!

* * *

The American Medical Association has named Past President Louis Orr to head important new Commission on the Cost of Medical Care. Local Societies are asked to cooperate in three-year survey.

* * *

Is 65 a scientifically selected retirement age? Judging from the statistics, physicians don't think so. Latest count shows at least 67 practicing physicians in Portland are over 65. That's more than 8% of the entire Society membership.

* * *

C. Conrad Carter is the new President of the Epilepsy League of Oregon. Philip J. Reilly was named to the Board of Directors.

(Continued on page 8)

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Because it contains fibrinolysin an <u>active</u> enzyme and not a precursor'—ELASE quickly lyses fibrinous material in serum, clotted blood, and purulent exudates. It does not appreciably attack living tissue, nor does it have an irritating effect on granulation tissue

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PACKAGE INFORMATION: ELASE Ointment is supplied in 10-Gm. and 30-Gm. tubes. Disposable vaginal applicators (V-Applicators) for instillation of ointment are available separately in packages of 6. ELASE is also supplied in rubber-diaphragm-capped vials of 30-cc. capacity for reconstitution with 10 cc. of isotonic sodium chloride solution. REFERENCES: (1) Coon, W. W.; Wolfman, E. F., Jr.; Foote, J. A., & Hodgson, P. E.: Am. J. Surg. 98:4, 1959. (2) Friedman, E. A.; Little, W. A., & Sachtleben, M. R.: Am. J. Obst. & Gynec. 79:474, 1960. (3) Margulis, R. R., & Brush, B. E.: Arch. Surg. 65:511, 1952. (4) Personal Communications to the Department of Clinical Investigation, Parke, Davis & Company, 1959.

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(Continued from page 6)

Newly organized Speakers Bureau to inform public of best ways to meet medical needs of our aging population held briefing session recently. More volunteers are welcome

Applications are still open for physicians interested in serving on Bulletin's new Editorial Board. A call to the headquarters (CA 8-4175) will put your name on the list of volunteers.

If you have a reservation for a Society dinner meeting and then find it will be impossible to attend you'll save money if you cancel the reservation before noon on the day of the program. Just call Society headquarters, CA 8-4175.

By action of the Board of Trustees, any member of the Multnomah County Medical Society who makes a reservation for a dinner program, and fails to cancel or attend, will be billed for the listed cost of the dinner or dinners.

The Society must quarantee the hotel a certain number of dinners for each meeting based on advance reservations. When attendance falls below the guarantee, the Society is billed for the difference. The first two meetings this year resulted in a deficit of 66 dinners.

As one member of the Board observed, "We can't justify using dues income to pay for meals the members order and then don't eat."

(Continued on page 10)

Report to Doctors

on the new kind of margarine that's more than 75% unsaturated vegetable oil

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NEWS-VIEWS

(Continued from page 8)

Week's vacation at the beach—room and board for the entire family—is offered by Boy Scouts to physicians wishing to serve as camp doctors this summer. Open dates: June 25 through August 13. For information, call Society headquarters.

☆ ☆ ☆

Latest bill to regulate animal experiments, labeled Griffiths Bill (H.R. 1937), was assigned to committee on interstate and foreign commerce, Rep. Oren Harris, chairman. Bill would (1) license investigators, (2) require prior approval of detailed research plans,

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1311 N.W. 23rd CApitol 3-1980 (3) force maintenance of scientifically superfluous records, (4) require special reports and (5) empower officials to terminate experiments and destroy animals. Opinions are in order. Write to the Hon. Oren Harris, House Office Building, Washington 25, D. C.

* * *

Attractive booklet describing services of the Portland Center for Hearing and Speech (UGN agency) is available to physicians. Write to Warren E. Johnson, M.A., 2111 N. E. Weidler St., or call AT 8-5759.

☆ ☆ ☆

March issue of Good Samaritan News Letter reports "enthusiastic response" to Intensive Care Unit (ICU). Says one physician, "Life saving in at least two instances in my personal experience."

公 公 公

Portland Sanitarium has named Walter Reiner chairman of new committee to draw up schedule for residency training and to consider possibility of setting up a general practice residency. Eldon Snow and Warren Hunter share the assignment.

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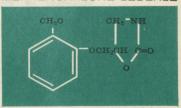
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12 THE BULLETIN April

THE BULLETIN of the MULTNOMAH COUNTY MEDICAL SOCIETY

MEDICAL SOCIETY
MAGAZINE OROUP

Multnomah County Medical Society

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Term expires 1962: Alfred J. Kreft, G. Prentiss Lee, Thomas R. Montgomery, J. Richard Raines, Raymond M. Reichle, William C. Scott.

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Term expires in 1961: Russel L. Baker, Arch W. Diack.

Term expires in 1962: Melvin W. Breese, W. Charles Martin.

Term expires in 1963: John W. Stephens, James V. Woodworth.

Term commences in September, 1961: Alfred C. Hutchinson, Werner E. Zeller.

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VOL. XVI APRIL, 1961 No. 4

Official Publication
of the
Multnomah County Medical Society

Authorized by the Board of Trustees of the Multnomah County Medical Society and published monthly under the auspices of the Committee on Public Relations:

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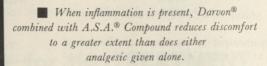
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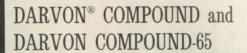
Editorial and advertising offices: 2164 S. W. Park Place, Portland 5, Oregon; Telephone CA 8-4175.

Opinions expressed in Bulletin articles, whether signed or unsigned, are those of the individual writers and do not necessarily represent the opinions or policies of the Committee on Public Relations or the Multnomah County Medical Society.

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The Bulletin

MULTNOMAH COUNTY MEDICAL SOCIETY

VOL. XVI APRIL, 1961 No. 4

Trustees Recommend Major Alterations In O.P.S. Senior Health Insurance Plan

The Board of Trustees of the Multnomah County Medical Society has recommended three major changes in a proposed O.P.S. Senior Security Health Insurance Plan for persons over age 65.

The plan as submitted at the March meeting of the Board is the result of a 1960 Multnomah Society resolution to the State House of Delegates. Each county Society has been asked to review the proposal prior to final consideration by the Delegates at the April 21-22 Mid-Year Meeting.

New Ceiling Proposed

Multnomah Trustees recommended that the income ceiling for service benefits be established at \$4,000 per year rather than at the usual O.P.S. lid of \$8,000, medical services be paid on the basis of 80 per cent of the current O.P.S. fee schedule and a conversion factor of five (5) be adopted for the medical section of the fee schedule. (Persons with higher incomes could enroll on an indemnity basis.)

In presenting the plan, O.P.S. spokesmen emphasized that its success hinges upon the enthusiastic support of every physician in the State. "This isn't an O.P.S. proposal. This represents the doctors' program for our older population," declared one speaker.

The plan offers two levels of benefits on an optional basis. For a premium of approximately \$17.50 per

month, a couple could purchase a \$100 deductible policy which would pay up to \$10 a day for hospital room and board for a maximum of 30 days per year, or twice as many days in a nursing home at \$5 per day, provided the nursing home care follows hospitalization. The policy has a maximum of \$2,000 per year for medical and surgical care and would pay 80 per cent of hospital costs up to \$2,000.

Preferred Plan Explained

The preferred plan, estimated at \$29.00 per couple, takes affect after a \$50 deductible. The indemnity for hospital room and board is set at a maximum of \$18 per day for not more than 70 days a year, or \$8 per day for nursing homes on the two for one ratio, and provided the patient's stay in a nursing home follows hospitalization. The same maximum medical-

(Continued on page 16)

Your M.C.M.S. Officers for 1961



Executive Committee of the Multnomah County Medical Society meets for several hours each month to consider a wide variety of matters in advance of full session with the Board of Directors. The Executive Committee directs activities of headquarters office, approves employment of personnel, approves necessary emergency expenditures, cares for other emergencies which may arise during interim between meetings of Board of Trustees, prepares annual budget. From left: Quinten W. Cochran, Secretary; Charles E. Littlehales, 'ast President; J. Scott Gardner, First Vice President; Melvin W. Breese, President; Otto C. 'age, Second Vice President; Willis J. Irvine, Treasurer, and Norman A. David, President-Llect.

Senior Health Plan

(Continued from page 15)

urgical-hospital benefits as proposed or the standard plan would apply.

Tederal Medicine

Switching from insurance to government activities, the Trustees commended the Committee on Public Relations for establishing a physician Speakers Bureau to inform the public of the reasons for medicine's strong opposition to including health care benefits under the Social Security system.

The Trustees approved two recommendations which cleared the way for a public health nurse survey of standards of patient care in Portland and Multnomah County, and opened the door for anyone who is not receiving adequate medical care because of inability to pay to report the situation to the Society.

Members of the Woman's Auxiliary will be invited to follow up the reports through personal interviews to ascertain the real need and to assist the Society in securing help when indicated.

The news media will be asked to cooperate with the program.

Other Actions

In other business, the Trustees approved a proposal of the Committee on Public Health that, in view of negligible positive findings, the City Bureau of Health be requested to substitute tuberculin tests for chest x-rays of high school athletes.

16 The Bulletin April

Role of Public Health Program In Relation to Private Medicine

By Thomas L. Meador, M.D.

Portland City Health Officer

The recent request of the Multnomah County Medical Society that the City Health Officer conduct immunization clinics is a gratifying expression of the Society's recognition that a Department of Public Health renders a distinct service to the physician in private practice.

It has been said that "a tool is an extension of a man's hand," enabling him to reach farther, hit harder, tear apart more easily or grasp more firmly. Similarly, the function of a Health Department is to extend preventive medical service beyond the point where, for any of several reasons, the service of the private physician and his fellow practitioners may stop.

Scope of Public Health

The scope of such extension of services is presented clearly in the special article by Regner W. Kullberg, M.D. which was published in Northwest Medicine, Oct., 1955. Briefly, these services are: health education, sanitary control of man's environment, enforcement of laws preventing the spread of communicable diseases, case-finding service to discover conditions which should receive medical attention, health guidance in time of disaster and maintaining records of vital statistics.

The Health Officer would gladly leave it to the private physician to immunize the children and young adults under his care against polio, diphtheria and smallpox, and to screen his patients for active and latent tuberculous

infection by means of the tuberculin test and the chest x-ray examination of all reactors.

Obligations of Health Officer

Because the Health Officer is legally responsible for any communicable disease getting out of control by neglect on his part, he is obliged to conduct immunization clinics when only 50 per cent of the potential victims of the major preventable diseases are fully immunized. He is also obliged to conduct tuberculosis case-finding activities to suggest the need for searching for this insidious disease in patients, as well as apparently healthy persons, or when the highest incidence of the disease occurs in the medically indigent.

Dr. Kullberg points out the clear distinction between Public Health services and so-called State Medicine. His paper and an editorial in the same journal concerning the issues involved are recommended reading on the subject of the relationship of a Health Department to the private physician.

Co-operation on the part of both is required to keep the hand and the tool functioning at peak efficiency. With such co-operative functioning, a high level of medical care is assured.

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wife, Shirley three children



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RICHARD C. HOUGHTON, M.D. 2455 Northwest Marshall Anesthesiology

Graduated from
Hahnemann, 1947
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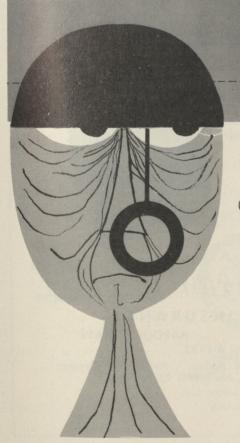
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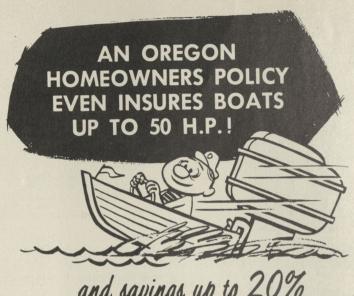
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W. A. Goss, M.D. President



N. D. Wilson, M.D. Vice-President

Guiding hands behind successful reorganization of the Doctors' Office Service Bureau, Inc., are the three officers pictured above who donate their services as supervisors of the business. Firm is now under direct management of Mr. Orin Amundson, and is affiliated with the Medical-Dental-Hospital Bureaus of America, Inc. Great strides have been made since new arrangement took effect last November 1. For collection consultation call, CA 8-8585.

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MEETING NOTICES

May 1961

- 9 Multnomah County **Medical Society Executive Committee** Society headquarters, 5:15 p.m.
- 10 Oregon Radiological Society University Club, 6 P.M. **Oregon Dermatologic Society**
- 12 Multnomah County
- 13 Medical Society
- 14 Internal Affairs Planning Conference Timberline Lodge
- 12 Portland Surgical Society
- 13 Annual meeting James T. Priestley, guest speaker "Hyperinsulinism"

- "Surgery of Biliary Obstruction"; "Hyperfunctioning of the Adrenal Glands"
- 15 Portland Academy of Hypnosis
- 16 Multnomah County **Medical Society**

Hotel Benson Social hour, 6 p.m.; dinner, 7 p.m.

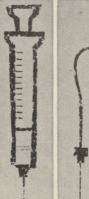
Oregon Neuropsychiatric Society State Mental Hospital, Salem, 6:30 p.m.

23 Oregon Academy of Ophthalmology and Otolaryngology Aero Club, 6 p.m.

Intravenous, vials, 100 mg. (with 250 mg. Vit. C), 250 mg. (with 625 mg. Vit. C), 500 mg. (with 1250 mg. Vit. C).

Intramuscular, vials, 100 mg. (with 250 mg. Vit. C), 250 mg. (with 275 mg. Vit. C). (each with procaine HCI 40 mg., magnesium chloride 46.84 mg.)







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Dammasch Hospital Admissions Clarified

A screening clinic for patients seeking voluntary admission or psychiatric treatment on advice of family physicians is now provided by Dammasch State Hospital, Wilsonville.

Results of the screening clinic examination will determine if the patient will be admitted on a voluntary basis, treated as an out-patient, or referred to a different agency.

Appointments are available Monday through Friday between 9 and 11 a.m. by calling NEptune 8-3821, ext. 221.

The majority of Dammasch patients are court-committed from Multnomah and Washington counties only.

Washington county patients are committed through the office of Judge Edwin L. Jenkins. Inquiries may be directed to the judge's secretary, MIdway 8-1111, ext. 243, Hillsboro.

Committing authority for Multnomah County is Judge William L. Dickson. Mr. Jack Allard, CApitol 7-8441, ext. 449, will answer procedural questions.

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Cancer Society Completes First Recheck Survey

Of the nearly 30,000 Oregon people originally enrolled in the six-year cancer prevention study of the American Cancer Society, only two were not located when the first annual recheck of participants was completed recently, says Mrs. S. W. Meserve, Portland, survey director for the society's Oregon division. Information on the recheck is now on its way to New York headquarters of the organization.

Among the 29,567 Oregon men and women taking part in the giant study to help American Cancer Society researchers find out, if possible, why some persons get cancer while others do not, there were 210 deaths in the first year.

In Multnomah county, which had 7439 individuals enrolled when the

Hammel's PHARMACY

838 S. W. 10th Ave. CA 6-2579 Portland, Oregon study began, there were 47 deaths. How many of all these deaths were cancer-caused will not be known until photostatic copies of death certificates are studied by the society's medical affairs department in New York, which is directing the survey. Mrs. Edw. T. Wilson Jr. is survey chairman for Multnomah county.

Nationally, 1,100,000 Americans are taking part in the study. All of them provided confidential information about their health histories and personal living habits to help the research teams find some of the answers to cancer. A recheck of participants will be made each year during the six-year period.

Fellowships Announced

Six additional fellowships for residents in ophthalmology to be awarded July 1 have been announced by the Guild of Prescription Opticians of America, Inc.

Application forms and covering information are available by writing to FELLOWSHIPS, Guild of Prescription Opticians of America, Inc., 110 East 23rd Street, New York 10. Applications must be received by May 15.

Telephone CApitol 7-0786

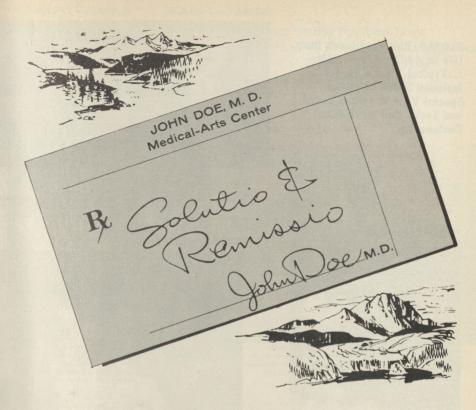
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TUESDAY - 7:00 A.M.

M.C.M.S. President Leads Busy Life in Addition to Practice ...Typical Week's Events Included Seven Meetings, Special Visit to School Board and Social Call on Medical Centengrian



Early morning conference with Nominating Committee at Thiele's. Group chose nominees for initial Multnomah Foundation for Medical Care Board of Directors. From left: Norman A. David, President-Elect; President Melvin W. Breese, Dale C. Reynolds, Trustee.

TUESDAY - 6:00 P.M.



Time out for a delicious meal served in spacious basement conference room at Society headquarters prior to meeting with 22 Society committee chairmen.

TUESDAY - DINNER



President Breese balances food with right hand and holds notes on opening remarks in other hand before addressing assembly of Society Committee chairmen.
At right is Quinten W. Cochran, Secretary.

WEDNESDAY - NOON



Society President lunches at the University Club with representatives of United Good Neighbors to map physician campaign for next fall. Goal for 1982; 852,000. From left: Mr. Dave Abram. General Campaign Chairman: William C. Scott. UGN Board of Directors and Society Trustee: President Breese. Mr. Leland H. Johnson. Chairman UGN Professional Division.

WEDNESDAY - 6:30 P.M.



Basement conference room is scene
of dinner planning session before
special school for 20 members
of Society's Speakers Bureau on Health
Care for Aged. Seated with the
President are Norman A. David, Gordon
B. Leitch, Edward E. Rosenbaum, Mr.
Richard G. Layton, Executive Secretary,
George R. Satterwhite, W. Rich
Warrington, Stanley A. Boyd, Gerald
W. Schwiebinger and Arch W. Diack.

County Society President Keeps Informed On Activities of 22 Committees, Board of Trustees, Headquarters Staff and Community Affairs.

THURSDAY - 11:30 A.M.



A very special occasion. Society President pays respects to Dr. Amelia Ziegler on her 100th birthday. Photo was taken during TV interview with Newscaster Richard Ross.

THURSDAY - 6:45 P.M.



Pre-dinner discussion in Society lounge with Portland School Board members, Mrs. Forrest E. Rieke and Howard L. Cherry. Topic was reactivation of school health programs. Group later met with Society's Committee on Public Health.

FRIDAY - 7:30 A.M.



President Breese steps out of his automobile at Thiele's prior to regular Friday breakfast conference with officers and the Executive Secretary.

SPRING CONFERENCE CALENDAR

AMERICAN CANCER SOCIETY, Oregon Division, Inc. John Tomlin Memorial Cancer Lectures

May 10-11, Rogue Valley Country Club, Medford
Lecture series and panel discussion.
Contact: A.C.S., Jackson County Unit, Box 808, Medford

BIENNIAL WESTERN CONFERENCE ON ANESTHESIOLOGY May 16, 17, 18 — Sheraton-Portland Hotel

Meeting is open to all interested physicians.

Contact: John O. Branford, M. D., General Chairman, 2311 Northwest Northrup, Portland 10

NATIONAL TUBERCULOSIS ASSOCIATION AMERICAN THORACIC SOCIETY NATIONAL CONFERENCE OF TUBERCULOSIS WORKERS Joint Annual Meeting

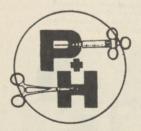
May 21-25, Cincinnati

Contact: National Tuberculosis Assn., 1790 Broadway, New York 19

AMERICAN COLLEGE OF CHEST PHYSICIANS 27th Annual Meeting

June 22-26, Commodore Hotel, New York Contact: American College of Chest Physicians, 112 East Chestnut Street, Chicago 11

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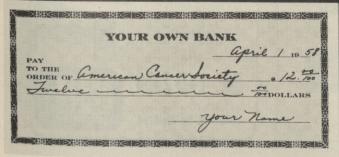
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28 The Bulletin April



FIGHT CANCER WITH A CHECKUP AND A CHECK



AMERICAN CANCER SOCIETY *

Use of Stone Dinnerware Results in Lead Poisoning

Two recent adult human cases of lead intoxication in Ohio have been attributed to consumption of food prepared and/or allowed to stand in colored Cerama Stone dinnerware, according to information received by the Oregon State Board of Health from the U. S. Public Health Service and the State of California.

Only colored Cerama Stone ware manufactured between 1956 and November 1960 is involved. The maker, Laurel Pottery Manufacturing Co., Stockton, Calif., has requested its outlets to return all such pottery for credit or exchange. Only a fraction of

the four million pieces have been re-

Tests by the California State Department of Health indicate that yellow (and, in fact, all colors except white) Cerama Stone ware, when exposed to dilute nitric acid, acetic acid, or certain foods such as applesauce, salad dressing, tomato juice, etc. gave up sufficient lead (Pb) to produce a significant hazard of human lead poisoning.

Persons locating pieces of the dinnerware described should send a sample, indicating the source, to the Occupational Health Laboratory, O.S.B.H., for testing.

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1. Clein, N. W.: Pediat. Clin. North America, Nov., 1954, pp. 949-962.

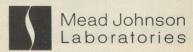
FOR PREVENTION: When allergic tendencies exist in parents or siblings, it is advisable to start the "potentially allergic" newborn on Sobee.

FOR DIAGNOSIS: If cow's milk allergy is suspected, a 24- to 48-hour trial period with Sobee often eliminates the need for an allergy study.

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Recent Additions to the Library By Purchase, Gift and Exchange

Altman, P. L.—Handbook of circulation. Philadelphia, Saunders, 1959.

American Psychiatric Association—The volunteer and the psychiatric patient. Washington D. C., A.P.A., 1959.

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(Continued on page 38)



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S. W. Broadway at Yamhill The professional hub of downtown Portland Central location, adjacent to Hilton Hotel. Call T. B. Bruno, CApitol 6-6216. Life expectancy up 22 years since 1900. A baby born in 1900, Health Information Foundation reports, could expect to live 47.3 years, while one born in 1959 has a life expectancy at that time of 69.7 years. Social consequences arising from this trend include: record growth in the number of aged persons, increases in working lifetime of average person, decline in number of orphans, general postponing of widowhood to later years.

Hospital develops restaurant-type food service. A Chicago hospital has proved that hospitals can provide menus "comparable to those of the finest restaurants in the country" with-

out exhorbitant cost. Writing in a recent issue of HOSPITALS, Journal of the American Hospital Association, Mrs. Alice E. Hopper, director of dietetics for Mt. Sinai Hospital and Medical Center, Chicago, describes the innovation. It includes a menu, similar in format and selection to that of a good restaurant. Wasted food and disposition of leftovers is minimized because patients have such a wide choice of food that they order only what they want and eat almost everything sent to them, she said. Costs also have been kept down, she pointed out, by tightening of dietary operations, especially in purchasing, food portioning, employee training and scheduling, and equipment improvements.

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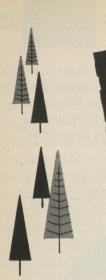
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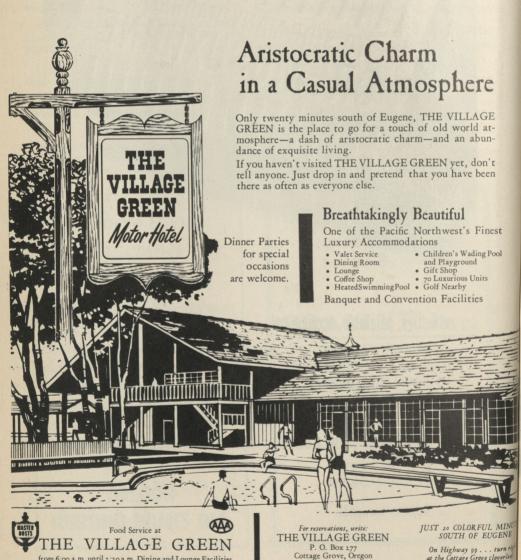
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